



# Greene County Round Table News

Published by Greene County Department of Human Services since 1976

JANUARY 2019

## McGEE WARD RECEIVES CGCC PRESIDENT’S AWARD

In recognition of her service to Greene County, Terry McGee Ward, Executive Director of Greene County Department of Human Services, was awarded Columbia-Greene Community College’s President’s Award for Community Leadership by College President James R. Campion. She was recognized for her dedicated work with area youth.

Ward was honored at the president’s annual Community Breakfast on November 30, 2018. Carol Voeks, RSVP Advisory Council member, from the High Hill United Methodist Church in Athens, gave the invocation. Held since 2004, the President’s Community Breakfast recognizes members of the Columbia and Greene County communities for notable and lasting contributions to the region.



# SENIOR ANGELS PROGRAM

## SPREADING CHEER 365 DAYS A YEAR

SPONSORED BY GREENE COUNTY DEPARTMENT OF HUMAN SERVICES



*Thank you to our 2018 Senior Angels . . .*

Nancy Allen  
CDPH  
Catskill Silver Linings Seniors  
Coxsackie-Athens Rotary Club  
Durham-Oak Hill United Methodist Church  
Fortnightly Club of Catskill  
Arthur Fullerton  
Harold & Daniela Goldberg  
Greenville Rotary Club  
Heart of Catskill Association  
Honeyford Memorial American Legion Auxiliary Unit #110  
Patricia Kenehan  
Lake and Mountain Realty LLC  
William & Margaret Lawrence  
Lioness Club of Catskill  
Veronika & Wayne Marquoit  
Dodie Maxwell  
Carol Miller  
Karen & Bill Ormerod  
Chris & Carol Pfister  
Senior Club of Coxsackie  
Dr. Elena Suditu  
Tip Top Furniture  
Windham-Hensonville United Methodist Women

Louise Begley  
Carl's Rip Van Winkle Motor Lodge  
G.N.H Lumber  
Clifford Gross  
Kiskatom Reformed Church  
Robert & Dena Lawrence  
Lexington-Westkill United Methodist Church  
Rebecca & Robert Main  
Therese McGee Ward  
Frances F. Monahan  
Greggor Petrovic & Steve Goldberg  
P. Schneider & Associates PLLC  
Shook Insurance Agency  
Dee & Chick Sutherland  
Debbi Traficante

C & C Excavating, Inc.  
Central Hudson Gas & Electric  
Margaret M. Donohue  
Harry Feineis  
Frisbee Insurance Agency  
Gary & Boots  
Greene County Democratic Committee  
Laura Harvey  
Hotel Veinna  
The Mangano Family  
Martinez Auto Body Shop, Inc.  
Dennis & Kathleen Meehan  
National Bank of Coxsackie  
Gail E. Smith  
Walenta & Co. Agency Inc.

*Greene Meadows Nursing & Rehab. - "Thank you for all that you do"*

### *In Memory Of:*

Rosemarie Alberti  
Cioci Dombrowski  
Helen Mary Eckler  
Rose & Frank Hanlon from  
Karen Sprague Johnson  
John King of Cornwallville  
Louis H. Lagas  
Doris Ormsbee  
Vitus Stablein

Phyllis Beechert  
Bea Capen from the RSVP Recognition Committee  
Ziggy Giordano from Dorothy Giordano & family  
Kathleen & Dennis Meehan  
Ruth Kallman  
Mary & Thomas Killourhy from Anne Marie Killourhy  
Mabel "Mike" Milian  
Carl Ruoff  
Rev. Henry Verdaasdonk

Irene Bloomer from Ed & Tami  
Betsy Hammond  
Selma Labuda  
Hazel Murphy  
Mabel S. & Bertha J.





Merry Christmas to the residents of The Pines in Catskill. The Senior Angels Program presented the facility with a 65" TV for their activity room. It was a big delight. Seen in photos are members of the Senior Angels Committee with the Pines Staff Activity Director and members of the Residents' Council.

*Left to right: The Pines Activity Director Laurie Harp, DHS Bus Driver Janet Osborn, who graciously delivered the TV, Committee members MJ Pomilla, Rose Bundy and Ken Brooks, and Activity Assistant Linda.*

*In front are the officers of the Residents Council.*

*Missing from photo are Committee members Andrea Benjamin-Legg and Maureen Murphy.*



## SENIOR ANGELS PARTICIPATE IN ATHENS VICTORIAN STROLL

Ken Brooks, Chairman of the Greene County Seniors Program, is seen at the table sponsored by the Angels at the Athens Victorian Stroll. The "angels" served hot beverages to those coming to the center to chase away the winter chill. In addition, they sold hand-made gifts and chances for a holiday toy basket.

Thank you to all who stopped by the table and showed their support of the program with a donation.



## GREENE COUNTY DEMOCRATIC COMMITTEE SUPPORTS SENIOR ANGELS

The Greene County Democratic Committee recently held a "Thank You Volunteers" evening. During the evening, a collection was taken up to benefit area community programs. One of the programs selected was our own Senior Angels. Seen presenting the generous donation are Town of Catskill Supervisor Doreen Davis and Greene County Legislator Aidan O'Connor. Receiving the check are Angels committee members Ken Brooks, Rose Bundy, MJ Pomilla and Maureen Murphy. Missing from photo is Angel, Andrea Benjamin-Legg, who graciously offered to serve as photographer.



**NOMINATIONS SOUGHT for**  
**2019 GREENE COUNTY SENIOR CITIZEN AWARDS**

Richard Golden, Chairperson of the Advisory Council to the Greene County Department for the Aging (Human Services), has announced that nominations are being accepted for the annual Greene County Senior Citizen Awards. The two awards presented annually are the Senior Citizen of the Year and Outstanding Contribution by a Senior Citizen. The purpose of the awards is to recognize the outstanding contributions and achievements of senior citizens who have volunteered their time and energy to help other people, their communities, or special projects. The dedication of these volunteers helps make Greene County a better place for us all. The individuals chosen on the county level will in turn be nominated for recognition for New York State awards.

Any Greene County resident, age 60 or older, can be nominated for these awards. Achievements must be voluntary in nature; performed in Greene County and not part of paid employment. Past award winners may be nominated only if seven years or more have passed since last awarded.

If you know someone who deserves this recognition, contact the Greene County Department of Human Services at (518) 719-3555 for an official nomination form. Incomplete forms will not be considered. Any inquiries for further information may also be directed to the department.

**Deadline for entries is January 31, 2019**



## SHOPPING BUS

The Greene County Department of Human Services offers a shopping bus to Greene County residents age 60 or older, living in the towns of Ashland, Athens, Cairo, Catskill, Coxsackie, Greenville, Hunter, Jewett, Prattsville and Windham. Seniors are picked up at their door, driven to Catskill for shopping, and then have lunch at a local Senior Center before returning home. Special trips on a periodic basis.

- MONDAY:** Mountain Top/Catskill  
(Windham, Ashland, Prattsville, Jewett & Hunter)
- TUESDAY:** Cairo/Catskill
- WEDNESDAY:** Athens/Coxsackie

**The Shopping Bus does not run on the following holidays observed in New York State government:**

- |   |  |
|---|--|
| <p><b>New Years Day</b><br/> <b>Presidents' Day</b><br/> <b>Independence Day</b><br/> <b>Columbus Day</b><br/> <b>Veterans' Day</b></p> | <p><b>Martin Luther King Jr. Day</b><br/> <b>Memorial Day</b><br/> <b>Labor Day</b><br/> <b>Election Day (November)</b><br/> <b>Thanksgiving</b></p> |
| <p><b>Christmas</b></p>   |  |

**In addition**, during snow or ice storms, it may be necessary for us to close our senior service centers because of hazardous driving conditions. When we close the centers, we also cancel our transportation services for the day, which includes the Shopping Bus.

### MONTHLY TRIP TO COLONIE CENTER:

**PRICE PER PERSON: \$10.00**  
*Payment due at time of departure/boarding.*



### Tentative Dates for 2019:

- |            |             |              |
|------------|-------------|--------------|
| January 17 | February 21 | March 21     |
| April 18   | May 16      | June 20      |
| July 18    | August 15   | September 19 |
| October 17 | November 21 | December 19  |

**For further information on the shopping bus, call Janet at (518) 719-3559**





# “VOLUNTEERS BRING COLOR TO OUR WORLD”



**VOLUNTEERING MAKES THE PERFECT NEW YEAR'S RESOLUTION.**

Volunteering makes the perfect New Year's Resolution because it creates great outcomes.

Volunteerism has countless benefits to the community and also to the health and happiness of individuals who commit to volunteering.

If you make the decision to volunteer and would like information on how to become a volunteer with Greene County Department of Human Services:

Contact RSVP Volunteer Coordinator Ruth Pforte at 518-719-3555 or at [rpforte@discovergreene.com](mailto:rpforte@discovergreene.com).



All monthly mileage sheets **MUST** be turned in by the **25th** of EACH MONTH.

Per volunteer policy, all volunteer drivers are required to provide copies of his/her current Driver's License and Auto Insurance Card(s) to our Department. These are maintained in confidentiality in your volunteer file.

Remember to submit copies whenever renewing/changing your license or insurance policy.



***Did you stop in to visit the THRIFT SHOP DURING THE VICTORIAN STROLL? Did you make a purchase? If so, sure hope you looked in your bag.***

***All shoppers received a special coupon. During the entire month of January, come back with the bag & fill it for only \$5.00!!!***

## HUMAN SERVICES COUNCILS CELEBRATE WITH JOINT LUNCHEON

On Tuesday, December 11, the three councils to the Greene County Department of Human Services celebrated the Christmas season with a joint holiday luncheon.

In attendance were members from the Advisory Council to the Greene County Department for the Aging; RSVP Advisory Council and the Greene County Children, Youth & Community Advisory Board.



During the Christmas holiday season, the lobby of the Greene County Office Building was festively decorated courtesy of RSVP. The photo here is the tree that was decorated with images of all our faithful, hard-working volunteers.





## YOUR RIGHTS AS A HOSPITAL PATIENT IN NEW YORK STATE

*From the New York State Department of Health  
Summarized & Submitted by Nicole Noll, Dept. of Human Services Aging Services Specialist  
from Power Point DOA & Statewide Sr. Action Council*

### **DID YOU KNOW?**

If you have a concern related to care during your hospital stay and the problem has not been resolved after speaking with your doctor or staff member, you can reach out to the hospital's patient representative.

**OR**

If you have a complaint about your care at any time, you may contact the NYS Department of Health by mail at:

**New York State Department of Health Centralized Hospital Intake Program**

**Mailstop: CD/DCS**

**Empire Plaza**

**Albany, NY 12237**

**Or by phone at: 1-800-804-5447**

**Note:** *It is always a good idea to put your complaint or concern in writing. It helps focus your thoughts and allows you to get right down to the point.*

If you are being asked to leave the hospital too soon, you have the right to appeal decisions made by your doctor, hospital staff, or managed care plan. The law requires that you receive advance notice of your discharge in writing.

As a Medicare patient, you have the right to appeal your discharge plan through the Independent Resolution process. Ask to have your discharge plan reviewed by a **Quality Improvement Organization (QIO) Livanta**, which is an outside reviewer hired by Medicare to look at your case to decide whether you are ready to leave the hospital.

**IMPORTANT:** You must call **before** you are discharged. Call **Livanta** at **1-866-815-5440**

**If you lose the appeal you are responsible for the payment of the stay after the planned date of discharge.**

Qualified patients can access and apply for financial assistance (**Charity Care**). Hospitals are mandated by State law to have financial aid policy and information posted on their website.

Be aware that patients need to attend to their bill within **90** days or financial assistance will not be available. If you have a complaint or concern about your bill or financial aid, the **Department's Centralized Complaint Hotline 1-800-804-5447** will review and work with both the hospital and complainant.

### **HELPFUL LINKS**

**Patient Rights Publications in New York State:**

[https://www.health.ny.gov/professionals/patients/patient\\_rights/](https://www.health.ny.gov/professionals/patients/patient_rights/)

**Financial Aid Information:** [https://profiles.health.ny.gov/hospital/pages/financial\\_aid\\_info](https://profiles.health.ny.gov/hospital/pages/financial_aid_info)

**Community Health Advocates:** [www.communityhealthadvocates.org](http://www.communityhealthadvocates.org)

Helps New Yorkers navigate the health care system by providing individual assistance, outreach, and education to communities throughout New York State.

### **MEDICARE ANNUAL DISENROLLMENT PERIOD (ADP) JANUARY 1 - FEBRUARY 14**

**This is a time when Medicare Advantage Plans may be dropped and the policy holder may return to Original Medicare.**

**Part D Prescription plans may be purchased if a drug plan was originally part of the Medicare Advantage Plan.**

**For assistance, contact Greene County Department of Human Services  
518-719-3555**





# MEDICARE COVERAGE OF AMBULANCE SERVICES

*U. S. Department of Health and Human Services, June 2018*



Medicare Part B covers ambulance services to or from a hospital, or to a skilled nursing facility. Medicare covers and helps pay for ambulance services **only** when other transportation could endanger your health, like if you have a condition that requires this type of transportation. Medicare will only cover ambulance services to the nearest appropriate medical facility that's able to give you the care you need. If you choose to be transported to a facility farther away, Medicare will pay what it costs to take you to the closest facility that can give you the care needed.

## **Emergency ambulance transportation**

You can get emergency ambulance transportation when you've had a sudden medical emergency, and your health is in serious danger because you can't be safely transported by other means, like by car or taxi.

### ◆ *What can I do if Medicare doesn't pay for an ambulance trip I think should be covered?*

You or someone you trust can carefully review your Medicare Summary Notice (MSN) and any other paperwork related to your ambulance bill. You may find errors that can be fixed.

For example, while reviewing your MSN and other paperwork, you may find that Medicare denied your claim for one of these reasons:

#### **1. The ambulance company didn't fully document why you needed ambulance transportation.**

If this happens, you can contact the doctor who treated you or the discharge social worker to get more information about your need for ambulance transportation. You can send this information to the company that handles bills for Medicare or ask your doctor to send it. Look on your MSN for the address.

#### **2. The ambulance company didn't file the proper paperwork.**

If this happens, you can ask the ambulance company to refile your claim. If refiling your claim doesn't result in payment, you can file an appeal.

### **What if Medicare still won't pay?**

If you have Medicare, you have certain guaranteed rights to help protect you, including the right to appeal decisions about payment or coverage of services.

If Medicare doesn't cover your ambulance trip, and you think your trip should have been covered, you have the right to appeal. An appeal is an action you take if you disagree with a decision Medicare makes. To file an appeal, follow these steps:

1. Review your MSN. It will tell you why your bill wasn't paid, how long you have to file an appeal, and what steps you need to take.
2. Carefully follow the instructions on the MSN, sign the MSN, and send it to the address of the company on the first page. You may also include a letter explaining why you believe the ambulance trip should have been covered.
3. Ask your doctor or health care provider for any information that may help your case and attach copies to your signed MSN.
4. **Keep a copy of everything you send to Medicare as part of your appeal.**

Or you can use Centers for Medicare & Medicaid Services MS Form 20027, and file it with the Medicare contractor at the address listed on the MSN. To view or print this form, visit [CMS.gov/cmsforms/downloads/cms20027.pdf](https://www.cms.gov/cmsforms/downloads/cms20027.pdf), or call 1-800-633-4227 to find out if a copy can be mailed to you. TTY users can call 1-877-486-2048.

## 10 EARLY SIGNS AND SYMPTOMS OF ALZHEIMER'S

*Article courtesy of Northeastern New York Chapter of the Alzheimer's Association*

Memory loss that disrupts daily life may be a symptom of Alzheimer's or [other dementia](#). Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills. There are 10 warning signs and symptoms. If you notice any of them, don't ignore them. Schedule an appointment with your doctor.

**1. Memory loss that disrupts daily life** - One of the most common signs of Alzheimer's disease, especially in the early stage, is forgetting recently learned information. Others include forgetting important dates or events, asking for the same information over and over, and increasingly needing to rely on memory aids (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own. *What's a typical age-related change?* Sometimes forgetting names or appointments, but remembering them later.

**2. Challenges in planning or solving problems** - Some people may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before. *What's a typical age-related change?* Making occasional errors when balancing a checkbook.

**3. Difficulty completing familiar tasks at home, at work or at leisure** - People with Alzheimer's often find it hard to complete daily tasks. Sometimes, people may have trouble driving to a familiar location, managing a budget at work or remembering the rules of a favorite game. *What's a typical age-related change?* Occasionally needing help to use the settings on a microwave or to record a television show.

**4. Confusion with time or place** - People with Alzheimer's can lose track of dates, seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there. *What's a typical age-related change?* Getting confused about the day of the week but figuring it out later.

**5. Trouble understanding visual images and spatial relationships** - For some people, having vision problems is a sign of Alzheimer's. They may have difficulty reading, judging distance and determining color or contrast, which may cause problems with driving. *What's a typical age-related change?* Vision changes related to cataracts.

**6. New problems with words in speaking or writing** - People with Alzheimer's may have trouble following or joining a conversation. They may stop in the middle of a conversation and have no idea how to continue or they may repeat themselves. They may struggle with vocabulary, have problems finding the right word or call things by the wrong name (e.g., calling a "watch" a "hand-clock"). *What's a typical age-related change?* Sometimes having trouble finding the right word.

**7. Misplacing things and losing the ability to retrace steps** - A person with Alzheimer's disease may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. Sometimes, they may accuse others of stealing. This may occur more frequently over time. *What's a typical age-related change?* Misplacing things from time to time and retracing steps to find them.

**8. Decreased or poor judgment** - People with Alzheimer's may experience changes in judgment or decision-making. For example, they may use poor judgment when dealing with money, giving large amounts to telemarketers. They may pay less attention to grooming or keeping themselves clean. *What's a typical age-related change?* Making a bad decision once in a while.

**9. Withdrawal from work or social activities** - A person with Alzheimer's may start to remove themselves from hobbies, social activities, work projects or sports. They may have trouble keeping up with a favorite sports team or remembering how to complete a favorite hobby. They also may avoid being social because of the changes they have experienced. *What's a typical age-related change?* Sometimes feeling weary of work, family & social obligations.

**10. Changes in mood and personality** - The mood and personalities of people with Alzheimer's can change. They can become confused, suspicious, depressed, fearful or anxious. They may be easily upset at home, at work, with friends or in places where they are out of their comfort zone. *What's a typical age-related change?* Developing very specific ways of doing things and becoming irritable when a routine is disrupted.

Happy  
New Year!

# NUTRITION NOTES

## NUTRITION and YOUR HEALTH

Consuming a variety of foods from each food group helps you get the nutrients you need.

The 2015-2020 Dietary Guidelines for Americans from the USDA and HHS offers descriptions of healthy eating patterns.

As we age some of us may find foods we once enjoyed no longer taste the same and have lost flavor. Try extra spices, herbs or even lemon juice.

Maybe some foods don't agree with you anymore causing stomach pain, diarrhea or gas. Discuss this with your doctor he may be able to prescribe something to help.

It might be harder for you to chew your food. If you have dentures your dentist can help with that. You may have to choose softer foods such as ground turkey, or pasta dishes that are easier to chew.

### **How many calories do people over 50 years of age need each day?**

**Women:** Not physically active needs 1,600 calories  
Somewhat active needs 1,800 calories  
An active women needs 2,000-2,200 calories

**Men:** Not physically active needs 2,000 calories  
Somewhat active needs 2,200-2,400 calories  
An active man needs 2,400-2,800 calories



**Set your goal for at least 30 minutes of exercise a day!**



# GREENE COUNTY SENIOR SERVICE CENTERS

Centers are closed on legal holidays and inclement weather.

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested donation of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert.

Please make sure that you sign-up, at least a day in advance, if you wish to attend lunch at any of the nutrition sites. We also ask if you have signed up and become unable to show, please call us as soon as you can to cancel. This helps to reduce our food waste.

In addition, each center offers Aging Information & Assistance/Medicare Minute each month.

## CALL YOUR LOCAL SENIOR CENTER FOR ACTIVITY INFORMATION

### ACRA

Acra Community Center,  
Old Rte. 23B, Acra  
(518) 622-9898

Sandra Sherman  
Meal Site Manager

Elaine Cherrington

NUTRITION EDUCATION:  
JAN. 8, 11:00 A.M.

AGING INFORMATION  
& ASSISTANCE/MEDICARE MINUTE:  
2nd monthly Wednesday  
11:00 a.m.

### COXSACKIE

Town of Coxsackie Sr. Center  
Mansion Street, Coxsackie  
(518) 731-8901

Renee Raffiani  
Meal Site Manager

NUTRITION EDUCATION:  
JAN. 4, 11:00 A.M.

AGING INFORMATION  
& ASSISTANCE/MEDICARE MINUTE:  
3rd monthly Monday  
11:00 a.m.

### JEWETT

Jewett Municipal Building  
Route 23C, Jewett  
(518) 263-4392

Gayle Ruvolo  
Meal Site Manager

MaryAnn Brink

NUTRITION EDUCATION:  
JAN. 8, 11:00 A.M.

AGING INFORMATION  
& ASSISTANCE/MEDICARE MINUTE:  
4th monthly Friday  
11:00 a.m.

### ATHENS

Rivertown Senior Center  
39 Second Street, Athens  
(518) 945-2700

Shane Dillon, Acting Senior Center Manager

JoanAnn Rouse - Central Kitchen Cook  
Lana Marrone Anna Thurman

NUTRITION EDUCATION: JAN. 3, 11:00 A.M.

AGING INFORMATION & ASSISTANCE  
MEDICARE MINUTE:  
2nd monthly Monday  
11:00 a.m.

### CATSKILL

Robert C. Antonelli Senior Center  
15 Academy Street, Catskill  
(518) 943-1343

Martha Schilling

NUTRITION EDUCATION: JAN. 7, 11:00 A.M.










AGING INFORMATION & ASSISTANCE  
MEDICARE MINUTE:  
2nd monthly Thursday  
11:00 a.m.

**GREENE COUNTY SENIOR NUTRITION PROGRAM**

ALL PERSONS, AGE 60 OR OLDER ARE INVITED TO ATTEND - SUGGESTED CONTRIBUTION IS \$4.00

DAILY: Whole Grain Bread (unless otherwise noted) w/Promise Spread, and 1% Milk, Coffee or Tea

RESERVATIONS ARE REQUIRED AT LEAST ONE DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><b>JANUARY</b></p> 	<p align="center"><b>1</b></p> <p align="center">ALL SENIOR NUTRITION SITES AND MAIN OFFICE CLOSED</p> 	<p align="center"><b>2</b></p> <p align="center">CHICKEN DIVAN BROWN RICE BEET SALAD PARISIAN MIXED VEGETABLES APPLESAUCE CHOCOLATE MOUSSE</p>	<p align="center"><b>3</b></p> <p align="center">MEATLOAF W/ GRAVY FRESH SALAD MASHED POTATOES BROCCOLI OATMEAL COOKIE</p>	<p align="center"><b>4</b></p> <p align="center"><b>NATIONAL SPAGHETTI DAY</b></p>  <p align="center">SPAGHETTI W/ MEAT SAUCE FRESH SALAD FRESH FRUIT</p>
<p align="center"><b>7</b></p> <p align="center">BAKED ZITI W/ CHEESE ITALIAN GREEN BEANS PEACHES</p>	<p align="center"><b>8</b></p> <p align="center">LEMON HERBED FISH RICE PILAF CARROT COINS ORANGE JUICE LEMON PUDDING</p>	<p align="center"> <b>9</b></p> <p align="center"><b>NATIONAL APRICOT DAY</b></p> <p align="center">CHICKEN TENDERS PICKLED BEETS MASHED POTATOES SPINACH APRICOT CAKE</p>	<p align="center"><b>10</b></p> <p align="center">BEEF BURGUNDY OVER NOODLES FRESH GREEN SALAD HONEY BALSAMIC BRUSSELS SPROUTS GRAPE YOGURT PARFAIT</p>	<p align="center"><b>11</b></p> <p align="center">PULLED PORK COLESLAW BAKED BEANS CAULIFLOWER APPLE CRISP</p>
<p align="center"><b>14</b></p> <p align="center">LINGUINI W/WHITE CLAM SAUCE FRESH SALAD BROCCOLI FRUIT COCKTAIL</p>	<p align="center"><b>15</b></p> <p align="center">BAKED CHICKEN W/ GRAVY BRUSSELS SPROUTS SWEET POTATO CHOCOLATE MOUSSE</p>	<p align="center"><b>16</b></p> <p align="center">CHILI CON CARNE BROWN RICE PEACH CRISP</p>	<p align="center"><b>17</b></p> <p align="center">BATTERED FISH COLESLAW OVEN BAKED POTATO FRIES SPINACH PUFF SUGAR COOKIES</p>	<p align="center"> <b>18</b></p> <p align="center"><b>NATIONAL COFFEE DAY</b></p> <p align="center">SWEDISH MEATBALLS RED CABBAGE MASHED POTATOES TIRAMISU</p>
<p align="center"><b>21</b></p> <p align="center"><b>DHS MAIN OFFICE &amp; ALL SENIOR NUTRITION SITES CLOSED</b></p>  <p align="center"><b>Martin Luther King Jr. Day</b></p>	<p align="center"><b>22</b></p> <p align="center">ITALIAN MEATBALLS SHELLS IN TOMATO SAUCE ITALIAN MIXED VEGETABLES TAPIOCA PUDDING</p>	<p align="center"> <b>23</b></p> <p align="center"><b>NATIONAL PIE DAY</b></p> <p align="center">BEEF POT ROAST W/ GRAVY MASHED POTATOES CALIFORNIA MIXED VEGETABLES APPLE PIE</p>	<p align="center"><b>24</b></p> <p align="center">PARISIAN BAKED FISH MIXED GREEN &amp; WAX BEANS FRESH SALAD PARSLEY BOILED POTATO FRUITED GELATIN</p>	<p align="center"><b>25</b></p> <p align="center">TURKEY BURGERS COLESLAW SCALLOPED POTATOES CARROTS PEARS</p>
<p align="center"><b>28</b></p> <p align="center">BAKED ITALIAN FISH SPIRAL PASTA ZUCCHINI FRUIT</p>	<p align="center"><b>29</b></p> <p align="center">BEEF POT PIE MASHED POTATOES BROWNIES</p>	<p align="center"><b>30</b></p> <p align="center"><b>BIRTHDAY CELEBRATION</b></p> <p align="center">ROAST TURKEY W/ GRAVY MASHED POTATOES WINTER SQUASH CRANBERRY SAUCE BIRTHDAY CUPCAKE</p> 	<p align="center"><b>31</b></p> <p align="center">PORK CHOP W/ APPLESauce FRESH SALAD BAKED SWEET POTATO FRESH FRUIT</p>	

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Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> LUAU CHICKEN BROWN RICE FRESH SALAD BROCCOLI VANILLA PUDDING
<b>4</b> SPINACH QUICHE PEAS CAULIFLOWER PEACHES	<b>5</b> BRAISED BEEF TIPS & MUSHROOMS NOODLES BABY CARROTS MANDARIN ORANGES	<b>6</b> MEATLOAF W/ GRAVY MASHED POTATOES BROCCOLI PEANUT BUTTER COOKIE	<b>7</b> STUFFED PEPPERS W/ RICE FRESH SALAD BRUSSELS SPROUTS APPLE CRANBERRY CRISP	<b>8</b> <b>NATIONAL POTATO LOVERS DAY</b>  PORK CHOP w/ GRAVY AU GRATIN CABBAGE APPLESAUCE BAKED POTATO CHOCOLATE MOUSSE
<b>11</b> MACARONI & CHEESE GREEN BEANS BROCCOLI RICE PUDDING	<b>12</b> CHICKEN DIJON BEET SALAD MASHED POTATO PINEAPPLE CHUNKS	<b>13</b> <b>NATIONAL TORTELLINI DAY</b>  MEATBALLS W/ SAUCE TORTELLINI ITALIAN MIXED VEGETABLES PEARS	<b>14</b> ROAST PORK W/ GRAVY APPLESAUCE FRESH SALAD MASHED POTATOES SPINACH PUFF CHOCOLATE CRÈME PIE 	<b>15</b> CRAB TOPPED COD FRESH SALAD RICE CALIFORNIA MIXED VEGETABLES FRESH FRUIT
<b>18</b> MAIN OFFICE & ALL SENIOR NUTRITION SITES CLOSED 	<b>19</b> BEEF STEW GREEN BEANS VANILLA PUDDING	<b>20</b>  <b>NATIONAL CHERRY PIE DAY</b> MEATLOAF W/ GRAVY MASHED POTATOES SPINACH PUFF CHERRY PIE	<b>21</b> SWEET & SOUR PORK BROWN RICE BROCCOLI PINEAPPLE CHUNKS	<b>22</b> <b>NATIONAL COOK &amp; SWEET POTATO DAY</b>  CHICKEN W/ GRAVY FRESH SALAD BRUSSELS SPROUTS SWEET POTATO FRESH FRUIT
<b>25</b> SPAGHETTI W/ SAUSAGE ITALIAN GREEN BEANS PEARS	<b>26</b> BEEF POT ROAST W/ GRAVY MASHED POTATOES PARISIAN MIXED VEGETABLES TROPICAL MIXED FRUIT	<b>27</b> LEMON HERBED FISH BROWN RICE PILAF ORANGE JUICE CARROT COINS LEMON PUDDING	<b>28</b> VEGETABLE LASAGNA WAX BEANS FRESH SALAD BROCCOLI FRESH FRUIT	



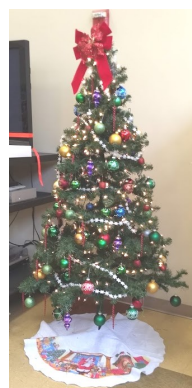
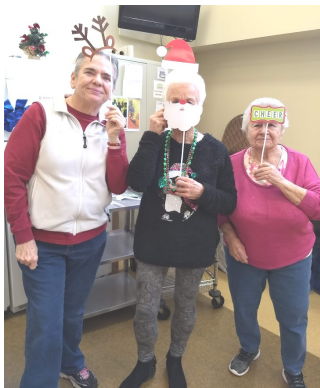
# TREE TRIMMING 2018



## Rivertown Senior Center, Athens



## Robert C. Antonelli Senior Center, Catskill



# GREENE COUNTY DEPARTMENT of HUMAN SERVICES CONTRIBUTIONS POLICY



For services under the Older Americans Act and in Community Services for the Elderly and Expanded In-Home Services for the Elderly projects which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions.

**Services will not be denied to anyone unable or unwilling to make a contribution.**

**CONSULTATION and ASSISTANCE:** This includes such client assistance activities as case assistance, HIICAP, help with public benefit applications, etc.

The suggested level is \$5.00 per office visit (*Actual cost \$20.00/hour*).

**IN-HOME SERVICES:** This is discussed with the client by the case manager at the time of assessment.

The suggested level of contribution is \$3.00 per hour (*Actual cost \$21.56/hour*).

## **LEGAL SERVICES**

The suggested level of contribution is \$10.00 per attorney consultation (*Actual cost \$149.00/hour*).

## **NUTRITION:**

### **Senior Congregate Meal or Home Delivered Meals:**

The suggested level of contribution is \$4.00 (*Actual cost \$12.01/meal*).

**Nutrition Counseling** - Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute.

The suggested level of contribution is \$5.00. (*Actual cost \$65.00/hour*).

## **TRANSPORTATION:**

**Shopping Bus:** This door-to-door service is provided directly by the Department.

The suggested level of contribution is \$3.00 round trip (*Actual cost \$15.08/one way*).

### **Senior Center Transportation:**

The suggested contribution is \$1.00 for round trip (*Actual cost: \$7.34/one way*).

**Medical (Homebound) Transportation:** All tolls are to be paid directly by the passenger.

The suggested contribution for this service is a sliding scale based on mileage

0 – 10 miles	\$3.00 round trip
11 – 20 miles	\$5.00 round trip
21 – 40 miles	\$9.00 round trip
41+ miles	\$15.00 round trip

(*Actual cost is \$29.62 one-way trip, maximum mileage*)

Remember to make checks payable to Greene County Department of Human Services & note in memo the service.





# IMPORTANT NOTICE!



Effective January 1, 2019, we will be instituting a new policy regarding contributions for Home Delivered Meals.

We will no longer be giving a small coin envelope for contributions. We will be providing a postage-paid envelope so contributions can be mailed directly to the Greene County Department of Human Services' office.

This will eliminate the volunteers being responsible for handling any cash.

PLEASE PROVIDE ANY COMMENTS ON THIS POLICY, IN WRITING, TO OUR DEPARTMENT.

Greene County Department of Human Services  
411 Main Street  
Catskill, NY 12414

## THANK YOU FOR YOUR SUPPORT and GENEROSITY

As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates contributions. If you or your family are in a position to do so, please fill out the form below. One hundred percent of your contribution will be used to provide service to another older adult in need.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

I designate a \$ \_\_\_\_\_ contribution in appreciation for services **OR**

In memory of \_\_\_\_\_

to the following:

- \_\_\_\_\_ Round Table News
- \_\_\_\_\_ Senior Angels Fund
- \_\_\_\_\_ In-home services
- \_\_\_\_\_ Homebound transportation
- \_\_\_\_\_ Nutrition Program/Home-delivered Meals
- \_\_\_\_\_ Where most needed

Make checks payable & mail to: Greene County Dept. of Human Services  
411 Main Street Catskill, N.Y. 12414

# Thank You

For your generous Donations to DHS

Charles and Natlia Slutzky  
to Home-delivered meals  
In Memory of Karl Plattner

Beverly Forsythe

Mr & Mrs. E. Caggiano  
In Memory of Stacia & Isabelle



## GREENE COUNTY LEGISLATURE REAPPOINTS

### 2018 ADVISORY COUNCIL TO THE GREENE COUNTY DEPARTMENT FOR THE AGING



Michelle Black  
Lynn Brunner  
Larry Gardner  
Richard Golden  
Kim Kaplan  
Lawrence Krajeski  
Barbara Lindsay  
John & Judith LoPresti  
Lillian Moore  
Beverly Myers  
Florence Ohle  
Dorothy True  
Linda VanEtten  
Dawn Wallant

Greene County Veterans Service Agency  
Athens Representative  
Legislator, Chairperson, Greene County Services Committee  
Chairman, Coxsackie Representative  
Director, Greene County Public Health  
Director, Catskill Mountain Housing  
Mobility Manager, The ARC of Ulster-Greene  
Jewett - Mountaintop Representative  
Catskill - RSVP Representative  
Greenville Representative  
Director, Community Action of Greene County  
Round Top - Cairo Representative  
Vice-Chairman, Greene County Department of Social Services  
Director, Common Ground Dispute Resolution

The Advisory Council is comprised of Greene County residents over 60 years of age, as well as representatives of agencies serving the elderly and elected officials. The purpose of the Council is to advise the Greene County Department of Human Services in their efforts to serve the County's elderly residents. More specifically the Council will advise the Department to: 1) Develop and administer the service plan; 2) Conduct public hearings; 3) Represent the interest of older person; and 4) Review and comment on all community policies, programs and actions which affect older persons.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MOVING FOR BETTER BALANCE

THE MORE YOU SWAY, THE LESS YOU FALL!

- Moving For Better Balance is a 12-week fall prevention program that uses the principles and movements of Tai Chi to help older adults increase their strength, improve their balance, and increase their confidence in doing everyday activities.
- Class size is limited
- Pre-registration required, phone number below

**WHEN:** Tuesdays & Thursdays  
January 22 - April 11

**TIME:** 10:30 a.m. - 11:30 a.m.

**LOCATION:** Robert C. Antonelli Senior Center  
15 Academy Street  
Catskill, NY 12414



**QUESTIONS:** Contact Toni Carroll, Wellness Coordinator  
Phone: 518 -731-7529

# MEDICATION TAKE-BACK

Every day is “Medication Take-Back Day”  
in Greene County . . .

Dispose of **unused, unwanted, or expired** prescription and non-prescription medication, and:

- Prevent drug abuse
- Prevent accidental overdose
- Reduce environment pollution
- Protect our local nature and water supply
- Reduce crime by keeping drugs off the street
- Prevent accidental poisoning of children and pets



## **Please, stop by and drop off:**

- Prescription and non-prescription medications
- Vitamins
- Pet medications
- Medicated ointments
- Liquid medications (in leak-proof containers)

## **Please, do NOT drop off:**

- IV bags
- Syringes
- Thermometers
- Aerosol cans or inhalers
- Bloody or infectious wastes

## **Drop Off Locations** (NO PAPERWORK REQUIRED)

### **CAIRO:**

**Town of Cairo Police Department**  
123 Angelo Canna Park, Cairo  
Open: 8am - 12am Daily  
Call to drop off: (518)622-2324

### **CATSKILL:**

**Greene County Sheriff's Office**  
80 Bridge Street, Catskill  
Open: 9am - 5pm Monday - Friday

### **COXSACKIE:**

**Coxsackie Village Police Department**  
119 Mansion Street, Coxsackie  
Open: 8am - 12am Daily

**Kelly's Pharmacy**  
12189 Rt 9W, West Coxsackie  
Available during open hours

### **DURHAM:**

**Town of Durham Police Station**  
7309 Rt 81, East Durham  
Open: 7am - 3pm Daily  
Call to drop off: (518)239-6310

### **GREENVILLE:**

**Kelly's Pharmacy**  
4852 Rt 81, Greenville  
Available during open hours

### **WINDHAM:**

**Town of Windham Police Department**  
371 Rt 296, Hensonville  
Open: 9am - 3pm Daily  
Call to drop off: (518)734-3030

For program inquiries in **Greene County**,  
please feel free to contact:

**Jillian Di Perna**

**Senior Public Health Educator**

Greene County Public Health Department  
(518) 719-3621

# GREENE COUNTY SENIOR CITIZENS CLUBS



## ATTENTION ALL CLUBS:

Do you have anything to announce about your club?

Put it in print in the Round Table News!

Contact Maureen at the Department of Human Services

## ATHENS:

### ***ATHENS SENIOR CITIZENS***

2nd & 4th monthly Monday

1:15 p.m.

Rivertown Senior Center

## CAIRO:

### ***CAIRO GOLDEN AGERS***

2nd & 4th monthly Wednesday

1:30 p.m.

Acra Community Center

## CATSKILL

### ***CATSKILL SILVER LINING SENIORS***

2nd monthly Thursday

1:00 p.m.

Robert J. Antonelli Senior Center

## COXSACKIE:

### ***COXSACKIE AREA SENIORS***

2nd & 4th monthly Wednesday

1:30 p.m.

Van Heest Hall, Bethany Village

### ***SENIOR CITIZENS of COXSACKIE***

1st & 3rd monthly Monday

1:30 p.m.

Coxsackie Senior Center

## GREENVILLE:

### ***GREENVILLE GOLDEN YEARS***

1st monthly Wednesday

1:30 p.m.

American Legion Hall

## MOUNTAIN-TOP:

### ***MOUNTAIN TOP GOLDEN AGERS***

4th monthly Thursday

1:30 p.m.

Tannersville Village Hall

### ***W-A-J-P-L GOLDEN AGERS***

1st & 3rd monthly Monday

1:30 p.m.

Hensonville Town Bldg.



*Calling All Seniors!*





## WAJPL GOLDEN AGE CLUB

A Celebration of Classic Country Music



# Country Legends

at the Log Cabin, Holyoke, MA

Enjoy the beautiful Views overlooking Mt Tom  
at the elegant Log Cabin Banquet Facility

**TUESDAY, APRIL 9, 2019**



Special Tribute Performance by  
"The Corvettes"

### Package Includes:

- Roundtrip Motorcoach Transportation
- Delicious Plated Meal at The Log Cabin
- Matinee Show "LEGENDS OF COUNTRY MUSIC"
- Meal Taxes and Gratuities

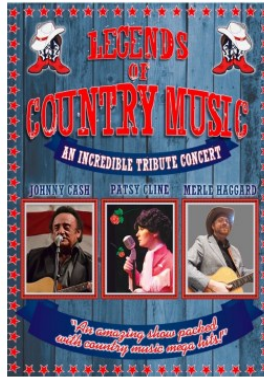
### Delicious Luncheon

Hors D' Oeuvre's  
Signature Bread  
Fresh Garden Salad  
Harvest Chicken  
AND  
Baked Scrod  
Chef's Choice Potato  
& Vegetable  
Dessert, Coffee or Tea



**Patsy Cline**  
COUNTRY CLASSICS

**\$55.**  
PER PERSON



Departs:  
8:15 a.m. Prattsville, NY  
8:20 a.m. Ashland, NY  
8:30 a.m. Windham, NY  
9:00 a.m. Catskill, NY  
5:30 p.m. Returns



**Contact:**  
**Mary-Louise**  
**518-622-3397**



## GETTYSBURG, HERSHEY & HARRISBURG, PA

4 DAYS - 3 NIGHTS

JUNE 18 - 21, 2019

**\$529 per person** *double occupancy*  
\$50 deposit due with reservation

### PACKAGE INCLUDES:

- \* 3 Nights lodging at the Comfort Suites Gettysburg
- \* 3 Breakfasts
- \* 3 Dinners at Historic Farnsworth House Buffet, Dobbin House Tavern Buffet, Fenicci's of Hershey family-style
- \* *Pride of Susquehanna* Scenic Cruise
- \* Gettysburg Museum & Visitor Center
- \* Cyclorama Painting & "A New Birth of Freedom" Film
- \* Historic Gettysburg Battlefields Tour
- \* David Wills House
- \* Seminary Ridge Museum with Cupola (*additional fee*)
- \* Thomason's Olde Thyme Herb Farm & Gift Shop
- \* Historic Tour of Hershey
- \* Hershey Chocolate Visitor Center
- \* Great American Chocolate Tour Ride
- \* Pennsylvania State Capitol Building Tour
- \* Souvenir gift
- \* Luggage handling
- \* Taxes and meal gratuities
- \* Motorcoach transportation

Cancellation insurance available; see reverse side for details

FOR INFORMATION AND RESERVATIONS CONTACT:

WAJPL GOLDEN AGE CLUB  
P. O. Box 96  
Hensonville, NY 12439

Mary Louise  
(518) 622-3397

Vicky  
(518) 734-4164

**BOOK  
EARLY !!**

## WAJPL GOLDEN AGE CLUB

A Travel Group Exclusive!

Every  
Show Sells  
OUT!

# "We've Only Just Begun"

Carpenters Remembered

at the lovely Chez Josef, Agawam, MA

Tuesday, May 21, 2019

*We've Only Just Begun: Carpenters Remembered* is the definitive concert show celebrating the music of one of the most successful recording acts of all time. Starring Michelle Berting Brett who is accompanied by a live, 4-piece Nashville band, the show re-creates the Carpenters' original sound. Experience an intimate behind-the-scenes portrait of the pop music phenomenon that defined an era, and sing along with hits that include "Close to You", "Yesterday Once More", "Rainy Days & Mondays", and many more!

### Package Includes:

- Roundtrip Motorcoach Transportation
- Elegant Plated Luncheon at the lovely Chez Josef, Agawam, MA
- "We've Only Just Begun" Show
- The Carpenters Remembered
- Driver Gratuity



**\$60 pp**

Departs:  
8:00 a.m. Prattsville, NY  
8:05 a.m. Ashland, NY  
8:15 a.m. Windham, NY  
8:45 a.m. Catskill, NY  
Returns 5:30 p.m.

For reservations  
contact:

Mary-Louise  
518-622-3397

### Luncheon Menu

Garden Salad  
PLEASE GIVE MEAL CHOICE  
WITH RESERVATION  
Chicken Francais  
OR  
Baked Scrod  
Rolls & Butter  
Vegetable & Potato  
Dessert - Coffee & Tea



# News From the Greene County Youth Bureau

## GREENE COUNTY LEGISLATURE REAPPOINTS GREENE COUNTY CHILDREN, YOUTH & COMMUNITY ADVISORY BOARD

The following have been reappointed to serve on the Advisory Board for 2019:

Donna Baeckmann	Greene County Probation Department
Pam Coloton	Service Provider/HTC School District
MaryJo Jaeger	Greene County Liaison
Larry Krajieski	Service Provider/Catskill Mountain Provider
Penny Martinez	Greene County Public Health
Aizlyn O'Connell	Youth member
William O'Connor	Youth member
Brenna Rustick	Youth member
John Scalera	General Public/Retired
MaryAnn Scalera	General Public/Retired
Angelo Scaturro	Greene County Public Defender
Don Smith	General Public/Retired



## YOUTH OF THE YEAR AWARDS

Do you know a youth who has made outstanding contributions in serving his/her community through leadership, knowledge, skill and/or service? We want to know!



The Greene County Children, Youth & Community Advisory Board will again be sponsoring the annual Youth of the Year Awards. Applications will be available in February. From the nominations received, youths will be evaluated by the selection committee to determine the winners. Three awards will be presented at the Greene County Youth Fair in July (Youth of Year; Director's Choice, and Chairman's Choice).

Deadline is March 31, 2019. Any questions can be directed to the Greene County Department of Human Services.

# LONG TERM CARE COMMUNITY COALITION

*Advancing Quality, Dignity & Justice*

## **Free Resources & Educational Series: Quality, Dignity, and Resident-Centered Advocacy**

**When Are The Programs?** The third Tuesday of the month at 1pm Eastern.

- January 15:** Assisted Living: Promising Policies & Practices to Improve Care and Quality of Life
- February 19:** Advocacy Issues to Improve Care for Residents with Dementia
- March 19:** Reporting Abuse, Neglect, and Suspicion of Crime Against a Resident

### **Attend in Two Easy Ways:**

- 1) To join the online meeting, go to: <https://join.freeconferencecall.com/richardmollot>.
- 2) To participate by phone, at the time of the program call (712) 770-4010. When prompted, enter the Access Code, 878277, followed by the pound (#) key.

**Note:** All program materials will be posted in the Learning Center at [www.nursinghome411.org](http://www.nursinghome411.org). To view the recording of the program, click on the YouTube button on our homepage.

**NY State LTC Ombudsmen:** With your supervisor's permission, attendance at these programs can count toward your annual in-service training requirements. In order for us to notify your supervisor that you attended, you must take a short survey within one week of the program date. The survey is available at <https://www.surveymonkey.com/r/ltccc-ltccop1>. Please check with your supervisor about receiving credit for a program.

**Families & Ombudsmen:** Please join us to receive information & resources tailored to support your advocacy for your residents. Visit [www.nursinghome411.org/families-ombudsmen](http://www.nursinghome411.org/families-ombudsmen), email [sara@ltccc.org](mailto:sara@ltccc.org) or call 212-385-0355.



## **VOLUNTEER INCOME TAX ASSISTANCE (VITA)**

VITA is a free, IRS-sponsored program to help low and middle-income workers have their federal and State personal income taxes prepared and filed electronically at no cost. VITA also ensures that workers receive all the tax credits to which they are entitled.

Many workers eligible for the Earned Income Tax Credit (EITC) or Child Tax Credit (CTC) don't feel comfortable filling out tax forms themselves. However, commercial tax preparers charge significant fees to prepare a return and offer services that can otherwise be provided at no cost at a VITA site. People eligible for EITC and CTC have a no-cost option — they can have their returns prepared and filed at a VITA site.

Not only can many New Yorkers get their taxes done for free at VITA sites, but if they have a bank account and use direct deposit, they may receive their federal refund within as few as 10 days.

Every county in the State has at least one VITA site. Opening and closing dates vary by site as well as hours and days of operation. In addition, many sites do require an appointment. Here in Greene County, Community Action of Greene County offers VITA. For further information, contact their office at (518) 943-9205.





the compassion to care, the leadership to conquer

# GREENE COUNTY CAREGIVER SUPPORT GROUP MEETINGS

1st monthly Wednesday, 3:00 p.m.  
The Pines at Catskill  
154 Jefferson Heights, Catskill

3rd monthly Thursday, 6:00 p.m.  
Heermance Memorial Library  
1 Ely Street, Coxsackie

For information, contact Sana Masih  
518-867-4999 smasih@alz.org

## Telephone Support Group

1st monthly Wednesday, 10:00 a.m.  
712-770-400, access code #919600

# ADULT LEARNING INSTITUTE (ALI)

January 2019 Programs.



All are held in the Faculty/Staff Lounge at Columbia -  
Greene Community College, 4400 NY RT 23, Hudson,  
from 1:30 p.m. - 4:00 p.m., unless otherwise noted.

Please call the ALI Office @ 518-828-4181, ext. 3431,  
or email [ali@sunycgcc.edu](mailto:ali@sunycgcc.edu) to register.

Mon. Jan. 7 & 14 Open Pinochle Group

Tues. Jan. 8, 15, 22 & 29 Bridge Group

Wed. Jan. 2, 9 & 23 Mahjongg

Thurs, Jan. 10, 10:30 - 12:00 Hudson's Forgotten  
Statue: Winifred & General DePeyster

Thurs. Jan. 17, 10:00 - 11:30  
Executive Board Meeting Room 105A

# Syringe Disposal Kiosk

## *Project Needle Smart*

is a SAFE sharps collection program for needle and syringe disposal.  
If you have used/unwanted needles, or would like a free sharps container,  
please visit one of our drop-off kiosk locations.

For more information, call  
Greene County Public Health Department (518)719-3600 or  
Columbia County Department of Health (518)828-3358

### Locations - Greene County

24/7 Outdoor Access Unless Otherwise Noted

#### Cairo (2 Locations)

CVS Pharmacy - Routes 23 & 32  
Hannaford - 223 Main Street

#### Catskill

Greene County Office Building -  
Stairs at Water St Entrance

#### Coxsackie

EmUrgent Care - 11835 Route 9W

#### East Durham

Durham Town Hall - 7309 Route 81

#### Greenville

Kelly's Pharmacy - 4852 Route 81  
(inside: M-F 9-7, Sat-Sun 9-3)

#### Tannersville

Hunter Ambulance - 5740 Route 23A

#### Windham

Windham Pharmacy - 68 Route 296

### Locations - Columbia County

24/7 Outdoor Access Unless Otherwise Noted

#### Livingston

Hannaford - 32 NY-82

#### Valatie

Hannaford - 2967 Route 9





## **“Art” - A Man Who Knows His Way Around Transportation**

Art is a gentleman who wants to see people out socializing, happy, and as independent as possible. He grew up using public transportation in Albany and continues to ‘use it to his advantage’ today. He travels where he needs to go using Trailways, CDTA , his own car or Greene County Transit. (GCT).

Art has been riding GCT for the last 1 1/2 years. He tries to keep GCT schedules on him telling everyone he meets about GCT and the services available. Art enjoys riding the bus to meet people and socialize.

Art is also a senior which allows him to register to ride GCT fully subsidized (for free). He plans his day around what he needs to do, appointments he has to keep, places he wants to go.

Art—thank you for being such an advocate!!!





**GREENE COUNTY ROUND TABLE NEWS**  
is published monthly by  
**GREENE COUNTY DEPARTMENT of HUMAN SERVICES**  
411 Main Street, Catskill, NY 12414  
(518) 719-3555 Toll Free (877) 794-9266  
aging@discovergreene.com

**EXECUTIVE DIRECTOR - THÉRÈSE MCGEE WARD**

**BUSINESS MANAGER:** Ken Brooks

**AGING DEPARTMENT COORDINATORS:**

Aging Services - Connie Bentley

Nutrition - Tezera Pulice

Volunteer Services - Ruth Pforte

Staff:

<b>CASE MANAGERS:</b> Cortney Carlson	Carol Provost	Danielle Wade
<b>BETHANY VILLAGE CASE MANAGER:</b>	Andrea Benjamin-Legg	
<b>ADMINISTRATIVE ASSISTANT:</b>	Maureen Murphy	
<b>AGING SERVICES SPECIALIST:</b>	Nicole Noll	
<b>AGING SERVICES AIDE:</b>	Rose Bundy	
<b>RECEPTIONIST:</b>	Mary Jean Pomilla	
<b>SHOPPING BUS DRIVER:</b>	Janet Osborn	
<b>NUTRITION VAN CHAUFFEURS:</b>	Dave Mokszycki	Patrick Murphy
<b><u>YOUTH SERVICES WORKERS:</u></b>	Carrie E. Wallace	
	Laura Anderson	Jasmine Morris

The office is open 8:30 a.m. - 5:00 p.m. Monday thru Friday, though staff are unavailable to be seen between 12 Noon and 1:00 p.m.

**Agency staff specialize in a variety of subjects. While walk-ins can sometimes be seen, staff who can best assist you may be unavailable at times. We recommend you call ahead for an appointment. Appointments ARE NOT scheduled between 12:00 p.m. and 1:00 p.m.**