



# Greene County Round Table News

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FEBRUARY 2020



## ATTENTION ALL GREENE COUNTY RESIDENTS

Governor Andrew M. Cuomo introduced the “New York State Plastic Bag Waste Reduction Act,” in the 2019/20 State Budget which institutes a statewide ban on single use plastic bags and empowers counties and cities to impose a \$0.05 fee on paper bags.

It applies to retail outlets required to pay sales tax. There are exemptions for several types of plastic bags: bags used to wrap uncooked meat/fish; bags used to package bulk items like produce and candy; bags that contain food sliced or prepared to order; bags used for newspaper delivery; bags sold in bulk at point of sale; trash bags; food storage bags; garment bags; bags prepackaged for sale to a customer; bags used to carry out or deliver restaurant food; and bags provided by a pharmacy to carry prescription drugs.

The adopted New York State legislation institutes a statewide ban on single-use plastic bags, effective March 1, 2020. **NOTE: The Greene County Legislature has opted NOT TO IMPOSE the optional \$0.05 fee on paper bags.** While individual businesses may choose to charge their customers for paper bags, the county will not impose or collect any associated fee.

The New York State Association of Counties (NYSAC) issued a white paper titled Plastic Bags: Reduce, Reuse, Recycle, and More which provides guidance for municipalities on implementation of the New York State Bag Waste Reduction Act (A.2008C/S.1508C, Part H).

### And did you know . . .

Greene County Real Property Tax Services Geographic Information Services (GIS) division has launched a new and improved public parcel viewer application, otherwise known as the Greene Web Map. It can be accessed at <https://gis.gcgovny.com/greenewebmap/> or clicking the icon on [greenegovernment.com](http://greenegovernment.com).

The Greene Web Map continues to be linked with their partner site, Greene County SDG Image Mate Online for current parcel assessment information as well as parcel history for recorded deed and map information.



The Greene Web Map is the fourth iteration of the parcel viewer application initially launched in 2006. The application leverages the latest ESRI JavaScript API and ArcGIS Portal. With the new application they are no longer dependent on a third party to add additional Greene County layers and in the near future will be adding layers such as Election Districts, Polling Sites and Greene County’s Natural Resource Inventory. In addition, they are now able to consume other map services into the parcel viewer such as FEMA National Flood Hazard Layers and DEC Information Layers.



## **Announcements from the Greene County Legislature**

### **Resolution No. 388-19**

#### **Increasing Amount Of Income For Senior Citizen Tax Exemption**

WHEREAS, pursuant to Section 467 of the Real Property Tax Law, persons sixty-five (65) years of age or over who are owners of real property shall be exempt from County taxes to the extent of fifty per centum (50%) of the assessed valuation if said owners fulfill certain qualifications, including a limited income which does not exceed an amount fixed by this Legislature;

BE IT RESOLVED, that the income of the owner, or the combined income of owners of real property who are sixty-five (65) years of age or over must not exceed \$29,000.00; and be it further RESOLVED, that this income amount shall be effective for the assessment rolls to be completed and filed beginning in 2020; and be it further

RESOLVED, that the “sliding scale” provisions of Real Property Tax Law Section 467 paragraph 1 (b)(1) adopted by this Legislature by Resolution No. 583-01 on December 19, 2001 and Real Property Tax Law Section 467 paragraph 1(b)(2) and 1(b)(3) adopted by this Legislature by Resolution No. 477-04 on December 15, 2004 shall remain in effect.

### **Resolution No. 389-19**

#### **Supporting Adoption Of Senate Bill S.428-A And Assembly Bill A.47-A By New York State Legislature Regarding The Prohibition Of The Sale And Distribution Of Flavored ELiquid For Use In E-Cigarettes**

WHEREAS, Senate Bill S.428-A and Assembly Bill A.47-A have been introduced in the State Legislature to prohibit the sale and distribution of flavored “e-liquids” for use in electronic cigarettes and electronic cigarettes containing such flavoring; and

WHEREAS, many e-cigarette and liquid nicotine products come in flavors that are attractive to young people, such as cherry, fruit punch, chocolate and cola; and

WHEREAS, recent studies by the Food and Drug Administration and the Centers for Disease Control and Prevention show a marked increase in the use of e-cigarettes and liquid nicotine by middle and high school students; and

WHEREAS, in the past year, the percentage of middle school students using e-cigarettes has increased by 50%, with use by high school students increasing by 80%; and

WHEREAS, the most commonly cited reasons for using e-cigarettes among both youth and young adults are curiosity, fruit and candy flavorings offered by liquid nicotine manufacturers and the low-perceived harm compared to other tobacco products; and

WHEREAS, limiting liquid nicotine to tobacco flavor available for purchase would reduce children’s interest in using these products while allowing adults the option to continue e-cigarettes as a replacement for traditional tobacco products or for smoking cessation purposes; and

WHEREAS, the Greene County Legislature finds that it is necessary to protect and promote the public health, safety and welfare of the youth and young adults residing in Greene County;

NOW, THEREFORE, BE IT RESOLVED, that the Greene County Legislature hereby supports and urges the adoption of Senate Bill S.428-A and Assembly Bill A.47-A; and be it further resolved that the Clerk of the Legislature is hereby directed to forward copies of this Resolution to Governor Cuomo, Senate Majority Leader Stewart-Cousins; Assembly Speaker Carl E. Heastie; Assembly Committee on Health Chairman Gottfried; Senate Committee on Health Chairman Rivera; New York State Senator George A. Amedore, Jr.; New York State Assemblyman Christopher Tague; the New York State Association of Counties and the New York State Public Health Association.



# SENIOR ANGELS PROGRAM

*“SPREADING CHEER 365 DAYS A YEAR”*

*SPONSORED BY GREENE COUNTY DEPARTMENT OF HUMAN SERVICES*

## GREENE COUNTY NEVER CEASES TO AMAZE

As I sit here on New Year's Eve, still listening to Christmas carols, I can't help but think how wonderful and generous the Greene County businesses and residents have been this year. I should know better than to doubt the wonderfulness of the people in Greene County. Because, as of 10 days ago, if someone told me we were going to beat last year's goal, I would have doubted it. But the surge of money that has come in, in the last couple of days not only allowed us to match last year, but to beat it. AMAZING!!!!!!!!!!!!!!

This year Senior Angels decided that they would make themselves known wherever we could. We had an Easter bake sale which we raised \$601. We handed out Candy packs with a gold angel and a note at our Senior Day celebration in May. We had a Halloween themed bake sale which we raised \$725. We had our 4<sup>th</sup> Annual Thanksgiving Day dinner, which was attended by 133 people. We shopped and wrapped gifts, and finally we had a table at the Victorian Stroll.

We want to say **“THANK YOU”** to everyone that helped make this year another successful year, your donations were **VERY MUCH APPRECIATED**. We would especially like to thank, the Greene County Legislators for their continued support through the Wayne C. Speenburgh Grant, Humana, CDPHP, Blue Shield, Emblem Health, MVP, Nascentia Health, Coxsackie-Athens Rotary Club, the 4H Evarts Engineers, 4H Greene Earth, Library Science Club at the DR Evarts Library, Legislator Ed Bloomer & Tami Bone, The Fortnightly Club, Bill Williams at 93.5, and last but not least a **SPECIAL THANK YOU** to all the volunteers that helped to make Thanksgiving Day very special for the Seniors and helped to wrap all the gifts. We could not have done it without you.

As of the writing of this letter, we have raised \$17,536.00. A **NEW RECORD**. Thanks to your generosity, we have broken all past records. With your continued help, we look forward to breaking this year's record in 2020. If you would like to continue to help Greene County Senior Citizens, we accept contributions at any time for our emergency funds that we make available to our Senior Citizens year round.

It is such a pleasure for us to help our Senior Citizens year after year. This holiday season, we delivered gifts to over 250 Senior Citizens throughout Greene County. The smiles on their faces when we show up with their very own wrapped gift is **PRICELESS**.

So we would like to wish each and every one of you a happy, healthy and prosperous 2020. **And as always, remember to thank a Senior Citizen, if it wasn't for them paving the way, we would have no roads to guide us.**

God Bless,

Greene County Senior Angels Program Committee  
Ken Brooks, Andrea Benjamin-Legg, Rose Bundy,  
Maureen Murphy and Mary Jean Pomilla





*Thank you to our 2019 Senior Angels . . .*

*Greene County Legislature for the  
Wayne Speenburgh Grant*

*in support of the Annual Thanksgiving Dinner*

*Athens Senior Citizens Club*

*Bryant Nutrition*

*Joe & Diane Capobianco*

*Coxsackie Athens Rotary Club*

*Margaret M. Donohue*

*Durham-Oak Hill United Methodist Church*

*Fortnightly Club of Catskill*

*Greene County Democratic Club*

*Clifford Gross*

*Hearthstone Care*

*Helping Hands of Sleepy Hollow Lake*

*Patricia Kenehan*

*Lake & Mountain Realty LLC*

*Nancy Linger*

*The Frank & Jo Mangano Family*

*Martinez Auto Body Shop, Inc.*

*Lillian E. Moore*

*Karen & Bill Ormerod*

*P. Schneider & Associates, PLLC*

*Charlie & Frances Serro*

*Gary & Barbara Slutzky*

*Robin & Martin Smith*

*Debbi Traficante*

*Walenta & Co. Agency Inc., Greenville*

*Windham-Hensonville United Methodist Women*

*Michael & Rosemary Barone*

*C & C Excavating, Inc.*

*Catskill Silver Linings*

*Doreen & Crane Davis*

*Thomas & Linda Gentalen*

*Greenville Rotary Club*

*Heart of Catskill Association*

*Kiskatom Reformed Church*

*Robert & Dena Lawrence*

*Lioness Club of Catskill*

*Wayne & Veronika Marquoit*

*Kathleen & Dennis Meehan*

*National Bank of Coxsackie*

*Greggor Petrovic & Steve Goldberg*

*Senior Citizens Club of Coxsackie*

*Shook Insurance Agency, LLC*

*Gail Smith*

*Dolores E. Sutherland*

*WJPL Golden Age Club*

*Thank you staff & Home Delivered Meals volunteers  
at the Rivertown Senior Center*

*Merry Christmas from DSS Fraud Unit*





*In Honor of*  
*The Senior Angels Committee*                      *Robert F. Zimmer*

*In Memory of*

<i>Anna Ciampa Abb</i>	<i>Rosemarie Alberti</i>
<i>Bill Armstrong</i>	<i>Phyllis Beechert</i>
<i>Richard Carl</i>	<i>Helen Mary Eckler</i>
<i>Family &amp; Friends</i>	<i>Dorothy E. Federico</i>
<i>Richard C. Harvey Sr.</i>	

*Honeyford Memorial American Legion Unit 110, Catskill*  
*In Memory of our deceased Veterans*

*Honeyford Memorial American Legion Auxiliary Unit 110, Catskill*  
*In Memory of our deceased Auxiliary members*

<i>Mom, Dad &amp; Aunt Helen from Allison Smith &amp; Tom McManus</i>	
<i>Karen Sprague Johnson</i>	<i>Ruth Kallman</i>
<i>The Kordich Family In Memory of John &amp; Margaret Kordich</i>	
<i>Mabel "Mike" Milian</i>	<i>Mary &amp; Martin Murphy</i>
<i>Doris Ormsbee</i>	<i>Eva Parks</i>
<i>Gracella SiCunkle</i>	<i>Patricia J. VanValkenburg</i>
<i>Joyce Verdaasdonk In Memory of Rev. Henry Verdaasdonk</i>	
<i>Shirley Wase</i>	

## THANK YOU GREENE COUNTY DEMOCRATS

Ken Brooks and Rose Bundy of the GCDHS Senior Angels Program are seen accepting a generous donation from Anne Mitchell on behalf of the Greene County Democratic Committee.



## THANK YOU ATHENS SENIOR CITIZENS CLUB

Ken Brooks of the GCDHS Senior Angels Program is seen accepting a generous donation from Patricia McLoughlin, President, Athens Senior Citizens Club. Pat presented the check on behalf of the club members.



Greene County Department of Human Services very own “Elf on the Shelf” (AKA DHS receptionist, MJ Pomilla) made a visit to the Greene County Office Building to sell raffle tickets for the gift basket. Proceeds from the raffle benefited the Senior Angels Program.

Congratulations to Joan Abrahamsen of Kiskatom on being the lucky winner.

Thank you to all who contributed prizes for the basket, and to all who supported the raffle by taking a chance.





## TRANSPORTATION SERVICES AVAILABLE THROUGH GREENE COUNTY DEPARTMENT OF HUMAN SERVICES

*During inclement weather or other emergencies, it may be necessary for us to close our senior service centers because of hazardous driving conditions. When we need to close the centers, we also cancel transportation services for the day.*

### HOMEBOUND MEDICAL TRANSPORTATION

Greene County Department of Human Services provides Medical Transportation, courtesy of a volunteer driver, to Greene County residents age 60 or older who do not have any other available options for transportation to medical appointments. This service is available to medical facilities located in Greene County, as well as the neighboring counties of Albany, Columbia, Delaware, Schoharie and Ulster. All medical transportation for clients will be **restricted to four (4) times a month. Appointments must be scheduled for Monday - Friday, 8:30 a.m. through 2:00 p.m.**

We require clients to call our office at least two weeks prior to the appointment so that we can schedule the transportation with a volunteer driver.



We are unable to transport clients covered by Medicaid.

If you are covered by Medicaid and in need of transportation to a medical appointment, please call 855-360-3545.

### SHOPPING BUS



Greene County Department of Human Services offers a **wheelchair-accessible** shopping bus to Greene County residents, age 60 or older that live in the towns of Ashland, Athens, Cairo, Catskill, Coxsackie, Greenville, Hunter, Jewett, Lexington, Prattsville and Windham. Our friendly driver will **pick up seniors at their door**, bring them to Catskill for shopping, and take them to a local Senior Service Center for lunch before returning home. All trips are limited to 16 people; first come are first served. There is a limit of two shopping bags per person.

**MONDAY:** Mountain Top\*/Catskill  
\*Windham, Ashland, Prattsville, Lexington, Jewett & Hunter

**TUESDAY:** Cairo/Catskill

**WEDNESDAY:** Athens/Coxsackie

**To make arrangements, please call 518-719-3559**

### NUTRITION TRANSPORTATION

Department drivers will transport seniors, without a means of personal transportation, to enjoy the noontime meal. At the present time, this service is only available to seniors who reside in the Catskill/Athens (Valley) area or the Jewett (Mountaintop) area. We ask that you call at least one (1) business day in advance to reserve a seat. For further information, please call our Nutrition Department at 518-719-3555.





# VOLUNTEERS ARE AMERICA



## FAREWELL TERRI

At the annual Department of Human Services Advisory Councils' joint holiday luncheon, Terri Brett was honored for her 20 years as a RSVP volunteer. She has served as secretary for the RSVP Advisory Council but has decided to enjoy her free time now that she is retired.

She is seen receiving a Certificate of Recognition, as well as flowers, from Ruth Pforte, Coordinator of Greene County RSVP.



## THANK YOU CRAFTERS

Greene County RSVP would like to thank our volunteer crafters for all their hard work.

Rivertown Senior Crafters:

Mats for the homeless for Capitol City Mission  
Lap robes for Catholic Charities in Catskill  
Crocheted Teddy Bears for Greene County Sheriff's Dept. for children in crisis

Cairo Piecemakers:

Fidget blankets for the Alzheimer's Association

Both groups:

Hats & scarves for Community Action Christmas Program

Anonymous crafter: Winter hats



39 Second Street  
Athens  
518 - 945 - 2700

### HOURS

MONDAY 9:00 A.M. TO 11:30 A.M.  
TUESDAY 9:00 A.M. TO 11:30 A.M.  
WEDNESDAY 9:00 A.M. TO 11:30 A.M.  
12:30 P.M. TO 2:00 P.M.  
THURSDAY CLOSED  
FRIDAY 9:00 A.M. TO 11:30 A.M.

### **FEBRUARY SPECIALS:**

**Buy any Red, Pink  
or White item  
at regular price,  
Get a second item  
for free  
(equal or lesser value)**



## Make a difference

ARE YOU LOOKING FOR A WAY TO MAKE A DIFFERENCE?

**TRY VOLUNTEERING!**

### VOLUNTEER DRIVERS

**(Urgently needed in Kiskatom/Palenville, and Jewett)**

The Greene County Department of Human Services is always looking for volunteer drivers to assist Homebound Senior Citizens. How can you help?

❖ Deliver meals – We have several routes to offer:

Acra (2 routes); Ashland; Athens (2 routes); Coxsackie (3 routes); Freehold; Greenville (2 routes); Hunter; Kiskatom; Leeds; Lexington (2 routes); Palenville; South Cairo; Catskill (3 routes); Tannersville & Windham

You can tell us what days, times and location where you would be available and we will schedule appropriately. You will even receive a tax exempt mileage reimbursement of 50¢ per mile!

INTERESTED? WANT MORE INFORMATION?

Contact Ruth Pforte (518) 719-3555  
Greene County RSVP Volunteer Coordinator





STOP IN TO LEARN  
HOW AREA VENDORS  
CAN ASSIST YOU.  
LOTS OF GREAT INFORMATION  
& GIVE AWAY ITEMS!



# SENIOR CORPS MLK COMMUNITY RESOURCE DAY

*Sponsored by Greene County Department for Human Services RSVP*

**March 26, 2020**

**9:00 a.m. - 2:00 p.m.**

**Robert C. Antonelli Senior Center**

(formerly called Washington Irving Senior Center)

**15 Academy Street**

**Catskill, NY 12414**



## **Learn How to \$ave Money on Medicare**

Come talk to a  
Greene County Human Services  
Staff Member  
about Health Insurance Assistance.



For more information:  
Contact: Ruth Jones Pforte  
518-719-3555

“New York State does not endorse nor recommend  
any specific insurance product or insurer:

This program is solely intended to educate consumers about their choices.”



**NY Connects**  
Your Link to Long Term  
Services and Supports

For many older adults, **OSTEOPOROSIS** is part of daily life. In fact, three million New Yorkers over the age of 50 have osteoporosis or are at risk for developing it. While this condition can weaken bones, making them thin and increasing the risk for fractures, education on the prevention, diagnosis, and treatment of osteoporosis can help improve outcomes.

The New York State Osteoporosis Prevention and Education Program's (NYSOPEP) Statewide Osteoporosis Resource Center, part of the New York State Department of Health, was created in 1997 as the go-to-location for information on osteoporosis.



Medicare Part D, the prescription drug benefit, is the part of Medicare that covers most outpatient prescription drugs. Part D is offered through private companies either as a stand-alone plan, for those enrolled in Original Medicare, or as a set of benefits included with your Medicare Advantage Plan.

Unless you have creditable drug coverage and will have a Special Enrollment Period, you should enroll in Part D when you first get Medicare. If you delay enrollment, you may face gaps in coverage and enrollment penalties.

Each Part D plan has a list of covered drugs, called its formulary. If your drug is not on the formulary, you may have to request an exception, pay out-of-pocket, or file an appeal.

A drug category is a group of drugs that treat the same symptoms or have similar effects on the body. All Part D plans must include at least two drugs from most categories and must cover all drugs available in the following categories:

- HIV/AIDS treatments
- Antidepressants
- Antipsychotic medications
- Anticonvulsive treatments for seizure disorders
- Immunosuppressant drugs
- Anticancer drugs (unless covered by Part B)

Part D plans must also cover most vaccines, except for vaccines covered by Part B.

Some drugs are explicitly excluded from Medicare coverage by law, including drugs used to treat weight loss or gain, and over-the-counter drugs.

Note: For certain drugs or under specific circumstances, your drugs may be covered by Part A or Part B.

# NUTRITION NOTES

## FEBRUARY IS AMERICAN HEART MONTH

A well-balanced healthy food plan can help maintain heart health

### Ways to create a healthy meal plan:

- Control portion sizes - use smaller plates and bowls.
- Consume more fruits and vegetables - they are low in calories and high in fiber.
- Choose whole grains - another good source of fiber.
- Limit unhealthy fats - saturated and trans fats to improve blood cholesterol.
- Choose lean meats, poultry, fish, low fat dairy products and eggs; ideal options are legumes, beans and lentils.
- Reduce sodium intake in the food you consume: less than 2400 milligrams per day.
- Plan ahead! Create a weekly menu.
- Treats! Don't forget to give yourself a treat once in a while, just not all the time.
- **EXERCISE! Stay Active, join a gym, grab your friend and take a walk.**

**HEALTHY DIET**

**HEALTHY WEIGHT**

**HEALTHY HEART**



*Omega 3 Fatty Acids are Healthy Fats* – Choose oily fish such as tuna, salmon, sardines, herring, and trout . These can help lower triglyceride levels - fats that clogs arteries.

*Mono-Unsaturated Fats* - Include oils such as canola, olive, peanut, avocado, nuts and avocados. These can help lower the “bad” (LDL) cholesterol and raise the “good” (HDL) cholesterol.

*Poly-Unsaturated Fats* - Include vegetable oils such as sunflower, sesame, safflower, soybean and corn. These can help lower the “bad” (LDL) cholesterol.

*Saturated fat is unhealthy fat* – It is found mostly in animal sources or solid fats such as butter, stick margarine, skin on chicken, fat in meats, shortening, lard, etc.

### COXSACKIE SENIORS HAVE HOLIDAY FUN

During the Christmas holiday, the seniors attending the Senior Nutrition site at the Town of Coxsackie Senior Center decided to have some fun and became some of Santa's elves. Seen in photo with the seniors are DHS Nutrition staff Carol Harnett and Abby Schweter.



## GREENE COUNTY SENIOR SERVICE CENTERS

Centers are closed on legal holidays and inclement weather.

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert.

Please make sure that you sign-up, at least a day in advance, if you wish to attend lunch at any of the nutrition sites. We also ask if you have signed up and become unable to show, please call us as soon as you can to cancel. This helps to reduce our food waste.

In addition, each center offers Aging Information & Assistance/Medicare Minute each month.

### **CALL YOUR LOCAL SENIOR CENTER FOR ACTIVITY INFORMATION**

#### ACRA

Acra Community Center,  
Old Rte. 23B, Acra  
(518) 622-9898

Elaine Cherrington  
Anna Thurman

AGING INFORMATION  
& ASSISTANCE

MEDICARE MINUTE:  
2nd monthly Wed. 11:30 a.m.

NUTRITION EDUCATION:  
Tues., Feb. 25 11:30 a.m.

#### COXSACKIE

Town of Cossackie Sr. Center  
Mansion Street, Cossackie  
(518) 731-8901

Abby Schweter  
Meal Site Manager

Carol Harnett

AGING INFORMATION  
& ASSISTANCE

MEDICARE MINUTE:  
3rd monthly Wed. 11:30 a.m.

NUTRITION EDUCATION:  
Wed., Feb. 26 11:30 a.m.

#### JEWETT

Jewett Municipal Building  
Route 23C, Jewett  
(518) 263-4392

Gayle Ruvolo  
Meal Site Manager

Sal Alberti  
MaryAnn Brink

AGING INFORMATION  
& ASSISTANCE

MEDICARE MINUTE:  
4th monthly Fri. 11:30 a.m.

NUTRITION EDUCATION:  
Fri., Feb. 21 11:30 a.m.

#### ATHENS

Rivertown Senior Center  
39 Second Street, Athens  
(518) 945-2700

Shane Dillon  
Senior Center Service Acting Manager  
Joan Ann Rouse Lana Marrone

AGING INFORMATION & ASSISTANCE  
MEDICARE MINUTE:

2nd monthly Monday 11:30 a.m.

NUTRITION EDUCATION:  
Wed., Feb. 19 11:30 a.m.

#### CATSKILL

Robert C. Antonelli Senior Center  
15 Academy Street, Catskill  
(518) 943-1343

Martha Schilling

AGING INFORMATION & ASSISTANCE  
MEDICARE MINUTE:

2nd monthly Thursday 11:30 a.m.

NUTRITION EDUCATION:  
Mon., Feb. 24 11:30 a.m.

**GREENE COUNTY SENIOR NUTRITION PROGRAM**

ALL PERSONS, AGE 60 OR OVER, ARE INVITED TO ATTEND

SUGGESTED CONTRIBUTION \$4.00









DAILY: Bread w/Promise Spread, and 1% Milk, Coffee or Tea

RESERVATIONS ARE REQUIRED AT LEAST ONE DAY IN ADVANCE

BY CALLING THE APPROPRIATE CENTER



**FEBRUARY**

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><b>3</b></p> <p>BAKED CHICKEN W/ GRAVY &amp; CRANBERRY SAUCE MASHED POTATOES CARROT COINS BUTTERSCOTCH PUDDING</p>	<p align="center"><b>4</b></p> <p>BROCCOLI-CHEDDAR QUICHE HASH BROWN POTATOES V-8 JUICE PINEAPPLE DELIGHT</p>	<p align="center"><b>5</b></p> <p>PORK CHOP W/ GRAVY RED CABBAGE APPLESAUCE SCALLOPED POTATO SPICE CAKE</p>	<p align="center"><b>6</b></p> <p>CRAB TOPPED COD GREEN BEANS BAKED POTATO W/ SOUR CREAM FRUITED GELATIN</p>	<p align="center"><b>7</b></p> <p align="center"> <b>NATIONAL FETTUCCINI ALFREDO DAY</b></p> <p>FETTUCCINI ALFREDO W/ CHICKEN FRESH SALAD BROCCOLI FRESH FRUIT</p>
<p align="center"><b>10</b></p> <p>SWEET &amp; SOUR CHICKEN BROWN RICE MONACO MIXED VEGETABLES MANDARIN ORANGES</p>	<p align="center"><b>11</b></p> <p>MEATLOAF W/ GRAVY MASHED POTATOES CALIFORNIA MIXED VEGETABLES PEARS</p>	<p align="center"><b>12</b></p> <p>BATTERED FISH PEAS BEET SALAD AU GRATIN POTATO CHOCOLATE MOUSSE</p>	<p align="center"><b>13</b></p> <p align="center"> <b>NATIONAL TORTELLINI DAY</b></p> <p>ITALIAN SAUSAGE TORTELLINI ITALIAN MIXED VEGETABLES FRESH FRUIT</p>	<p align="center"><b>14</b></p> <p align="center"><b>VALENTINE'S DAY</b> </p> <p>ROAST TURKEY W/ GRAVY &amp; CRANBERRY SAUCE BRUSSELS SPROUTS SWEET POTATO PEANUT BUTTER SWIRL BROWNIE</p>
<p align="center"><b>17</b></p> <p>MAIN OFFICE &amp; ALL SENIOR NUTRITION SITES CLOSED</p> <p align="center"></p>	<p align="center"><b>18</b></p> <p>COOK'S CHOICE CAULIFLOWER PEACHES</p>	<p align="center"><b>19</b></p> <p align="center"> <b>NATIONAL CHOCOLATE MINT DAY</b></p> <p>ROAST PORK W/ GRAVY APPLESAUCE MASHED POTATOES CALIFORNIA MIXED VEGETABLES CHOCOLATE MINT PUDDING</p>	<p align="center"><b>20</b></p> <p align="center"><b>NATIONAL CHERRY PIE DAY</b> </p> <p>CHICKEN DIJON MASHED POTATOES SPINACH CHERRY PIE</p>	<p align="center"><b>21</b></p> <p>BEEF STEW BROCCOLI COLESLAW FRESH FRUIT</p>
<p align="center"><b>24</b></p> <p>CHICKEN &amp; BISCUITS MASHED POTATOES CARROTS PEACHES</p>	<p align="center"><b>25</b></p> <p>SHRIMP JAMBALAYA BROWN RICE GREEN BEANS KING CAKE</p>	<p align="center"><b>26</b></p> <p align="center"> <b>ASH WEDNESDAY</b></p> <p>LINGUINI W/ WHITE CLAM SAUCE BROCCOLI TROPICAL MIXED FRUIT</p>	<p align="center"><b>27</b></p> <p align="center"><b>NATIONAL STRAWBERRY DAY</b> </p> <p>SALISBURY STEAK W/ GRAVY BAKED POTATO W/ SOUR CREAM WINTER SQUASH VANILLA PUDDING W/ FRESH STRAWBERRIES &amp; WHIPPED CREAM</p>	<p align="center"><b>28</b></p> <p>VEGETABLE LASAGNA W/ WHITE SAUCE FRESH SALAD ITALIAN MIXED VEGETABLES FRESH FRUIT</p>

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BY CALLING THE APPROPRIATE CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>CHICKEN DIVAN RICE GARLIC CARROTS PEACHES</p>	<p>3</p> <p>PORK CHOP W/ GRAVY &amp; APPLESAUCE NOODLES BRAISED CABBAGE PEANUT BUTTER COOKIE</p>	<p>4</p> <p>ROAST TURKEY W/ GRAVY MASHED POTATOES BROCCOLI WINTER SQUASH BLUEBERRY PIE</p>	<p>5</p> <p>SAUSAGE &amp; PEPPERS PASTA BROCCOLI CHOCOLATE MOUSSE</p>	<p>6</p> <p>SWISS VEGETABLE FRITTATA ITALIAN GREEN BEANS FRESH SALAD ROASTED RED POTATOES V-8 JUICE FRESH FRUIT</p>
<p>9</p> <p>CHICKEN PARMESAN PASTA BROCCOLI PEACHES</p>	<p>10</p> <p>SWEDISH MEATBALLS NOODLES RED CABBAGE PEARS</p>	<p>11</p> <p>ROAST PORK W/ GRAVY BRUSSELS SPROUTS SWEET POTATO APPLE CRISP</p>	<p>12</p> <p>BEEF STEW CALIFORNIA MIXED VEGETABLES LEMON PUDDING</p>	<p>13</p> <p>BATTERED FISH HARVARD BEETS COLE SLAW BAKED POTATO FRESH FRUIT</p>
<p>16</p> <p>BAKED CHICKEN W/ GRAVY MASHED POTATOES SPINACH PEACHES</p>	<p>17</p>  <p>CORNER BEEF CABBAGE BOILED POTATOES CARROTS LIME WHIP</p>	<p>18</p>  <p>NATIONAL SLOPPY JOE DAY</p> <p>SLOPPY JOES GREEN BEANS CAULIFLOWER PEARS</p>	<p>19</p> <p>TURKEY SALAD on Greens POTATO SALAD MARINATED CARROTS OATMEAL COOKIES</p>	<p>20</p>  <p>NATIONAL RAVIOLI DAY</p> <p>CHEESE RAVIOLI ITALIAN MIXED VEGETABLES FRESH SALAD FRESH FRUIT</p>
<p>23</p> <p>SWEET &amp; SOUR PORK BROWN RICE BROCCOLI PINEAPPLE CHUNKS</p>	<p>24</p> <p>CHILI CON CARNE WAX BEANS TAPIOCA PUDDING</p>	<p>25</p> <p>MEATLOAF MASHED POTATOES PARISIAN MIXED VEGETABLES BIRTHDAY CUPCAKE</p>	<p>26</p>  <p>NATIONAL SPINACH DAY</p> <p>CHICKEN CACCIATORE W/ LINGUINI FRESH SALAD SPINACH FRESH FRUIT</p>	<p>27</p> <p>MACARONI &amp; CHEESE 3 BEAN SALAD STEWED TOMATOES ORANGE FRUITED GELATIN</p>
<p>30</p>  <p>NATIONAL HOT CHICKEN DAY</p> <p>CHICKEN CHOW MEIN BROWN RICE ORIENTAL VEGETABLES PINEAPPLE CHUNKS &amp; MANDARIN ORANGES</p>	<p>31</p> <p>COOK'S CHOICE CAULIFLOWER FRUIT COCKTAIL</p> 			

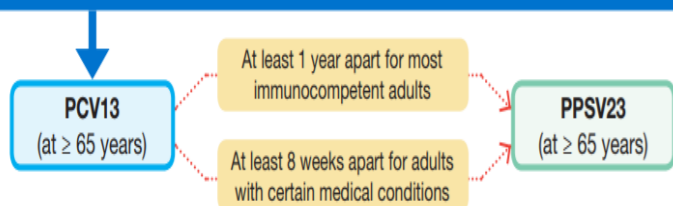
## PNEUMONIA SHOTS

Pneumonia is an infection that targets the lungs and can cause fever, difficulty breathing, and other symptoms. Pneumonia shots help prevent pneumonia.



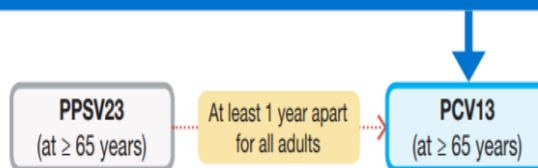
### Pneumococcal vaccine timing for adults 65 years or older

For those who have not received any pneumococcal vaccines, or those with unknown vaccination history



- Administer 1 dose of PCV13.
- Administer 1 dose of PPSV23 **at least 1 year** later for most immunocompetent adults or **at least 8 weeks** later for adults with immunocompromising conditions, cerebrospinal fluid leaks, or cochlear implants. See Table 1 for specific guidance.

For those who have previously received 1 dose of PPSV23 at ≥ 65 years and no doses of PCV13



- Administer 1 dose of PCV13 **at least 1 year** after the dose of PPSV23 for all adults, regardless of medical conditions.

### Eligibility

Medicare Part B covers two separate pneumonia vaccines. Part B covers the first shot if you have never received Part B coverage for a pneumonia shot before. You are covered for a different, second vaccination one year after receiving the first shot.

You are not required to provide a vaccination history when receiving the pneumonia vaccine. You can verbally tell the health care professional administering the shot if/when you have received past shots.

### Costs

If you qualify, Original Medicare covers pneumonia shots at 100% of the Medicare-approved amount when you receive the service from a participating provider. This means you pay nothing (no deductible or coinsurance). Medicare Advantage Plans are required to cover pneumonia shots without applying deductibles, copayments, or coinsurance when you see an in-network provider and meet Medicare's eligibility requirements for the service.

During the course of your pneumonia shot, your provider may discover and need to investigate or treat a new or existing problem. This additional care is considered diagnostic, meaning your provider is treating you because of certain symptoms or risk factors. Medicare may bill you for any diagnostic care you receive during a preventive visit.



## **GREENE COUNTY DEPARTMENT of HUMAN SERVICES** **CONTRIBUTIONS POLICY**

For services under the Older Americans Act and in Community Services for the Elderly and Expanded In-Home Services for the Elderly projects which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions.

**Services will not be denied to anyone unable or unwilling to make a contribution.**

**CONSULTATION and ASSISTANCE:** This includes such client assistance activities as case assistance, HIICAP, help with public benefit applications, etc.

The suggested level of contribution is \$5.00 per office visit (*Actual cost \$20.00/hour*).

**IN-HOME SERVICES:** This is discussed with the client by the case manager at the time of assessment.

The suggested level of contribution is \$3.00 per hour (*Actual cost \$21.56/hour*).

### **LEGAL SERVICES**

The suggested level of contribution is \$10.00 per attorney consultation (*Actual cost \$149.00/hour*).

### **NUTRITION:**

#### **Senior Congregate Meal or Home Delivered Meals:**

The suggested level of contribution is \$4.00 (*Actual cost \$12.01/meal*).

**Nutrition Counseling** - Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute.

The suggested level of contribution is \$5.00. (*Actual cost \$65.00/hour*).

### **TRANSPORTATION:**

#### **Shopping Bus**

The suggested level of contribution is \$3.00 round trip (*Actual cost \$15.08/one way*).

#### **Senior Center Transportation**

The suggested contribution is \$1.00 for round trip (*Actual cost: \$7.34/one way*).

**Medical (Homebound) Transportation** All tolls are to be paid directly by the passenger.

The suggested contribution for this service is a sliding scale based on mileage

0 – 10 miles	\$3.00 round trip
11 – 20 miles	\$5.00 round trip
21 – 40 miles	\$9.00 round trip
41+ miles	\$15.00 round trip

(*Actual cost is \$29.62 one-way trip, maximum mileage*)





*Tami Bone and Ed Bloomer  
for your donation  
In Memory of Charlie Baker*

*Laura Harvey  
for your donation  
In Memory of your husband, Richard Harvey*

*Mary Jean Pomilla  
for your donation  
In Memory of Arthur Mayo*



*Athens Rivertown Senior Crafters  
for the beautiful  
"Walker Carrier Bags"*

*Piecemakers of Cairo  
for the quilted and crocheted lap robes*

*Both were used as Senior Angels' gifts.*

### **THANK YOU FOR YOUR SUPPORT**

As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates donations. If you or your family are in a position to do so, please fill out the form below. One hundred percent of your contribution will be used to provide service to another older adult in need.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

I designate a \$ \_\_\_\_\_ donation in appreciation for services **OR**

In memory of \_\_\_\_\_ to the following:

- |  |                         |                             |
|--|-------------------------|-----------------------------|
| _____ Round Table News                       | _____ In-home services  | _____ Senior Angels Program |
| _____ Nutrition Program/Home-delivered Meals |                         | _____ Round Table News      |
| _____ Homebound transportation               | _____ Where most needed |                             |

Make checks payable & mail to:  
Greene County Dept. of Human Services  
411 Main Street  
Catskill, N.Y. 12414





Driving requires the ability to react quickly to a variety of circumstances. Because of this, a person living with Alzheimer's will, at some point, be unable to drive. Planning ahead can help ease the transition. Plan to discuss how retirement from driving will be handled before it becomes an issue. Be sympathetic as you address the topic because retiring from driving and the perceived loss of independence is difficult for many. It is important to acknowledge a person's feelings and preserve his or her independence, while ensuring the person's safety and the safety of others.

### **Warning signs of unsafe driving:**

- |   |   |
|---|---|
| Forgetting how to locate familiar places                      | Failing to observe traffic signs                |
| Making slow or poor decisions in traffic                      | Driving at an inappropriate speed               |
| Becoming angry or confused while driving                      | Hitting curbs                                   |
| Using poor lane control                                       | Making errors at intersections                  |
| Confusing the brake and gas pedals                            | Returning from a routine drive later than usual |
| Forgetting the destination you are driving to during the trip |   |

### **In starting the conversation:**

- Initiate a dialogue to express your concerns. Stress the positive and offer alternatives.
- Address resistance while reaffirming your unconditional love and support.
- Appeal to the person's sense of responsibility.
- Ask your physician to advise the person not to drive. Involving your physician in a family conference on driving may be more effective than trying to persuade the person not to drive by yourself. Ask the physician to write a letter or prescription stating that the person with Alzheimer's must not drive. You can then use the document to remind your family member what's been decided.
- Consider an evaluation by an objective third party.

Some people give up driving easily, but for others this transition can be very difficult. Be prepared for the person to become angry with you, due to the memory and insight issues that are part of Alzheimer's. Remember to:

- Be patient and firm. Demonstrate understanding and empathy.
- Acknowledge the pain of this change and appeal to the person's desire to act responsibly.
- Ask a respected family authority figure or your attorney to reinforce the message about not driving.
- If the conversation does not go well, do not blame yourself. The disease can impair insight and judgment, making it difficult for people to understand that their driving is no longer safe. Also the disease can cause mood and personality changes that make reactions more pronounced.
- As a last resort, take away the car keys, disable the car or consider selling the car. When you do any of these things, be sure to provide safe, reliable alternative transportation.

### **Alternative transportation options**

There are options available that will allow individuals to continue to travel independently and remain in control of their mobility. Try being a passenger rather than the driver by having family members and friends provide transportation. Older adults can use local community services for special transportation. Take advantage of delivery service for prescription medicines, groceries or meals.

*(Courtesy of the Alzheimer's Association)*



the compassion to care, the leadership to conquer®

## SUPPORT GROUP MEETINGS

1st monthly Wednesday, 3:00 p.m.  
The Pines at Catskill  
154 Jefferson Heights, Catskill

3rd monthly Wednesday, 6:00 p.m.  
Heermance Memorial Library  
1 Ely Street, Coxsackie

Contact Sana Masih  
518-867-4999, Ext. 209 or email [srmasih@alz.org](mailto:srmasih@alz.org)

### TELEPHONE SUPPORT GROUP:

1st monthly Wednesday, 10:00 a.m.  
712-770-4010, Access code #919600  
Facilitator: Jim Hardman 518-915-3115

[www.alz.org](http://www.alz.org)

The Northeastern Association of the Blind at Albany (NABA)  
& Bethany Village Present:

## “Independent Living with Aging Vision”

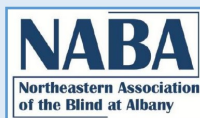
Thursday, February 20th, 2020  
1:00PM to 2:00PM

In The Hall at Bethany Village



An engaging presentation designed for adults to learn about the leading causes of vision loss, early warning signs, eye health, vision rehabilitation therapy and low vision adaptive aids, such as magnifiers, large print and talking items.

Questions? Call Ann Gallo,  
Service Coordinator  
518-731-8785



[www.naba-vision.org](http://www.naba-vision.org)



[www.mycrmrental.com/property/bethany-village/](http://www.mycrmrental.com/property/bethany-village/)

# PHILIPS

## Lifeline

## Philips Lifeline helps people live more safely and independently.

As the innovator of Lifeline—the #1 medical alert service—we understand the challenges seniors face. For more than 45 years, we've been helping older adults live independently. Our medication dispensing service is designed to be just as trusted and easy to use as our help buttons, giving older adults the confidence to keep living on their own.



### Philips Medication Dispenser

A simple way to manage even complex medication regimens. The Philips Medication Dispenser is designed to reduce the health risks associated with medication errors.



### GoSafe 2

The first all-in-one system from Philips Lifeline, the GoSafe 2 provides fast access to help whenever and wherever you need it<sup>1</sup>. It also has our automatic fall detection technology, AutoAlert<sup>2</sup>, for an additional layer of protection.

**Do you have a PERS (Personal Emergency Response System) through Greene County Department of Human Services? If so, contact your Case Manager for details or further assistance.**

For more information on Philips Lifeline call:  
Northeast Home Medical Supplies  
15 N. Lincoln Drive, Cairo, NY 12413  
1-800-533-8954 x54115 –or–  
518-622-8108 x103



1. GoSafe 2 coverage inside and outside the home is provided where AT&T wireless network coverage is available.
2. AutoAlert does not detect 100% of falls. If able, users should always push their button when they need help.

# GREENE COUNTY SENIOR CITIZENS CLUBS



## ATHENS:

### **ATHENS SENIOR CITIZENS**

2nd & 4th monthly Monday, 1:15 p.m.  
Rivertown Senior Center

## CAIRO:

### **CAIRO GOLDEN AGERS**

2nd & 4th monthly Wednesday, 1:30 p.m.  
Acra Community Center

## CATSKILL

### **CATSKILL SILVER LININGS**

2nd monthly Thursday, 1:00 p.m.  
Robert J. Antonelli Senior Center

## GREENVILLE:

### **GREENVILLE GOLDEN YEARS**

1st monthly Wednesday, 1:30 p.m.  
American Legion Hall

## COXSACKIE:

### **COXSACKIE AREA SENIORS**

2nd & 4th monthly Wednesday, 1:30 p.m.  
Van Heest Hall, Bethany Village

## **SENIOR CITIZENS of COXSACKIE**

1st & 3rd monthly Monday, 1:30 p.m.  
Coxsackie Senior Center

## MOUNTAIN-TOP:

### **MOUNTAIN TOP GOLDEN AGERS**

4th monthly Thursday, 1:30 p.m.  
Tannersville Village Hall

## **W-A-J-P-L GOLDEN AGE CLUB**

1st & 3rd monthly Monday, 1:30 p.m.  
Hensonville Town Bldg.

## IMPORTANT NOTE:

NEITHER GREENE COUNTY NOR THE DEPARTMENT OF HUMAN SERVICES ENDORSES ANY SENIOR CLUB ACTIVITY. WE MERELY PASS THE INFORMATION ALONG AS A COURTESY TO THE SENIOR CLUBS. FOR FURTHER INFORMATION, CONTACT THE SPECIFIC CLUB SPONSORING THE EVENT.



### **WAJPL Golden Age Club 2020 Day Trips**

- APRIL 22 BROWNSTONE (PATTERSON, NJ)  
**GREATEST SINGING GROUPS OF THE 50s & 60s**  
\$63
- APRIL 30 PROCTOR'S "CATS" \$80  
W/ LUNCH AT GLEN SANDERS MANSION
- JUNE 18 SPRINGFIELD, MASS. \$15  
ARMORY NATIONAL HISTORIC SITE  
& MGM CASINO
- LOG CABIN (HOLYOKE, MASS.) - 2 TRIPS
- JULY 28 ROD STEWART TRIBUTE \$65
- AUGUST 4 BILLY JOEL TRIBUTE \$62

TO MAKE RESERVATIONS,  
CALL MARY LOUISE 518-622-3397  
OR VICKY 518-734-4164

### **Mountain Top Golden Agers 2020 Day Trips**



- MAY 21 CLOVE CREEK DINNER THEATER  
**"OVER THE RIVER & THROUGH THE WOODS"**  
COMEDY SHOW  
\$65 MEMBERS \$70 NON-MEMBERS
- JULY 15 WESTCHESTER DINNER THEATER  
**"9 TO 5, THE MUSICAL"**  
BASED ON 1980 HIT MOVIE  
\$63 MEMBERS \$68 NON-MEMBERS

TO MAKE RESERVATIONS,  
CALL CHRISTOPHER @ 518-589-5815

CATSKILL SILVER LININGS SENIOR CLUB BUS TRIP

**POLISH FESTIVAL**  
**HOTEL ANTHRACITE**  
**CARBONDALE, PA**



**APRIL 1, 2020**

\$77 PER PERSON

MOTOR COACH TRANSPORTATION  
EAT, DRINK, DANCE, LAUGH, LET LOOSE AND HAVE FUN!  
UPON YOUR ARRIVAL, YOU'LL BE TREATED TO COFFEE AND APPLE STREUSEL.  
FREE TIME TO BROWSE THE ARTISAN JEWELRY, GIFTS,  
AND LOCAL SPECIALTY FOODS AVAILABLE FOR PURCHASE.  
OPEN BAR (BEER, WINE, AND SODA) AVAILABLE THROUGHOUT THE DAY.  
THE DANCE FLOOR WILL BE OPEN.  
GOOD OLD FASHION POLKA MUSIC FEATURING THE POLKA PUNCH BAND.  
FAMILY STYLE LUNCH FEATURING SUCH POLISH FAVORITES OF  
BORSCHT, KIELBASA, GESTA POTRANKS MYSLINKA (BEEF STEW),  
HALUSKI, PIEROGIES, PLACKI KARTOFLANE (POTATO CAKES)  
AND OTHER FINE POLISH FOODS!  
AS YOU DEPART FOR HOME, YOU WILL BE TREATED TO A SNACK.

FOR FURTHER INFORMATION OR TO MAKE A RESERVATION,  
CALL GEORGIE AT 518-622-3257

CATSKILL SILVER LININGS SENIOR CLUB BUS TRIP

**FOXWOODS/MOHEGAN SUN**



**APRIL 27 - 28, 2020**

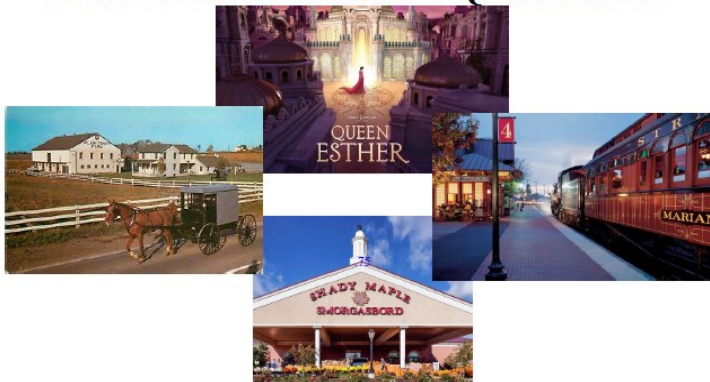
\$220 DOUBLE OCCUPANCY \$265 SINGLE OCCUPANCY

6 HOURS AT MOHEGAN SUN  
TWO FULL LUNCH BUFFETS AT MOHEGAN SUN  
OVERNIGHT LODGING AT FOXWOODS  
FULL DINNER & BREAKFAST BUFFET AT FOXWOODS  
SHOPPING AT TANGERS OUTLETS W/ DISCOUNTS  
PRIVATE VIP SCREENING OF 1<sup>ST</sup> RUN MOVIE  
CHOICE OF GOURMET SANDWICH W/ GLASS OF WINE, BEER OR SOFT DRINK  
BAGGAGE HANDLING, TAXES & SERVICE CHARGES INCLUDED  
\$30 FREE BETS \$10 SLOT PLAY

FOR FURTHER INFORMATION OR TO MAKE A RESERVATION,  
CALL GEORGIE AT 518-622-3257

COXSACKIE SENIORS' BUS TRIP

**PENNSYLVANIA AMISHLANDS**  
**FEATURING SIGHT & SOUND'S "QUEEN ESTHER"**



**APRIL 27 - 29, 2020**

\$395 PER PERSON/DOUBLE OCCUPANCY \$495 PER PERSON/SINGLE OCCUPANCY

MOTOR COACH TRANSPORTATION  
TWO NIGHTS LODGING W/ BREAKFAST  
TWO DINNERS INCLUDING FAMILY-STYLE DINNER  
& SHADY MAPLE SMORGASBORD  
PERFORMANCE OF "QUEEN ESTHER" AT SIGHT & SOUND THEATRE  
RIDE ON STRASBURG RAILROAD  
KITCHEN KETTLE VILLAGE  
THE MARKET @ THE WILBUR  
SOUVENIR GIFT, LUGGAGE HANDLING, TAXES & MEAL GRATUITIES

FOR FURTHER INFORMATION OR TO MAKE A RESERVATION,  
CALL LINDA WILKINSON AT 518-731-8648

CATSKILL SILVER LININGS SENIOR CLUB BUS TRIP

**ACE IN THE HOLE PRODUCTION**  
**A TRIBUTE TO DEAN MARTIN**  
**THE BROWNSTONE, PATERSON, NJ**

**"THAT'S AMORE"**

A Tribute to  
**Dean Martin**  
*The One and Only*

America fell in love early on with Dean in the early days of Martin & Lewis. After their successful run Dean went on to record, act in major motion pictures and had a huge TV show and became the premier celebrity roast show of it's time.

Come see the renowned performer Johnny Pettilo and his uncanny tribute to Dean Martin with The Fantastic Peter Lieberman as well providing the music!!

Family Style Menu  
2 Complimentary Drinks  
Fresh Garden Salad  
Hot Hors d'oeuvres  
Chicken Marsala  
Roast Pork  
Roast Potatoes  
Fresh Vegetables  
Dessert, Coffee, Tea, Soft Drinks on Table all day

**Johnny Pettilo**

**Peter Lieberman**

**MAY 6, 2020**

\$88 PER PERSON  
TRANSPORTATION  
LUNCHEON  
SHOW & DANCING

FOR FURTHER INFORMATION OR TO MAKE A RESERVATION,  
CALL GEORGIE AT 518-622-3257



## WILLIAMSBURG & CHARLOTTESVILLE

With Berkeley Plantation & Thomas Jefferson's Monticello

5 DAYS - 4 NIGHTS

MAY 11 - 15, 2020

**\$689 per person** *double occupancy*  
**\$649 per person** *triple occupancy*  
**\$888 per person** *single occupancy*

Colonial Williamsburg



### PACKAGE INCLUDES:

- \* 4 Nights lodging
- \* 4 Breakfasts
- \* Buffet Lunch at Historic Michie Tavern
- \* 3 Dinners including Captain George's Smorgasbord
- \* 2-Day Ticket to Colonial Williamsburg
- \* Guided Tour of Colonial Williamsburg
- \* Self-guided tour of Jamestown Settlement
- \* Tour of Thomas Jefferson's *Monticello*
- \* Admission to Berkeley Plantation
- \* Drive-by University of Virginia
- \* Souvenir gift
- \* Luggage handling
- \* Taxes and meal gratuities
- \* Motorcoach transportation

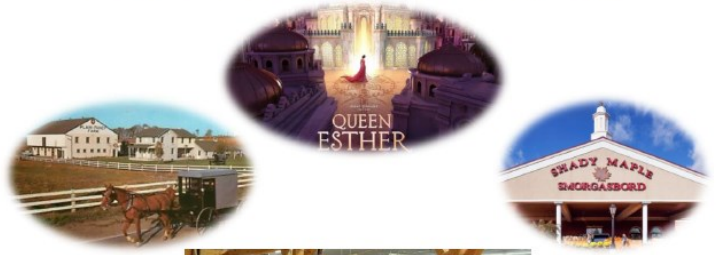
Cancellation insurance available upon request; see reverse side

### FOR INFORMATION AND RESERVATIONS CONTACT:

**WAJPL GOLDEN AGE CLUB**  
**Mary Louise (518) 622-3397**  
or  
**Vicky (518) 734-4164**

WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 \* 610-775-5000 \* 800-437-2323 \* www.whitestartours.com

## CATSKILL SILVER LININGS BUS TRIP PENNSYLVANIA AMISHLANDS



MAY 18 - 20, 2020

\$475 PER PERSON/DOUBLE OCCUPANCY \$575 PER PERSON/SINGLE OCCUPANCY  
\$25 Deposit due upon signing up; Balance due by March 12, 2020

### MOTOR COACH TRANSPORTATION

TWO NIGHTS LODGING W/ BREAKFAST  
LUNCH & HIGH TEA AT STIRLING MANSION  
TWO DINNERS INCLUDING BIRD IN HAND RESTAURANT  
& SHADY MAPLE SMORGASBORD

PERFORMANCE OF "QUEEN ESTHER" AT SIGHT & SOUND THEATRE  
AMERICAN MUSIC THEATRE'S "BRITAIN'S BEST"  
KITCHEN KETTLE VILLAGE BIRD-IN-HAND FARMER'S MARKET  
SOUVENIR GIFT, LUGGAGE HANDLING, TAXES & MEAL GRATUITIES

FOR FURTHER INFORMATION OR TO MAKE A RESERVATION,  
CALL GEORGIANNA RAMSAY AT 518-622-3257

## CATSKILL SILVER LININGS BUS TRIP MGM SPRINGFIELD CASINO



JUNE 8, 2020

\$24 PER PERSON

MOTOR COACH TRANSPORTATION  
CASINO PACKAGE

FOR FURTHER INFORMATION OR TO MAKE A RESERVATION,  
CALL GEORGIANNA RAMSAY AT 518-622-3257

## ACE IN THE HOLE'S EXCITING 2020 SEASON "TRIBUTE TO CAROLE KING"

Brownstone-May 28, 2020



With the recent success of the hit Broadway play  
"Beautiful"

Ace In The Hole is paying tribute to the iconic  
songwriter and singer Carole King!!

This fantastic lady is responsible for so many  
incredible hits such as

"Will You Still Love Me Tomorrow",

"You've Got a Friend", "Natural Women" &

"I Feel The Earth Move"

This is going to be Spectacular!!!

Book now, This show is going to sell quickly!!



Starring Deb De Lucca &

### Family-Style Menu

- 2 Complimentary Drinks
- Warm Rolls
- Fresh Garden Salad
- Chicken Gumbo Soup
- BBQ Chicken
- Stuffed Lamb of Park
- Rice Pilaf
- Fresh Vegetable Medley
- Dessert
- Coffee, Tea, Decaf



Sweet Seasons

\$60.00 members  
\$65.00 non-member

CAIRO GOLDEN AGERS  
Anna Ruth Greer  
226 Brown Road  
East Durham, NY 12423  
(518) 239-4048

**GREENVILLE GOLDEN YEARS BUS TRIP**

**“SONNY & CHER  
VARIETY SHOW”**

FEATURING TOMMY WALKER & RYAN KELLY



**THE BROWNSTONE, PATERSON, N. J.**



**JUNE 9, 2020**

**\$60 INCLUDES**

LAUGH WITH COMIC, UNCLE FLOYD

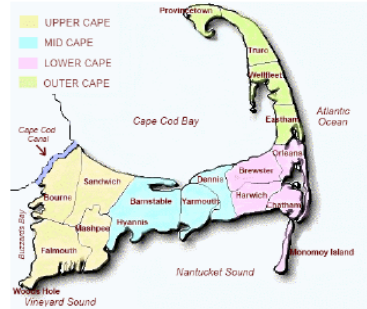
FAMILY STYLE MEAL:  
2 COMPLIMENTARY DRINKS DURING HAPPY HOUR  
FRESH GARDEN SALAD W/ ROLLS  
CORN CHOWDER  
BRAISED BEEF TIPS  
ROAST CHICKEN  
MASHED POTATOES  
FRESH VEGETABLE MEDLEY  
DESSERT  
HOT BEVERAGES - SODA

BOUTIQUE SHOPPING  
DOOR PRIZES 50/50 DRAWINGS

FOR FURTHER INFORMATION, CALL PHYLLIS AT 518-943-9028

**MOUNTAINTOP GOLDEN AGERS BUS TRIP**

**CAPE COD, MASSACHUSETTS  
INCLUDING CHATHAM & PLYMOUTH**



**SEPTEMBER 8 – 11, 2020**

**\$534 PER PERSON, DOUBLE OCCUPANCY  
\$673 PER PERSON, SINGLE OCCUPANCY**

**\$100 DUE WITH RESERVATION, \$300 DUE JUNE 5, BALANCE DUE BY JULY 20  
MAIL RESERVATION TO: MOUNTAIN TOP GOLDEN AGERS**

**PO BOX 818  
TANNERSVILLE, NY 12485**

**MOTORCOACH TRANSPORTATION  
3 NIGHTS LODGING W/ BREAKFAST & DINNER**

**ESCORTED TOURS OF:  
PROVINCETOWN, CHATHAM, HYANNIS  
PLYMOUTH & PLYMOUTH ROCK  
HISTORIC SANDWICH**

**HYANNIS HARBOR CRUISE W/ VIEW OF KENNEDY COMPOUND  
BEACH TIME - SOUVENIR GIFT - LUGGAGE HANDLING  
MEAL GRATUITIES**

FOR FURTHER INFORMATION, CALL CHRISTOPHER AT 518-589-5815

**CATSKILL SILVER LININGS BUS TRIP**

**WINDSOR, ONTARIO**



**SEPTEMBER 14 - 19, 2020**

**\$850 PER PERSON/DOUBLE OCCUPANCY  
\$1,130 PER PERSON/SINGLE OCCUPANCY  
\$820 PER PERSON/TRIPLE OCCUPANCY**

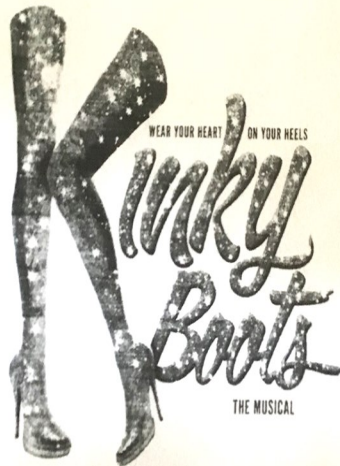
\$25 deposit due with reservation - Valid passport required when traveling into Canada

**MOTOR COACH TRANSPORTATION  
OVERNIGHT LODGING TO/FROM WINDSOR, ONTARIO  
3 NIGHTS LODGING AT CAESAR'S WINDSOR CASINO  
W/ MARKET PLACE BUFFET DINNER & TWO \$15 MEAL VOUCHERS  
4 BREAKFASTS & 1 LUNCH WINDSOR RIVER CRUISE  
ROCK 'N' ROLL HALL OF FAME MOTOWN-HITSVILLE USA  
ROARING TWENTIES RUM RUNNERS TOUR  
(Greeting by Legendary Bertha Thomas at a riverfront roadhouse, visit church made famous by the Fighting Parson, meet "King Canada" & buffet lunch at a speakeasy)  
ROAD THAT LED TO FREEDOM TOUR  
(Underground Railroad sites of Sandwich Baptist Church, John Freeman Walls Underground Railroad Site/Museum, North Buxton National Historic Site & Uncle Tom's Historic Site)  
CHARLES H. WRIGHT MUSEUM OF AFRICAN AMERICAN HISTORY  
SOUVENIR GIFT, LUGGAGE HANDLING IN ONTARIO, TAX & MEAL GRATUITIES**

FOR FURTHER INFORMATION OR TO MAKE A RESERVATION,  
CALL GEORGIANNA RAMSAY AT 518-622-3257

**WESTCHESTER BROADWAY  
THEATRE**

September 30, 2020



THE MUSICAL

BOOK BY HARVEY FIERSTEIN  
MUSIC BY CYNDI LAUPER

lunch included

**CAIRO GOLDEN AGERS  
Anna Ruth Greer  
228 Brown Road  
East Durham, NY 12423  
(518) 239-4048**

**\$65.00 members  
\$70.00 non-members**

**CATSKILL SILVER LININGS SENIOR CLUB BUS TRIP**



**AQUA TURF CLUB - PLANTSVILLE, CT**

Aqua Turf style German food accompanied by German, Polka & American Music!  
Daigle's Beer Hall Boys have been playing nationwide since 2001.  
Show them how you can dance!

**OCTOBER 19, 2020**

**\$71 PER PERSON**

**TRANSPORTATION  
COMPLIMENTARY COFFEE & DONUTS  
LUNCHEON:  
Salad, Pasta, Lemon Chicken, Pork Schnitzel,  
Kartoffelgratin, Sauerkraut & Dessert  
COMPLIMENTARY GLASS OF BEER OR WINE  
SHOW & DANCING**

FOR FURTHER INFORMATION OR TO MAKE A RESERVATION,  
CALL GEORGIE AT 518-622-3257

# News From the Greene County Youth Bureau

## NOMINATIONS SOUGHT for 2019 YOUTH OF THE YEAR AWARD



The Greene County Children, Youth & Community Advisory Board is sponsoring the 2019 Youth of the Year Award. The purpose of the award is to recognize the achievements of Greene County youth who have made outstanding contributions in serving his/her community through leadership, knowledge, skill and/or service. The dedication of these young people help make Greene County a better place for us all.

If you know a young person, in Grade 9 - 12, who deserves this recognition, contact the Greene County Department of Human Services at (518) 719-3555 for an official nomination form. From the nominations received, the youth will be evaluated by the selection committee to determine this year's winner. Winners will be recognized at the annual Greene County Youth Fair.

For further information, contact the department. Deadline for entries is March 31, 2020.

## **PAUL and MARIA MORRA SCHOLARSHIP TRUST**

The purpose of this scholarship trust is to honor the lives of Paul and Maria Morra (trust benefactors) and their commitment to preserving the natural resources of our region.

**Complete application packet must be received by April 1, 2020.** Scholarship selection is not based solely on academic standing but greater emphasis is placed on interest and motivation of the student to excel in their chosen field of study. Recipients are chosen by a selection committee whose recommendations are approved by the CCE Board of Directors. Their decision is final. The number of scholarships awarded is based on available funds with the average scholarship amount being \$1,000. The scholarship check will be sent directly to the academic institution upon receipt of a copy of the student's tuition bill and college mailing address.

### **ELIGIBILITY:**

- *Current resident of Greene or Columbia County who is enrolled in an accredited academic institution including public colleges, private colleges, universities, community colleges and trade schools.*
- *Pursuing further academic work in the field of horticulture, agriculture, forestry or natural resources.*
- *Excluded from applying are: Past Morra scholarship recipients, current Cornell Cooperative Extension of Columbia and Greene Counties Board members and staff, as well as their immediate family (significant other and children).*

### **APPLICATION PACKET MUST INCLUDE:**

- *Attached cover sheet & one 500 word essay (your own Word document)*
- *Two letters of recommendation (References must complete CCE form & send directly to CCE)*
- *Most recent high school or college transcript*
- *Photo suitable to use for promotional press release*

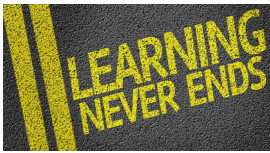
### **WANT AN APPLICATION FORM? HAVE QUESTIONS?**

Contact Linda Tripp, [Llke2@cornell.edu](mailto:Llke2@cornell.edu) or call 518-318-1193

A huge congratulations to William O'Connor for passing his NYS Emergency Medical Technician exam and becoming an EMT! Will is a member of the Greene County Children, Youth & Community Advisory Board.







## ADULT LEARNING INSTITUTE (ALI) FEB. 2020 PROGRAMS

All are held at Columbia - Greene Community College, 4400 NY RT 23, Hudson  
1:30 p.m. - 4:00 p.m. Faculty/Staff Lounge, unless otherwise noted  
Please call the ALI Office @ 518-828-4181, ext. 3431,  
or email [ali@sunycgcc.edu](mailto:ali@sunycgcc.edu) to register.

Monday, February 3

Open Pinochle Group

Tuesday, February 4, 11, 18, 25

1:00 p.m. - 4:00 p.m.

Bridge Group w/ Lessons

Wednesday February 5, 12, 26

Mahjonn

Thursday, February 27

10:30 a.m. - 12:00 p.m.

All About Equine Animal Rescue

Presented by Lisa Herman, Executive Director, Odds & Ends Equine Sanctuary

### SHADES OF IRELAND” Trip - October 3 - 12, 2020

\$500 deposit due March 27, 2020 (Refundable up to April 3, 2020)

Final payment- Aug. 4, 2020 Contact ALI office for further information



ARE YOU A GOOD LISTENER? NON-JUDGMENTAL?  
GOOD COMMUNICATOR?  
BECOME A COMMON GROUND VOLUNTEER  
MEDIATOR!

Basic Mediation and  
Custody Visitation Mediation  
Training – Hudson NY

Common Ground is looking for volunteer  
mediators to serve in our community-  
based and Family Court Mediation  
programs.

Common Ground is a non-profit  
mediation center, serving Greene &  
Columbia Counties, funded in part  
through a grant from the NYS Unified  
Court System. Resumes with letter of  
interest to:

[dwallant@commongroundinc.org](mailto:dwallant@commongroundinc.org) or mail,  
Dawn Wallant, Executive Director,  
Common Ground Dispute Resolution Inc.,  
11 William St., Catskill NY 12414

For more information call 518-943-0523



Training Dates: Basic Mediation: March 18-21  
2020; Custody/Visitation: 3/27-28 2020. World  
Renowned Trainer, Duke Fisher.

Recommended Contribution: \$125.00 for both trainings.  
(Standard individual tuition is \$1,500 for both trainings)

**common ground**

A Non-Profit Organization

COMMON GROUND DISPUTE RESOLUTION  
INC  
11 William St., Catskill NY 12414  
518 943 0523 [www.commongroundinc.org](http://www.commongroundinc.org)

# SALON 255 LTD

## You look fabulous!

Presents...

1<sup>st</sup> Annual

### Cancer Patient Aid

# CUT - A - THON

• Make a difference with one haircut •

SAT.  
1pm-4pm

# Feb. 8<sup>th</sup>

Cuts  
\$25.00



Every cut benefits...

Raffles  
50/50

Greene County Women's League Cancer Patient Aid

[www.greenecountywomensleague.com](http://www.greenecountywomensleague.com)

**Location:** 255 Mansion St., Coxsackie, NY • 518-731-2559



**GREENE COUNTY ROUND TABLE NEWS**  
is published monthly by  
**GREENE COUNTY DEPARTMENT of HUMAN SERVICES**  
411 Main Street, Catskill, NY 12414  
(518) 719-3555 Toll Free (877) 794-9266  
aging@discovergreene.com

**EXECUTIVE DIRECTOR - THÉRÈSE MCGEE WARD**

**BUSINESS MANAGER:** Ken Brooks  
**AGING DEPARTMENT COORDINATORS:**  
Aging Services - Connie Bentley  
Nutrition - Tezera Pulice-Hanselman  
Volunteer Services - Ruth Pforte

Staff:

<b>CASE MANAGERS:</b>	Andrea Benjamin-Legg Cortney Carlson	Tami Bone Danielle Kane-Wade
<b>ADMINISTRATIVE ASSISTANT:</b>	Maureen Murphy	
<b>AGING SERVICES SPECIALIST:</b>	Nicole Noll	
<b>AGING SERVICES AIDE:</b>	Rose Bundy	
<b>RECEPTIONIST:</b>	Mary Jean Pomilla	
<b>SHOPPING BUS DRIVER:</b>	Janet Osborn	
<b>NUTRITION VAN CHAUFFEURS:</b>	Dave Mokszycki	Patrick Murphy
<b><u>YOUTH SERVICES WORKERS:</u></b>	Carrie E. Wallace	Laura Anderson

The office is open 8:30 a.m. - 5:00 p.m. Monday thru Friday, though staff are unavailable to be seen between 12 Noon and 1:00 p.m.

**Agency staff specialize in a variety of subjects. While walk-ins can sometimes be seen, staff who can best assist you may be unavailable at times. We recommend you call ahead for an appointment. Appointments ARE NOT scheduled between 12:00 p.m. and 1:00 p.m.**

**The Greene County Round Table News is available for free at our senior nutrition sites, area libraries, banks, post offices, and senior facilities throughout Greene County, and is available electronically. To be added to or removed from our circulation list, call (518) 719-3555 or email [aging@discovergreene.county](mailto:aging@discovergreene.county).**