



VIRTUAL PUBLIC HEARING **GREENE COUNTY DEPT. of HUMAN SERVICES** **2021 PLAN for SERVICES**

The Public Hearing normally is held in person at various locations throughout the county. COVID-19 has made this difficult to accomplish. We will therefore be conducting a virtual public hearing. The way this will work is that we publish this notice in the Round Table News, Facebook and the county website first. This will address the plan of service for 2021. Then we will be accepting questions or comments. Comments could include answers to one or more of the following questions.

- 1. What new services would you like to see provided by Office for the Aging?**
- 2. Are there any changes you'd like to see in our services?**
- 3. Any other general comments related to future services for seniors?**

Anyone interested may submit questions or comments through the 15th of September by calling Maureen at 518-719-3555, mailing them to Greene County Department of Human Services, 411 Main Street, Catskill, New York 12414 Attn: Public Hearing, sending an email to aging@discovergreene.com, Subject: Public Hearing or sending us a message on our Facebook page Greene County Department of Human Services, Subject: Public Hearing.

Your comments are important and are used in the planning process for 2021. Please share your ideas and ask questions. When we receive input, we will then post the comments, suggestions, questions and answers in the Round Table News, Facebook and the county website.

Overview

The Department of Human Services provides a network of distinct services designed to meet the needs of the more than 11,800 older residents of Greene County. These services are offered through a combination of subcontracted programs and direct services provided by the Department staff and volunteers. The Department operates from six locations situated throughout the county. They are Acra, Athens, Catskill (2), Coxsackie and Jewett. Acra, Athens and Jewett are "cooking meal sites". Coxsackie and Catskill are meal sites that have the cooked food delivered from Athens which is the Central Kitchen. The other location in Catskill is the main office which is situated on the second floor, Main Street entrance of the county building at 411 Main St.

The Department of Human Services/Aging consists of 30 full time, part time and per diem employees and over 200 active volunteers that provide services from five senior service centers and

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Virtual, Cont. from Page 1

the Department's main office. A fleet of vehicles is utilized for transportation of seniors, food and staff. Our staff numbers are down from previous years. Presently we are without 9 members of the Nutrition staff and 2 members of the Services staff. Many staff are doing double duty. Although there is a "hiring freeze" in the county, we have been given permission to hire the essential staff that is needed to maintain the Home Delivered Meal Program.

The Department of Human Services' main office provides information and assistance, legal services with the assistance of a contracted attorney, caregiver support, energy assistance, entitlement and health insurance counseling, transportation and the operation of volunteer programs. An additional supportive service coordinated through the main office is transportation to medical appointments. Long term care services such as case management, homemaker/personal care services, home delivered meals; respite services, and personal emergency response systems provide necessary support to homebound older persons. Prior to COVID-19, over 100 seniors per day enjoyed a noon-time dinner at the 5 Senior Service Centers at which various social, health, recreational and educational activities are scheduled each month. Over 225 meals were prepared and delivered daily to the homes of homebound from these 5 locations.

COVID-19 has changed our operations. Our meal sites were temporarily closed to the general public. Those individuals that normally attended a meal site were given the option of "take out", which is normally prohibited, or they could get a meal delivered to their home. Pursuant to the Governor's orders our operations took on those seniors that opted for the meal delivery as well as those individuals under 60 that were disabled. Our numbers ballooned with an additional 130+ new meal clients and over 1,900 additional meals per month. We anticipate and hope that our centers will be fully open and active in 2021. We are planning that normal operations will begin when the Major Disaster Declaration (MDD) has been lifted. When new meal site managers are hired and trained we will be able to open the Cossackie site to staff and reconvene the meal delivery and take out from that location. We will continue to offer special evening meals during the year. Many 60 year olds are still working, and they are unable to take advantage of the centers. Information on these meals will be listed in the Round Table News.

2019 had 1,219 registered clients. 3,443 seniors however in total availed themselves of information or other services that did not require registration. This is an update from the 2019 annual report that stated 2,986 people received services. In addition to the services provided to seniors, the Department targets services to the caregivers of seniors, i.e. family and friends who are caring for an older person. The Department also educates and assists people under 60 with information about long term care. This program is called NY Connects. This program creates a No Wrong Door approach to services for seniors and the disabled.

The Department's revenues are received from a variety of sources including federal and state grants, fund-raising and client contributions. There is no fee for any of our services if you are age 60 or older and no older person is denied a service due to inability or unwillingness to pay. The only exception is for homemaking and personal care services for individuals who based on their income level are required to share in the cost of the care.

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Personal Care services are one of the most needed and one of the most difficult to arrange. The shortage of Aides in New York is an ongoing problem. We are working with the Association on Aging and New York State Office for the Aging on possible solutions. We are once again going to investigate the possibility of providing Consumer Directed services. Consumer Directed Services is a program that was developed to empower seniors and people with disabilities (Consumers) who receive home care services to enjoy greater flexibility and freedom of choice in obtaining services. Eligible Consumers directly employ and supervise Personal Assistants to help them with personal care. Instead of being dependent upon decisions made by strangers, Consumers have complete control over recruiting, hiring, training, supervising, and terminating their Personal Assistants.

Two new wheelchair accessible small buses went into service in the beginning of 2020. We will also be taking possession of a wheelchair accessible van late in 2020 or early 2021. These changes will enable us to serve more people that we were unable to serve in the past. The bulk of the cost was paid for through a grant from NYS Department of Transportation.

Aside from any items mentioned above, we do not plan on making any major changes to the services that we offer. Staffing and funding however are always things that may temporarily force us to adjust our programming.

In addition to this abstract, copies of the 2019 annual report have been posted on the county website's front page. Go to www.greenegov.com for an online copy or to view any county departments' report.





HOME ENERGY ASSISTANCE PROGRAM

Only open during the winter heating season, Mid-November through March

HEAP helps low-income New Yorkers pay their energy bills. If your bills are more than you can handle and your source of heat is Electricity, Propane, Natural Gas, Wood/Wood Pellets, Oil, Kerosene, Coal, or Corn, HEAP may be able to help you.

To be eligible for HEAP, applicants must be US citizens or qualified aliens **and** meet HEAP income guidelines and pay directly for heating costs or pay rent that includes heating costs. Federal HEAP Income Eligibility Guidelines are subject to change annually. For the most recent guidelines, please contact our office.

HEAP benefit amounts will vary depending on your household income and may be available if your heat is included in your rent. HEAP benefits will assist in paying heating bills and are not intended to be the total source of payment for winter heating expenses.

When applying for HEAP, applicants must provide all required documentation verifying identification of all household members, address, income, SS#, vendor relationship and vulnerability (age or disabled).

Regular HEAP benefits open in November each year. An eligible household may receive one regular HEAP benefit per program year. Regular benefits for households that pay directly for heat based on actual usage are paid directly to the vendor that supplies the household's primary source of heat.

After January 1, a HEAP emergency benefit component assists individuals who are facing an energy-related emergency, such as a utility termination notice or less than a quarter tank/ten-day supply of fuel. If you are eligible, a HEAP emergency benefit may be issued in addition to your regular HEAP benefit, if the regular benefit has been exhausted.

DURING COVID-19: If you received 2019 HEAP, you may have already received an application from New York State for the 2020-2021 Home Energy Assistance Program as part of their Early Outreach and Enrollment.

There is a change in the procedure due to COVID-19 when applying this year. We ask that **IF** you do not mail your application back to the office **and you wish to meet** with one of our representatives, **please call in advance** so an appointment can be scheduled for you. Our telephone number is 518-719-3555.

If this is the first year you will be applying for HEAP, applications will not be available until November. Once you receive, we ask that you call for an appointment or mail your application back to us.

We need to maintain social distancing and give each HEAP client the personal attention desired. Remember to wear a mask when you show for your appointment. Should you have any questions, please feel free to call and ask for HEAP information.

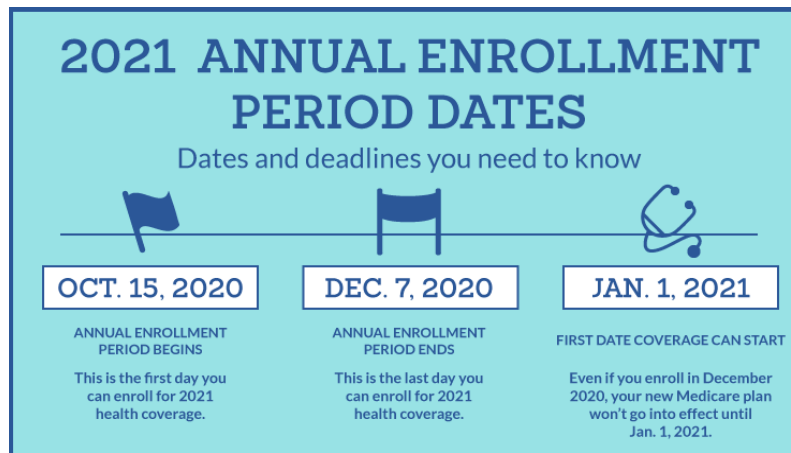
MEDICARE OPEN ENROLLMENT 2021



Medicare is a very important healthcare asset for many seniors and others requiring assistance with health insurance in the United States. Those who are eligible for Medicare can receive assistance and affordable healthcare to deal with the variety of health issues that can crop up as we age. Enrolling in Medicare can give you peace of mind for yourself or other aging family members for whom you may be caring.

Medicare Enrollment 2021, also known as the **Medicare OEP 2021**, runs between **October 15 and December 7, 2020**. During this annual enrollment period, individuals who qualify for Medicare can renew or change their Medicare policies. For instance, if you have an Original Medicare plan but want to switch to a Medicare Advantage plan, you can do so during this annual open enrollment period.

If you miss your initial enrollment period and the annual open enrollment period for Medicare, you might have to pay more to obtain Medicare coverage. Additionally, you might spend more because of pre-existing conditions that you have. If you enroll during your initial enrollment period or during an annual open enrollment period, you won't have to worry about your insurance rates increasing because of pre-existing conditions.



HOW TO GET HELP DURING THE MEDICARE ANNUAL ENROLLMENT PERIOD

Greene County Department of Human Services counselors are available to assist you through the process of enrolling for the first time or in changing your existing plan. We will have the new rates and updates for the plans in our area.

Many times our counseling sessions can be completed through telephone calls, followed by us sending you written material to review. When needed, we will meet face-to-face in our office.

For further information or to schedule an appointment with an insurance counselor, please call Nicole at 518-719-3555.

Please note, all COVID guidelines will be strictly enforced for appointments. We will maintain social distancing and give each client the personal attention desired. Remember you must wear a mask when you show for your appointment.



GREENE COUNTY SENIOR ANGELS

Spreading Cheer 365 Days a Year

Sponsored by Greene County Department of Human Services



*Greene County Department of Human Services announces the
kickoff of the 2020 Senior Angels Program.*

We would like to invite you to become a Senior Angel

2020 has been a heck of a year. Covid-19 has caused us to see so many changes - social distancing, wearing a mask, high unemployment, shutdowns and so many activities being cancelled. It is what they are calling the "new normal". When do we go back to the "old normal"?

This has been a difficult year all around. As you can imagine, it has been a very difficult time for the senior citizens of Greene County who have been confined to their homes. The department has many elderly, limited-income clients who would greatly appreciate a special gift during the upcoming holiday season. These gifts will lift their spirits, bring a smile to their faces and fulfill a need. Monetary donations will be placed in the department's Senior Angels Fund and be used to purchase gifts for needy senior citizens.

We understand that this year may be a difficult one for you to donate and we can appreciate that. So, if you can't, that's okay. Instead, maybe you can reach out to a senior you know via phone or mail and let them know you are thinking about them.

If you can donate, this year more than ever it would be appreciated. This year will certainly be a year that Senior Angels will be a vital source of help. We want to thank you, in advance, for any donation you are able to make or any phone call/contact you can do.

Year round, funds are used to provide one-time, emergency assistance to senior citizens when all other funds have been exhausted and there is no other source to help.

For more information, please call 518-719-3555 or toll-free (877) 794-9266

Email any questions to kenbrooks@discovergreene.com

Please return this section with your donation to:

Greene County Department of Human Services

411 Main Street Catskill, NY 12414

_____ *I would like my name to read:* _____

_____ *I wish to be listed as "Anonymous"*

_____ *Instead of my name, I would like the donation to read:*

In Memory/Honor of: _____



Greene County Public Health Department is pleased to announce dates for this year's Flu clinics for adults over age 18:

Tues. September 22, 2020	Riverside Park, Coxsackie
Thurs. September 24, 2020	Windham Waste Water Plant
Tues. September 29, 2020	Dutchman's Landing, Catskill
Thurs. October 1, 2020	Angelo Canna Park, Cairo

All clinics will run from 9:30 a.m. - 12:00 p.m.

The cost of the Senior Flu dose (65 y/o and older) is \$80 and the Quadrivalent Flu (18 - 64 y/o) is \$51. Greene County Public Health accepts the following insurances: (non-managed) Medicare, Senior Blue, Blue Shield of NENY, Empire Plan (NYSHIP), CDPHP, and Medicaid HMO's: CDPHP/Fidelis.

All Clinics will be done as Drive-Thru Clinics due to COVID-19.

Pre-registration is required.

For more information or to pre-register,
contact the Greene County Health Department
518-719-3600.



VOLUNTEERS ARE AMERICA



Dear Senior Corps Volunteers:

I hope this message finds you safe and healthy. It's been a while since I've communicated with you so I thought I should check in to let you know that, although we are physically distant, you and your well-being are always top of my mind.

Nothing could have prepared us for this new era of quarantining, social distancing and enhanced sanitation. But even though we don't know when things will ultimately subside, I know that we will get through this.

How do I know that? Because there are good people like you, our volunteers, who continue to serve our communities and/or are still standing ready to serve. One thing this crisis has done is to exacerbate needs and show us how important it is to continue to show up for our neighbors by serving in our communities. You, Senior Corps volunteers, have always done that and continue to do that in so many new ways.

I am working hard and closely with your directors to take the necessary steps to ensure, when you can fully return to your service, that you have the tools and resources that you need to safely return. As I said at the onset of this, and have continued to say throughout, your health and safety are my number one priority.

I still believe that solutions to our community challenges lie within the community and in your ability to volunteer for your neighbors who need you most so, in the coming months, we'll be sharing information about some new and exciting ways for you to safely volunteer.

I KNOW YOU ARE RESILIENT. We always rise to the challenge and we will continue to do so. Stay safe. Stay healthy. Stay resilient.

Yours in Service,

Debbie
Deborah Cox-Roush
Director, Senior Corps



Do you or someone you love use incontinence pads and/or briefs? If so, let Greene County Department of Human Services help you. Recently an unopened supply of each was donated to the department. We are looking to pass them along to seniors in need of them.

Quantities and sizes are limited so call if you are interested, 518-719-3555.



Congratulations to Madeline Greene of Catskill for winning our June "Spot the Mask" contest. There were 52 mask images or words all together. Madeline, as well as one other person, picked out 51. A drawing was held between the two and Madeline was the lucky winner. Thank you to all who took the time and entered.

WANTED

**THE GREENE COUNTY
DEPARTMENT OF HUMAN SERVICES
IS DESPERATELY LOOKING
FOR VOLUNTEER DRIVERS
TO ASSIST
HOMEBOUND SENIOR CITIZENS
BY DELIVERING MEALS AND/OR
PROVIDE TRANSPORTATION
TO MEDICAL APPOINTMENTS.**

**VOLUNTEERS CAN TELL US WHAT
DAYS AND/OR TIMES AVAILABLE
AND WE WILL SCHEDULE
APPROPRIATELY.**

**CONTACT RUTH PFORTE,
GREENE COUNTY
RSVP VOLUNTEER COORDINATOR
518-719-3555**

PRICELESS REWARD!



GOVERNOR CUOMO ANNOUNCES DEPARTMENT OF FINANCIAL SERVICES TAKES ACTION TO PROTECT PATIENTS FROM PPE FEES

Governor Andrew M. Cuomo announced the New York State Department of Financial Services has issued [new guidance](#) to New York health insurers to ensure that patients are not charged personal protective equipment fees by healthcare providers that participate in their insurer's network.

DFS has received consumer complaints that participating healthcare providers, particularly dental providers, are improperly charging their patients fees for PPE or other charges related to increased costs due to COVID-19, which fees are being passed to their insurers and go beyond the insured patient's applicable cost-sharing.

A participating provider should not charge a patient fees or other charges in addition to the patient's financial responsibility for covered services and insurers should not cover these charges. In addition, DFS does not approve policy or contract provisions that hold the insured patient responsible for the cost of a participating provider's PPE.

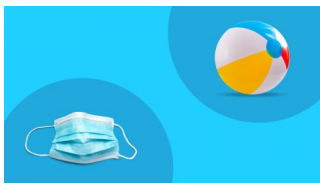
DFS reminds insurers in New York State that they should ensure that consumers are not charged PPE fees. Consumers are not liable for fees that go beyond their financial responsibility in the insurance policies or contracts. It is essential that healthcare providers and insurers collaborate so that consumers receive the care they need during this uncertain time, without extra fees.

New York State Health Commissioner Dr. Howard Zucker said, "Healthcare providers should not be charging patients for PPE under any circumstances. Providers have an obligation to ensure the safety of their patients and employees during all medical visits, from routine check-ups to surgical procedures."

DFS advises insurers to:

- Immediately notify their participating providers not to charge PPE fees and that insureds should be held harmless for these charges;
- Instruct providers to refund PPE fees to insureds;
- Notify insureds that they should not be charged for PPE fees and provide insureds with insurers' contact information to submit related complaints;
- Work with their providers to resolve issues relating to increased costs due to COVID-19, including PPE fees, so insureds are held harmless for these fees, which may require that insurers request information from providers about whether insureds were charged improper fees; and
- Work with their providers to ensure that refunds are provided to insured.
- Within 90 days of the circular letter, report to DFS the amount of PPE fees charged to insureds, the number of insureds impacted, and a description of how refunds will be provided.

New Yorkers with complaints about an insurance policy should contact DFS at www.dfs.ny.gov/ complaint or through the DFS Consumer Hotline at (212) 480-6400 or (518) 474-6600 (Monday through Friday, 8:30 AM to 4:30 PM).



SUMMER REFLECTIONS ON STAYING SAFE

By Dorothea Vafiadis, MS | 7.30.2020

The situation around the novel coronavirus (COVID-19) is changing rapidly. Here is the latest advice from public health experts about the best way to protect yourself and to reduce the spread of the virus that causes COVID-19. Some of these tips will be familiar to you and some are new. It's still true that the best way to stay safe is to limit your interactions with other people as much as possible and take precautions to prevent getting COVID-19 when you do interact with others. Here are 4 things to remember.

1. Remember the rest of your health.

Many older adults have one or more chronic conditions, such as diabetes, heart disease or hypertension. For managing these conditions, consider seeing your doctor using a telehealth. We have some great resources to prepare you for that visit. Many health care providers are now encouraging some patients to schedule the routine visits they may have been putting off. Speak to your doctor about whether vaccinations and other preventive services are up to date to help prevent disease. Remember, **do not delay emergency care**, especially if you are experiencing shortness of breath, chest pain, or discomfort in your arms, back, or neck. These could be symptoms of a heart attack or stroke. Acting fast can save your life..

2. Practice physical distancing and stay at least 6 feet apart.

The Centers for Disease Control (CDC) still suggests you wear a cloth face covering or mask when you are around people who don't live in your household. It's still best to limit your physical interactions with other people as much as possible. If you decide to go out or visit with family or friends, the safest approach is staying outdoors for optimal ventilation and keeping 6 feet apart. The closer you are to other people who may be infected, the greater your risk of getting sick. Indoor spaces are more risky than outdoor spaces where it is harder to keep people apart and there's less ventilation.

3. Use common-sense actions to stay safe.

Stock up on cleaning supplies. You should clean frequently-touched surfaces in your home such as light switches or doorknobs at least once per day. Manage stress, get enough sleep, and wash your hands often (and for at least 20 seconds) with soap and water. If soap and water is not available, use hand sanitizer that contains at least 60% alcohol. Stock up on healthful foods, have 30 days of medication on hand, and try to stay physically and socially active. Regular physical activity, such as walking or chair exercises, benefits your mind and body!

4. Ask for help if you need it.

If you are at high-risk of complications from COVID-19 or are unable to get items you need, consider contacting family or friends to lend a hand. If you're having trouble paying your bills, use our BenefitsCheckUp tool to see if you qualify for the hundreds of programs that help older adults pay for food, housing, utilities, medication, and more. Stay connected to family, friends and neighbors with phone calls, letters, e-mail, and through social media.

CONGRATULATIONS JOANANN ROUSE

GREENE COUNTY 2020 EMPLOYEE OF THE YEAR



This year's Greene County Employee of the Year is someone that few people see during the day. That's because she literally spends her time sweating over a hot stove!

Our honoree has been involved in food service her entire life and is always cooking. She starts her day before the sun comes up, preparing meals for the Athens Rivertown Senior Center, as well as the Catskill and Cossackie meal sites.

Not only is she always cooking, but during the pandemic - which continues to this day - she is consistently putting in 20 hours of overtime a pay period to ensure that the seniors and disabled of the county receive their meals. Her workload has increased by over 35% during this period and the demand is increasing every week! Others in the Human Services Department jokingly say, "If you cut her she bleeds gravy."

In addition to cooking and related tasks, such as checking menus, ordering supplies and inventory control, our honoree supervises, directs, and teaches meal site staff; substitutes for the Senior Service Center Manager when he is absent; volunteers for miscellaneous kitchen duties; and adheres to established procedures and health requirements. When supplies don't come in as expected, she must scramble and prepare a USDA allowable substitute. Throughout the day she maintains an open line of communication with the main office and the Registered Dietician. She is an active member of the department, the senior's menu committee, and the planning committee for the Athens Senior Center.

She brings home the bacon and fries it up in the pan. For all of these reasons and more, Executive Director of Human Services Terry McGee Ward, enthusiastically nominated **Central Kitchen Cook, JoanAnn, "JoJo", Rouse** as the **2020 Greene County Employee of the Year**.

The Greene County Legislature applauds the nomination and extends its sincere thanks and congratulations for JoanAnn's commitment and exemplary service to Greene County and its citizens. Congratulations!

NUTRITION NOTES



FRUITS AND VEGGIES - MORE PLEASE

When it comes to maintaining weight and reducing the risk of many diseases consuming more fruits and vegetables matter. But don't forget about physical activity like walking. It also makes a difference for a healthier you.

Why eat more fruits and veggies?

- ☆ Fruits and vegetables are **nutritious and delicious**.
- ☆ **Fun to eat:** some crunch, some squirt, some you peel and some you grow right in your own yard.
- ☆ **Quick and Natural snack:** it is nature's treat and easy to grab.
- ☆ **Variety:** fruits and vegetables are always available and there is always something new to try.
- ☆ **Vitamins and minerals:** they are a rich source of vitamins and minerals that help you feel healthy and energized.
- ☆ **May reduce disease risk:** eating plenty of fruits and veggies may help reduce the risk of many diseases such as heart disease, high blood pressure, high cholesterol and some cancers.
- ☆ **Low in calories:** naturally low in calories.
- ☆ **Fiber:** provide fiber that helps fill you up and keeps your digestive tract happy.
- ☆ **Convenience:** fresh, frozen, canned, dried and 100% juice, so they are ready to be eaten.
- ☆ **Color and texture:** added appeal, color and texture to any dish.

REMEMBER: VISIT YOUR LOCAL FARMERS MARKETS AND FRUIT STANDS!

***Have you received your 2020 NYS Farmers Markets Nutrition Program checks?
If not, please call our office at 518-719-3555.***

GREENE COUNTY SENIOR SERVICE CENTERS

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk (Home Delivered Meals only) & Dessert. Menu is subject to change based on product availability and circumstance.

Please make sure that you sign-up, at least a day in advance, if you wish lunch from any of the nutrition sites. We also ask if you have signed up and become unable to show, please call us as soon as you can to cancel. This helps to reduce our food waste.

AS WE ARE STILL UNDER COVID GUIDELINES, CENTERS ARE NOT OPEN FOR CONGREGATE MEALS. IT IS TAKE-OUT ONLY. PLEASE REMEMBER TO CALL THE CENTER AT LEAST A DAY IN ADVANCE TO ORDER.

Centers are closed on legal holidays and inclement weather.

ACRA

Acra Community Center,
Old Rte. 23, Acra
(518) 622-9898

Elaine Cherrington
Anna Thurman

ATHENS

Rivertown Senior Center
39 Second Street, Athens
(518) 945-2700

Shane Dillon - Senior Center Manager
JoanAnn Rouse - Central Kitchen Cook

Carol Harnett
Lana Marrone
James Murphy



CATSKILL

Robert C. Antonelli Senior Center
15 Academy Street, Catskill
(518) 943-1343

Annette Wagenbaugh
(Temporary)

JEWETT

Jewett Municipal Building
3547 Route 23C, Jewett
(518) 263-4392

Gayle Ruvolo
Meal Site Manager

Sal Alberti
MaryAnn Brink




GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO ATTEND - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD WITH PROMISE SPREAD - TARTAR SAUCE SERVED WITH FISH

LUNCH RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>WE MUST NEVER FORGET</i></p>	<p>1</p> <p>TACO CASSEROLE SPANISH RICE LIMA BEANS, CORN & CARROTS MIX BUTTERSCOTCH PUDDING w/ Raisins</p>	<p>2</p> <p>ROAST PORK w/ Gravy MASHED POTATOES PARISIAN MIXED VEGETABLES APPLE CRISP</p>	<p>3</p> <p>TUNA MACARONI SALAD HARD BOILED EGG FRESH GREENS w/ Pinto Beans SLICED TOMATOES MARINATED CARROTS FRESH FRUIT</p>	<p>4</p> <p>BBQ CHICKEN SWEET CORN POTATO SALAD COLLARD GREENS WATERMELON</p>
<p>7</p> <p>MAIN OFFICE & ALL SENIOR NUTRITION SITES CLOSED</p> 	<p>8</p> <p>CHICKEN DIVAN BROWN RICE HARVARD BEETS CHOCOLATE MOUSSE w/ Granola Topping</p>	<p>9</p> <p>MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES FRUITED GELATIN</p>	<p>10</p> <p>MEATLOAF w/ Gravy MASHED POTATOES SPINACH FRESH APPLE</p>	<p>11</p> <p>CRANBERRY CHICKEN SALAD FRESH GREENS w/ CUCUMBERS & TOMATOES POTATO SALAD MARINATED CARROTS OATMEAL RAISIN COOKIE</p>
<p>14</p> <p>SWEET & SOUR CHICKEN BROWN RICE BROCCOLI PINEAPPLE CHUNKS</p>	<p>15</p> <p>EGGPLANT PARMESAN LINGUINI ITALIAN MIXED VEGETABLES PEARS</p>	<p>16</p> <p>BEEF STEW BARLEY BRUSSELS SPROUTS TAPIOCA PUDDING w/ Fruit</p>	<p>17</p> <p>ROAST PORK w/ Gravy & Applesauce BRAISED CABBAGE MASHED POTATOES FRESH FRUIT</p>	<p>18</p>  <p>CRAB TOPPED COD RICE PILAF SPINACH FRESH FRUIT <i>From Story's Farm</i></p>
<p>21</p> <p>MUSHROOM & SWISS QUICHE BEETS CALIFORNIA MIXED VEGETABLES FRUIT COCKTAIL</p>	<p>22</p> <p>BAKED FISH w/ Lemon Sauce RICE SPINACH PUFF PINEAPPLE CHUNKS</p>	<p>23</p> <p>BAKED CHICKEN w/ Gravy BRUSSELS SPROUTS MASHED POTATOES BIRTHDAY CUPCAKE</p> 	<p>24</p> <p>BAKED LASAGNA ITALIAN GREEN BEANS GREEN SALAD w/ White Beans FRUITED GELATIN</p>	<p>25</p>  <p>ROAST BEEF w/ Gravy FRESH GREEN SALAD w/ Pinto Beans MASHED POTATOES PEAS & PEARL ONIONS FRESH FRUIT <i>From Story's Farm</i></p>
<p>28</p> <p>BATTERED FISH HASH BROWNS CARROTS PEARS</p>	<p>29</p> <p>BEEF PATTY w/ Onion Gravy ORIENTAL MIXED VEGETABLES MASHED POTATOES RICE PUDDING w/ Raisins</p>	<p>30</p> <p>ITALIAN SAUSAGE TORTELLINI ITALIAN MIXED VEGETABLES PEACHES</p>		

GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO ATTEND - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD WITH PROMISE SPREAD - TARTAR SAUCE SERVED WITH FISH

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 MEATLOAF w/ Gravy GREEN SALAD CAULIFLOWER SWEET POTATO APPLE CAKE	2  BBQ PULLED PORK BAKED BEANS COLESLAW COLLARD GREENS FRESH APPLE <i>from Boehm's Farm</i>
5 CHICKEN DIVAN BROWN RICE CARROTS FRUIT COCKTAIL	6 <i>Noodle Day</i> SALISBURY STEAK w/ Mushroom Gravy BUTTERED NOODLES CALIFORNIA MIXED VEGETABLES BANANA PUDDING w/ Side of fruit	7 SALMON w/ Dill Sauce GREEN BEANS AU GRATIN POTATOES OATMEAL COOKIE	8 ROAST TURKEY w/ Gravy CRANBERRY SAUCE MASHED POTATOES MIXED VEGETABLES CHOCOLATE MOUSSE	9 SWEET & SOUR PORK BROWN RICE FRESH SALAD w/ White Kidney Beans BROCCOLI FRESH PEAR
12 COLUMBUS DAY DEPARTMENT & ALL NUTRITION SITES CLOSED 	13 PORK CHOP w/ Gravy BRAISED CABBAGE SWEET POTATO APPLESAUCE PUMPKIN PUDDING 	14 BBQ CHICKEN THIGHS PASTA SALAD CORN CALIFORNIA MIXED VEGETABLES PINEAPPLE CHUNKS	 15 <i>National Mushroom Day</i> ROAST BEEF w/ Mushroom Gravy MASHED POTATOES PEAS & PEARL ONIONS FRESH FRUIT	16 BAKED ZITI FRESH SALAD w/ White Kidney Beans ITALIAN MIXED VEGETABLES CANTALOUPE
19 AMERICAN GOULASH GREEN BEANS FRUIT COCKTAIL	20 CHEF'S CHOICE CAULIFLOWER VANILLA MOUSSE	21 <i>Birthday Celebration</i> BAKED CHICKEN w/ Gravy MASHED POTATOES SPINACH PUFF BIRTHDAY CUPCAKE 	22 HAM & CHEDDAR QUICHE HASH BROWNS PEAS & CARROTS FRESH FRUIT	23 VEGETABLE LASAGNA FRESH SALAD w/ Red Kidney Beans ITALIAN GREEN BEANS FRESH FRUIT
26 CHICKEN & BISCUITS MASHED POTATOES CARROTS PINEAPPLE CHUNKS	27 SLOPPY JOES CAULIFLOWER SWEET POTATO BUTTERSCOTCH PUDDING BOX OF RAISINS	28 ROAST PORK LOIN w/ GRAVY APPLESAUCE MASHED POTATOES BROCCOLI PEARS	 29 <i>National Oatmeal Day</i> CRAB TOPPED COD BROWN RICE PILAF SPINACH APPLE CRISP w/ Oatmeal Topping	30 STUFFED SHELLS w/ SAUSAGE ITALIAN MIXED VEGETABLES FRESH SALAD w/ Chick Peas FRESH FRUIT



Caregiver Telephone Support Group

12-Weeks — participate by phone from the comfort of your home



DO YOU PROVIDE CARE FOR AN OLDER ADULT?

Our *award-winning* weekly Telephone Support Group is designed to support caregivers who provide assistance and care for older relatives, partners, or friends.

These classes will provide support & strategies to:

- Reduce stress, strain, & depression
- Solve problems more efficiently
- Learn about community resources



**Caregiver Telephone Support Group
will be held on Wednesdays from
September 2, 2020 - November 25, 2020
7pm - 8pm**

**For more information or to register*
Please contact Beth Owen, LMSW
at 518-694-3511**

**Advance registration is required as space is limited*

*** Caregiver or care receiver must reside in Albany County ***

**JOIN OTHER CAREGIVERS FOR THIS EVIDENCE-BASED
SUPPORT GROUP AND KNOW THAT YOU ARE NOT ALONE!!**



**For more information about the programs &
services of LifePath visit: www.lifepathny.com**

This Caregiver Support Group is supported in part by the Albany County Department of Aging, the New York State Department of Aging and the Administration for Community Living.

GREENE COUNTY DEPARTMENT of HUMAN SERVICES **CONTRIBUTIONS POLICY**



For services under the Older Americans Act and in Community Services for the Elderly and Expanded In-Home Services for the Elderly projects which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions.

Services will not be denied to anyone unable or unwilling to make a contribution.

CONSULTATION and ASSISTANCE: This includes such client assistance activities as case assistance, Health Insurance Information Counseling Assistance Program (HIICAP), help with public benefit applications, etc. The suggested contribution is \$5.00 per office visit (*actual cost \$20.00/hour*).

IN-HOME SERVICES: This is discussed with the client by the case manager at the time of assessment. The suggested contribution is \$3.00 per hour (*actual cost \$21.56 per hour*).

LEGAL SERVICES

The suggested contribution is \$10.00 per attorney consultation (*actual cost \$149.00/hour*).

NUTRITION:

- **Senior Congregate Meal or Home Delivered Meals:**
The suggested contribution is \$4.00 (*actual cost \$15.00/meal*).
- **Nutrition Counseling** - Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute.
The suggested contribution is \$5.00. (*actual cost \$65.00/hour*).

TRANSPORTATION:

- **Shopping Bus:** This door-to-door service is provided directly by the Department.
The suggested contribution is \$3.00 per round trip (*actual cost \$15.08/one way*).
- **Senior Center Transportation:**
The suggested contribution is \$1.00 per round trip (*actual cost: \$7.34/one way*)
- **Medical (Homebound) Transportation:**
The suggested contribution for this service is a sliding scale based on mileage
 - 0 – 10 miles \$3.00 round trip
 - 11 – 20 miles \$5.00 round trip
 - 21 – 40 miles \$9.00 round trip
 - 41+ miles \$15.00 round trip(*Actual cost is \$29.62 one-way trip, maximum mileage*)



As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates your donations. If you or your family are in a position to do so, please fill out the form below. Know that 100% of your donation will be used to provide service to Greene County older adults in need.

NAME: _____

ADDRESS: _____

I designate a \$ _____ donation in appreciation for services **OR**

In memory of _____

to the following:

- | | |
|--|--------------------------|
| _____ Homebound transportation | _____ In-home services |
| _____ Nutrition Program/Home-delivered Meals | |
| _____ Round Table News | _____ Senior Angels Fund |
| _____ Where most needed | |

Make checks payable & mail to:
Greene County Dept. of Human Services
411 Main Street,
Catskill, N.Y. 12414

HOME CARE - *What actually happens on the first day?*

By Anne-Marie Botek Aging Care 8-6-2020



How should you prepare to hand over the reins of your loved one's care to someone else? This pivotal first day can have five distinct stages: the introduction, the discussion, the tour, the care plan trial run and the follow-up. Each of these parts are explored in detail below.

1. A Smooth Introduction

Chances are that a new caregiver will not show up on your doorstep solo. Ideally, new caregivers will be accompanied by a representative that the family (and possibly the senior) has already met. This representative is usually a nurse or care coordinator who is responsible for managing clients' services. Seeing a friendly face can ease tensions and pave the way for more honest, productive communication.

2. Building Trust Through Conversation

Once introductions have been made, everyone will sit down to review the care plan that has been created to meet the family's needs. The Case Manager will ensure that you and your loved one understand all the ins and outs of the care plan, procedures for making changes to it, and who to contact for assistance. This is the time to ask any questions you may have and voice any lingering concerns. This first day is mainly about building a relationship between the companion or home health aide and the elder they will be looking after. Finding common ground and building rapport should be a top priority. It's important for the senior and new caregiver to form a genuine bond.

3. Taking the Tour

The family member will conduct a tour of the house, showing the caregiver around and familiarizing them with the location of important rooms and items that are part of the care plan. During this process, let the caregiver know about any rules and preferences for the home. For example, tell them if there are any areas of the house that are off-limits or if there are sodas or snacks in the kitchen that they may help themselves to during their shifts.

4. Putting the Care Plan to the Test

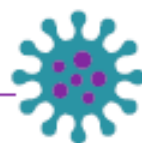
What happens next generally depends on the specific services detailed in the senior's care plan. If companionship is the main goal, the new caregiver can socialize with the senior and learn about their daily routine throughout the shift, lending a helping hand as necessary. If more intensive personal care like assistance with activities of daily living (ADLs) is required, the first priority should be to ensure the physical well-being of the senior. For example, the new caregiver may confirm that the elder is dry and comfortable and that any durable medical equipment they rely on is working properly. Professional in-home caregivers have received the training they need for this job, but a family caregiver can provide valuable insight into their loved one's unique needs, routines, habits and preferences. These things are often better demonstrated in person than conveyed in writing or over the phone. This is especially true for dementia caregivers whose loved ones may not be willing or able to participate in their own care or guide a new person through helping them.

5. Follow-Ups Are a Must

Inquiries about what went well, how the caregiver and the senior got along, and what changes might need to be made to service in the future are a crucial step in the process. It gives seniors and their family members a chance to provide an honest evaluation of the services and voice any additional concerns now that they have some experience under their belt. It is important to speak up so that any issues can be addressed quickly. Clients are encouraged to take advantage of this opportunity to discuss concerns, even if the family's only worry is that the home health aide used too much detergent in the washing machine. Seniors may worry about getting a new caregiver "in trouble" and hesitate to say anything negative about their aides, but family members should feel comfortable passing along any feedback. On the other hand, it is important to take some comments with a grain of salt, especially if a senior was against hiring in-home care services in the first place. Elders who refuse care have been known to try running off new caregivers or getting them fired by exaggerating or making up stories about their performance. Seniors with dementia may not have a realistic or accurate perception of how the first shift went either. You know your loved one best, so weigh their criticism accordingly.

It is vital for families to keep in mind that managing professional in-home care services is an ongoing process - much like being a family caregiver. The day a new caregiver starts is about accomplishing two main goals: executing the initial care plan and establishing a good relationship.

Beyond that, it is up to you to keep communication open with the agency regarding continue monitoring and modifying the arrangement when appropriate. These efforts will ensure your loved one gets the quality care they need and you get the invaluable respite care you need.



FAMILY DECISION GUIDE

Adapted from the [Moving Forward Decision Guide](#) developed by the University of Wisconsin Division of Extension

The Decision-Making Process

This decision guide was developed for family caregivers and care recipients. Whenever possible, the decision to receive respite care should be made together as a family. Families must carefully consider all potential risks, benefits, and barriers before making an informed decision about whether to resume respite care services. It is important to remember that information and guidance related to COVID-19 is evolving rapidly. Additionally, depending on where you live, the risk for exposure may vary and change over time. As a

result, it is important to continually monitor and regularly reassess the safety of receiving respite care. You may need to resume services in a step-wise or phased approach and you should be prepared to stop receiving respite care services as the situation changes. It is important that all individuals involved in providing and receiving respite care feel comfortable with the decision and are kept in close communication of any changes.

WHO should be involved in the decision-making process?

1. Who is impacted by the decision?	2. Who should be informed about the decision?	3. Consider other family members, friends, and other providers.

What is the LOCAL context?

<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	1. Are there any local or national guidelines that need to be considered?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	2. Is the number of new cases of COVID-19 going up, down, or holding steady in your area?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	3. Have there been any recent outbreaks or surges in the number of cases of COVID-19?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	4. Have there been any high-risk events in the past two weeks, such as large gatherings in the community, that could result in an outbreak or surge in cases of COVID-19?

What are the possible RISKS?

1. What are the possible risks for everyone involved? Consider social, emotional, mental, social, financial, or spiritual needs.	2. What would happen if no respite care was provided (i.e. job loss, impact on mental health of caregiver, out-of-home placement of care-recipient, etc.)?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	3. Has there been any impact on the family caregivers' ability to provide quality care?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	4. Does anyone involved have an underlying condition or other risk factors that make them more likely to become seriously ill or hospitalized?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	5. Does anyone involved have other high-risk exposures (i.e. exposure from being or living with an essential worker, recent travel, etc.)?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	6. Do you have a plan for what to do if someone gets sick?



FAMILY DECISION GUIDE

What are the possible **BENEFITS**?

1. What are the possible benefits for everyone involved? Consider social, emotional, mental, financial, or spiritual needs.	2. How would respite care benefit family caregivers?	3. How would respite care benefit care recipients?
4. What is the current stress level of family caregivers? (Highlight number to indicate level.)		
<div style="display: flex; justify-content: space-between; align-items: center;"> 1 2 3 4 5 6 7 8 9 10 </div> <div style="display: flex; justify-content: space-between; align-items: center;"> Little stress High Stress </div>		

How can risks be **MINIMIZED**?

<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	1. Are there policies and procedures in place related to the recommended steps to prevent the spread of COVID-19, including: screening for symptoms, social distancing, handwashing, PPE, and enhanced cleaning and disinfecting?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	2. Can you adapt the time, frequency, environment, or types of activities to minimize risk?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	3. Do you have access to PPE (i.e. gloves and face coverings)?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	4. Do you have access to cleaning and disinfecting supplies?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	5. Is social distancing (at least 6-feet apart) possible?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	6. Can everyone involved tolerate wearing masks or other PPE?

What are the possible **ALTERNATIVES** to respite care?

<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	1. Does the family caregiver have friends or family members who can provide short breaks?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	2. Are there other respite options that would help reduce the risks (i.e. virtual respite, outdoor respite, in-home respite, etc.)?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	3. Can family caregivers wait a little longer to receive respite care? If so, how long could family caregivers continue to provide quality care without respite care?

Making the **DECISION**.

<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	1. Does anyone involved have additional or ongoing concerns you should talk about more?
<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN	2. Do the potential benefits outweigh the potential risks?
3. What is the BEST decision at this time? <input type="checkbox"/> Resume respite care <input type="checkbox"/> Not resume – continue to assess the situation	
4. How will you continue to monitor the situation in order to re-evaluate your decision regularly?	

I am Sana Masih, Program Manager for Columbia, Greene and Rensselaer Council Alzheimer's Association. I wanted to let you know we are still operating remotely and we are still providing support for caregivers. We are offering virtual programs as well as telephone caregiver support groups.

Listed below you will find a 17-County Listing for Virtual/Telephone Caregiver Support Groups. These support groups are people who get together regularly to talk about issues relating to Alzheimer's Disease. They combine social, educational and support components and are facilitated by trained individuals. Support groups are a safe, confidential, supportive environment where you can find support, encouragement and wisdom from others with similar experiences. You'll also get education and the latest information about dementia and will develop skills to solve problems.

You will be encouraged to maintain your own personal, physical and emotional health as well as provide the best care for your loved one. Groups also give you a much needed break from caregiving responsibilities. Some groups may be topic specific, such as grief or early stage, while others are more general in nature.

For more information or questions, please call me at 518-888-5846, via email at srmasih@alz.org or call our 24-hour Helpline at 800-272-3900.

Dial 312-874-7636

MORNING GROUPS (9 a.m. — 12 p.m.)

1 st Friday of month, 10:30 a.m. Conference ID 98796#	2 nd Thursday of month, 11 a.m. Conference ID 98796#	3 rd Monday of month, 9 a.m. Conference ID 49875#
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AFTERNOON GROUPS (1 p.m. — 4 p.m.)

2 nd Monday of month, 2 p.m. Conference ID 60612#	4 th Tuesday of month, 1:30 p.m. Conference ID 60612#	2 nd /4 th Thursday of month, 3 p.m. Conference ID 96579#
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EVENING GROUPS (4:30 p.m. — 7 p.m.)

1 st Monday of month, 6 p.m. Conference ID 97073#	3 rd Thursday of month, 5:30 p.m. Conference ID 60612#	Last Wednesday of month, 4:30 p.m. Conference ID 49875#
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(For more groups, call Jon at 518-675-7216)

SPECIALITY SUPPORT GROUPS

Registration is required: Dial 518-675-7216 to receive the link and telephone number

Long Term Care Family Caregiver Support Group	4 th Monday of month, 2 p.m.
Adult Children Caregiver Support Group	2 nd Wednesday of month, 6 p.m.
Younger Adult Caregiver Support Group	1 st Tuesday of month, 5:30 p.m.
Long Distance Caregivers Support Group	3 rd Wednesday of month, 3:30 p.m.





Alzheimer's Association of
Northeastern New York
Chapter and Eddy Alzheimer's
Services Presents

Caregiver Wellness Virtual
Program: Breathing
Exercises and Meditation



Eddy Alzheimer's
Services

ST PETER'S HEALTH PARTNERS

Time: Wednesday, September 16, 2020 @ 11-11:45am

Pre-registration is Required: Please call Jon at (518) 675-7216 or email joweaver@alz.org to register.

Take care of your physical and mental health.

This program is for the Caregivers of a loved one with Alzheimer's Disease or related dementias. This program will feature breathing exercises, creative visualization meditation and tips on reducing caregiver stress. The virtual breathing exercises and meditation session will be led by a trained instructor.

This program encourages:

- Self-care
- Relaxation
- Stress reduction.

This program is supported in part by a grant from the New York State Department of Health.

800.272.3900

GREENE COUNTY SENIOR CITIZENS CLUBS

Please note: Due to COVID-19, most clubs have cancelled their meetings.



ATTENTION ALL CLUBS:

Do you have anything to announce about your club?

Put it in print in the Round Table News!

Contact Maureen at the Department of Human Services

ATHENS:

ATHENS SENIOR CITIZENS

2nd & 4th monthly Monday

1:15 p.m.

Rivertown Senior Center

CAIRO:

CAIRO GOLDEN AGERS

2nd & 4th monthly Wednesday

1:30 p.m.

Acra Community Center

CATSKILL

CATSKILL SILVER LININGS

2nd monthly Thursday

1:00 p.m.

Robert C. Antonelli Senior Center

COXSACKIE:

COXSACKIE AREA SENIORS

2nd & 4th monthly Wednesday

1:30 p.m.

Van Heest Hall, Bethany

SENIOR CITIZENS of COXSACKIE

1st & 3rd monthly Monday

1:00 p.m.

Town of Coxsackie Senior Center

GREENVILLE:

GREENVILLE GOLDEN YEARS

1st monthly Wednesday

1:30 p.m.

American Legion Hall

MOUNTAIN-TOP:

MOUNTAIN TOP GOLDEN AGERS

4th monthly Thursday

1:30 p.m.

Tannersville Fire Hall

W-A-J-P-L GOLDEN AGE CLUB

1st & 3rd Monday

1:30 p.m.

Hensonville Town Bldg.



Calling All Seniors!



NYS DIVISION OF CONSUMER PROTECTION

CENSUS HELP

Once every decade, the nation conducts the Census, a constitutionally mandated count of every American, regardless of citizenship status. New Yorkers' fair share of federal funds for programs essential to health care, education, emergency planning, housing, economic development and transportation, and congressional representation in Washington, all depends on an accurate and fully counted census response.

Identifying a Census taker

- Census takers carry an ID badge with their name, photograph, a Department of Commerce watermark, and an expiration date.. They conduct their work between 9:00 a.m. and 9:00 p.m.
- All Census takers will have an official 2020 Census bag and Census Bureau-issued electronic device, such as a laptop or smartphone, bearing the Census Bureau logo. There will be an “official business” notice on their car.
- Official Census takers will NEVER ask to enter your home. They will **never** ask for money, threaten detainment or deportation, or request additional documentation. They will only ask questions that are on the official Census questionnaire.
- If you still have questions about a Census taker’s identity, you can call 844-330-2020 to speak with a local Census Bureau representative.

Questions Asked. The Census asks basic questions: name; number of people living or staying in the home on April 1, 2020; whether the residence is owned or rented; telephone number; sex; age; date of birth; Hispanic origin; race; and relationship with other household members. College students should be counted where they would have been staying on April 1, 2020, even if they went home early due to a COVID-19 school closure or a shift to distance learning. **There is no citizenship question on the 2020 Census.** The Census will **never** ask for citizenship or immigration status, social security numbers, money or donations, anything on behalf of a political party or for your bank or credit card account numbers.

Your Data is Protected. The U.S. Census Bureau is bound by law to protect your answers and keep them strictly confidential. Every employee takes an oath to protect your personal information. Under Title 13 of the U.S. Code, the Census Bureau cannot release any identifiable information about you, your home, or your immigration status, even to law enforcement agencies. The law ensures that your private data is protected and that your answers cannot be used against you by any government agency or court. The answers you provide are used only to produce statistics.

Avoiding Scams Online: The use of any website that mentions being affiliated with the U.S. Census should be verified. The easiest way to verify the site is to check if address includes “.gov,” as only official U.S. and state government websites can use “.gov.” Fraudulent sites purporting to be official government service providers may steal personal information.

If you suspect fraud, call 844-330-2020 to speak with a local Census Bureau representative. If it is determined that the visitor who came to your door does not work for the Census Bureau, contact your local police department.

Official Census information can be found by visiting the U.S. Census Bureau website and by visiting New York State’s Census website.

Welcome to the Greene County Youth Bureau



GREENE COUNTY CHILDREN, YOUTH & COMMUNITY ADVISORY BOARD

The purpose of the Board is to develop and recommend policy and procedures that guide the activities of the Youth Bureau in providing opportunities that improve the lives of families and youth in Greene County. The Board is a policy making board responsible for direction of the Youth Bureau.

The Board shall be comprised of not fewer than 13 members and no more than 20 members who are residents of Greene County. Members must be at least 16 years of age at date of appointment and should represent residents of the various towns in Greene County, agencies serving youth, or youth receiving services.

Potential members should have qualities that enable them to function effectively. They should be able to recognize the needs of youth in the community and take an active role in working toward building a continuum care systems. Important personal qualifications include leadership, ability to positively interact with others, commitment to representing the interests of youth, and a willingness to devote time and effort to the board's goals. Meetings are held at 6pm on the 2nd Wednesday of April through June and September through November in this office.

Does this sound like you? If so, please contact the Greene County Department of Human Services, 518-719-3555, to request a formal application. Official appointment is made by the Greene County Legislature.

Congratulations Greene County 2020 Youth Award Recipients



*Sage Murphy
Greene County Youth of the Year*



*Aizlyn O'Connell
Greene County Children, Youth
& Community Advisory Board
Chairman's Award*



*Kane & Killian Schrader
Greene County Youth Director's Award*



448 MAIN STREET • P. O. Box 473 • CATSKILL, NY 12414

(518) 943-6700 TDD (800) 662-1220
FAX (518) 943-0113

WEB SITE: CMHDC.ORG

Catskill Mountain Housing Development Corporation is soliciting applications for their **GREENE COUNTY HOME IMPROVEMENT PROGRAM** and for their **GREENE COUNTY TRAILER REPLACEMENT PROGRAM**.

GREENE COUNTY HOME IMPROVEMENT PROGRAM

A program to help repair existing owner single-family homes. Covers repairs to fix a problem, extend the life of a home or to improve energy efficiency. Contact Al Creazzo.

GREENE COUNTY TRAILER REPLACEMENT PROGRAM

A program to replace deteriorated mobile homes or manufactured homes on the owner's land. Contact Larry Krajewski or email Larry@cmhdc.org

Owners must be up-to-date with insurance, mortgage and taxes. Must be Greene County residents, income qualified. (See chart below)

Household Size	Income Guideline
1	\$42,350
2	\$47,250
3	\$53,150
4	\$59,050
5	\$63,800
6	\$63,500

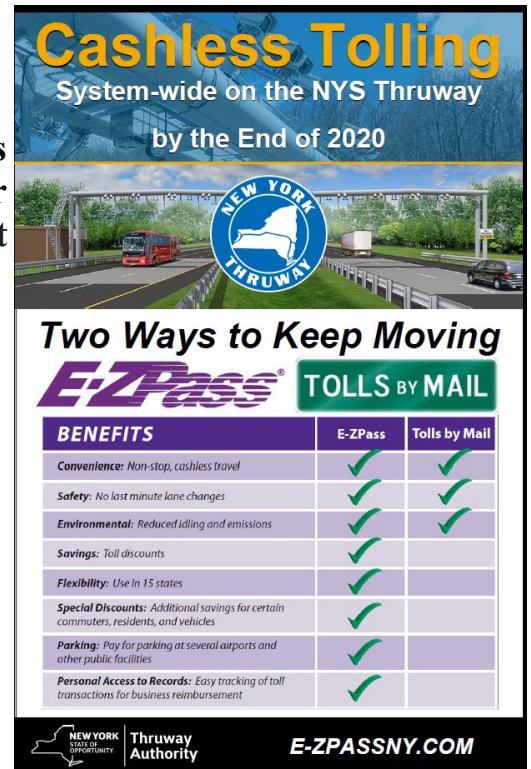
The NYS Thruway has announced that cashless tolling is coming Thruway system-wide by the end of 2020. Prepare for the change now and sign up for E-ZPass -- the easiest, most efficient and contactless method to pay tolls.

Find a retailer or sign up online at:

<http://www.thruway.ny.gov/ezpass/signup.html>.

For more information please visit:

<http://www.thruway.ny.gov/index.shtml>



Cashless Tolling
System-wide on the NYS Thruway
by the End of 2020

Two Ways to Keep Moving
E-ZPass TOLLS BY MAIL

BENEFITS	E-ZPass	Tolls by Mail
Convenience: Non-stop, cashless travel	✓	✓
Safety: No last minute lane changes	✓	✓
Environmental: Reduced idling and emissions	✓	✓
Savings: Toll discounts	✓	
Flexibility: Use in 15 states	✓	
Special Discounts: Additional savings for certain commuters, residents, and vehicles	✓	
Parking: Pay for parking at several airports and other public facilities	✓	
Personal Access to Records: Easy tracking of toll transactions for business reimbursement	✓	

NEW YORK STATE Thruway Authority **E-ZPASSNY.COM**



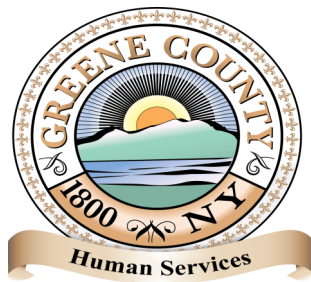
NEW YORK STATE GOLDEN PARK PROGRAM

If you are a New York State resident 62 or older, on Monday - Friday (except holidays), you can obtain free vehicle access to most state parks, (*free vehicle access not valid at Walkway Over the Hudson State Historic Park, Earl W. Brydges Artpark State Park, Fahnestock Winter Park, and Oak Orchard State Marine Park*) boat launch sites and arboretums and fee reduction to state historic sites and state-operated golf courses.

Simply present your currently valid New York State Driver License or New York State Non-Driver Identification Card** at the park entrance. **No application is required as your NY State Driver's License/Non-Driver ID Card serves as your pass.** For locations with pay stations, please contact the facility directly for information.

For information about facilities where this program is valid, contact the nearest state park, state park regional office or New York State Parks, Albany, New York 12238, 518-474-0456 (TTY/TDD through 711 Relay Service).

*** *A New York State Driver License or a New York State Non-Driver Identification Card may be obtained from your local Motor Vehicle office. You may want to contact them first to be certain you bring the required forms of identification.*



GREENE COUNTY DEPARTMENT of HUMAN SERVICES

411 Main Street, Catskill, NY 12414
(518) 719-3555 Toll Free (877) 794-9266
aging@discovergreene.com

EXECUTIVE DIRECTOR - THÉRÈSE MCGEE WARD

BUSINESS MANAGER: Ken Brooks

AGING DEPARTMENT COORDINATORS:

Aging Services - Connie Bentley
Nutrition - Tezera Pulice-Hanselman
Volunteer Services - Ruth Pforte

Staff:

CASE MANAGERS:

Tami Bone
Danielle Kane-Wade

Cortney Carlson

ADMINISTRATIVE ASSISTANT:

Maureen Murphy

AGING SERVICES SPECIALIST:

Nicole Noll

AGING SERVICES AIDE:

Rose Bundy

RECEPTIONIST:

Mary Jean Pomilla

NUTRITION VAN CHAUFFEUR:

Patrick Murphy

YOUTH SERVICES WORKERS:

Carrie E. Wallace

Laura Anderson



The office is open 8:30 a.m. - 5:00 p.m. Monday thru Friday. Under COVID, staff are available by appointment only. Please call our main office telephone number to schedule an appointment if you need to meet with a staff member.

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