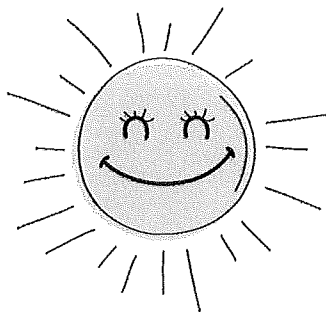
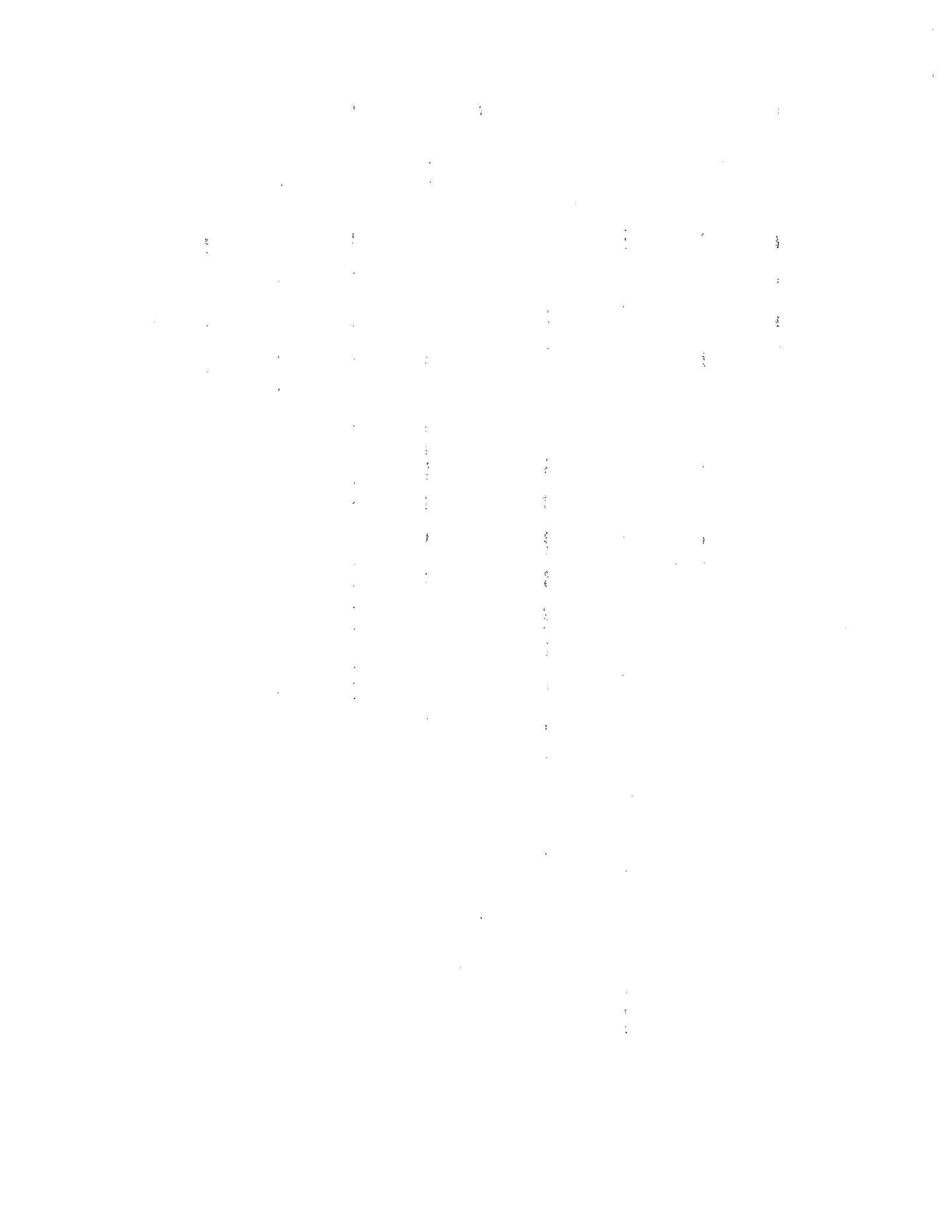


# Cairo Summer Recreation

 2021 

The six-week Summer Recreation Program for children residing in the town of Cairo and it's Hamlets, completing grades K-6, will be held Wednesday July 7th to Friday, August 13, 2021 at Angelo Canna Town Park. We will have a summer of fun, filled with plenty of field games, arts and crafts, and more, all while maintaining current Covid protocols. We will meet in person Monday, Tuesday, Thursday and Friday, 9:30 to 11:30am, and Wednesday virtually for Zoom games and chat, 10:00am to 11:00am. Registration packets will be available at the Town Clerks office beginning June 1st. All packets must be returned to the clerks office, no registrations will be accepted at the school. Due to current Covid-19 guidelines registration will be limited to 30 children on a first come basis. For more information or questions, call Janet McKeon, camp director, at 518-291-9252 or email [cairosummerrec@gmail.com](mailto:cairosummerrec@gmail.com). We look forward to spending time with you this summer!





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## Cairo Summer Recreation Covid-19 Safety Plan

Cairo Summer Recreation follows the 'INTERIM GUIDANCE FOR CHILD CARE AND DAY CAMP PROGRAMS DURING THE COVID-19 PUBLIC HEALTH EMERGENCY' released by NYSDOH on May 24, 2021.

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\*\*\*The program will be completely outdoors this year. If rain is forecasted we will be closed for the day. Notification of closure will be made on our Facebook page.\*\*\*

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### *Drop-off and Pick-up Routines*

#### Morning Drop-off

- Upon arrival at the drop-off spot all occupants (over the age of 2) in the car must be wearing masks.
  - Parents/Guardians will remain in the car unless the child needs assistance getting out of the car.
  - Parents/Guardians will pull up to the drop-off area and will answer questions that determines whether the camper has:
    1. knowingly been in close or proximate contact in the past 10 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19;
    2. tested positive for COVID-19 in the past 10 days; and/or
    3. has experienced any symptoms of COVID-19 in the past 10 days:
      - a. Fever or chills
      - b. Cough
      - c. Shortness of breath or difficulty breathing
      - d. Fatigue
      - e. Muscle or body aches
      - f. Headache
      - g. New loss of taste or smell
      - h. Sore throat
      - i. Congestion or runny nose
      - j. Nausea or vomiting
      - k. Diarrhea
  - If the response is 'No' to the questions the camper will exit the vehicle wearing a mask
  - If the parent/guardian answers 'Yes' to any of the questions the camper will not be allowed to enter the program and will be sent home with instructions to contact their healthcare provider for assessment and testing.
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- If your child is walking or riding their bike to the park alone, they must bring with them a completed Covid-19 questionnaire sheet with them every day. See the end registration packet for the Covid-19 questionnaire sheet.

#### Afternoon Pick-Up

- Upon arrival at the pick-up spot all occupants (over the age of 2) in the car must be wearing masks
  - Parents/Guardians will remain in the cars unless the child needs assistance getting in the car
  - Staff members will escort campers to the car.
-

### What to Bring/Wear

Please bring/wear clothing appropriate for an outdoor setting, weather changes quickly, be prepared. We recommend wearing "recreation t-shirt".

Due to the nature of the activities, we suggest that your child WEAR SNEAKERS DAILY. DO NOT send your child in flip-flops or sandals. Sunscreen is recommended.

Bring a LABELLED WATER BOTTLE daily.

Please realize that your child is at a park recreation program and not in school. Everything is open to view / hands of all campers. There are no separate areas to keep money, toys, etc. Cairo Recreation is NOT responsible for lost or stolen items.

### Expected Behavior:

#### Responsibilities of Parent and Child:

Please prepare your child for summer recreation. Explain all rules and regulations to him/her. Talk to your child about wanting or not wanting to spend his/her summer with us. Please let us know of any problems your child may be experiencing at summer recreation.

#### Appropriate Recreation Behavior:

- ~Respect for others, counselors and property
- ~Use of appropriate language
- ~No hitting, tripping, pushing, tackling, kicking, fighting or wrestling
- ~ Children may not leave the recreation area without permission from a counselor
- ~Children may not leave the park without signing out
- ~Everyone is expected to help in picking up after his or her games/activities

#### Discipline Procedures:

All children must display acceptable behavior and must be accountable for their actions. Children are informed of all expectations and consequences at orientation. Any child not using acceptable behavior will first be given a verbal warning. If the behavior continues the child will be removed from the activity and put on a timeout. If a problem continues the program director will discuss and review the behavior with the child and the parent will be called, at which time the child may be dismissed from the program. Any time a child is disciplined, counselors are required to fill out a discipline form. This form is kept by the program director.

Any child who intentionally injures another child or destroys park property will be dismissed from the program.

#### Behavior Rules on All Trips

- ~Always listen for directions from Counselors
- ~Make sure you can see you counselor at all times
- ~Always go with a buddy, never alone
- ~Wear you Recreation T-shirt on all trips and whenever possible.
- ~Keep money in a labeled sealed envelope
- ~Wear appropriate clothing

### Volunteers

Parent volunteers are always welcome and appreciated. If you would like to volunteer please see the program director.

### Siblings

Siblings are welcome to participate in recreation as long as an adult accompanies them at all times. All recreation rules and policies will apply. There will be an activity fee of \$3.00 per session for each sibling. Field trip fees will be determined based on each trip.

### Non-Residents

Non-residents may join the program if there is room. There will be a \$5.00 activity fee when registering. Field trip fees will be separate. All rules and policies for recreation will apply.

### Junior Counselor Program

A Junior Counselor is a volunteer position that includes assisting counselors with the supervision of children in the rec. program. The Junior Counselor position is open to teens from 13 to 16. The Junior Counselor is a very important position, as the person is relied upon to work along side the counselors to provide the children with a fun and safe environment. A Junior Counselor must exhibit qualities of leadership, maturity and responsibility. These positions are limited so if you would like an application contact the program director.

# Children's Camps in New York State

- the camp is required to be inspected twice yearly; and
- the inspection reports and required plans are filed (address of state, county or city health department) and available for their review.

## Responsibilities of Local Health Departments

- To review and approve the required written camp plans for compliance.
- To inspect camps to assure that: (1) all physical facilities are properly operated and maintained; and (2) adequate supervision exists to provide a healthy and safe environment in accordance with the New York State Sanitary Code.
- To issue a permit to operate when the required plans and inspection results are satisfactory.
- To investigate reports of serious incidents of injury, illness and all allegations of abuse or maltreatment.
- When requested, to provide parents or guardians of prospective campers an opportunity to review inspection reports and required plans.

The time and effort spent in selecting the camp your youngster will attend is important. Keep in touch, especially if it is your child's first camp experience. If possible, visit the camp before and during the camping season.



## Information

For further information about New York State health laws relating to summer camps, call the State Health Department's Bureau of Community Environmental Health and Food Protection in Troy at 1-(800) 458-1158, ext. 27600.

State of New York  
Department of Health

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In New York State, summer camps must have a state, city or county health department permit to operate legally. These permits are issued only if the camp is in compliance with the state's health regulations. The permit to operate must be displayed in a conspicuous place on the premises.

The camp must be inspected twice yearly by a health department representative. At least one inspection must be made during the time the camp is in operation. Each camp is checked to make sure that the physical facilities are safe and that supervision is adequate.

When choosing a summer camp for your child, consider the following:

## Staff Credentials/Supervision

**What are the qualifications of the camp director?**

The New York State Health Code requires that the director of an overnight camp be at least 25-years-old or hold a bachelor's degree; a day camp director must be at least 21-years-old.

All directors must have experience in camping administration or supervision. Camp directors' backgrounds are screened by the Office of Children and Family Services Central Register Database for reported incidents of child abuse and maltreatment. Their backgrounds are also screened by the Health Department for criminal convictions. Only individuals who are considered to pose no risk to campers are accepted by the Health Department as camp directors.

**What are the qualifications of the camp counselors and how are campers supervised?**

Counselors must have experience in camping and supervision of children or have completed an acceptable training course. Stringent counselor-to-camper ratios and staff qualifications are mandated for supervision of swimming, archery, riflery and camp trip activities.

At overnight camps, 80 percent of the camp's counselors must be at least 18-years-old; up to 20 percent may be 17-years-old. There must be at least one counselor for every 10 children aged eight years or older, and one

counselor for every eight children younger than eight years old.

At day camps, counselors must be 16 years of age or older. There must be a minimum of one counselor for every 12 children.

Camps that must provide at least 10 counselors may choose to use counselors-in-training (CITs) to meet 10 percent of the required number of counselors. These CITs must be at least 16 years of age at an overnight camp and 15 years of age at a day camp. They must work with senior staff, have had previous experience as a camper and complete a training program. Ask the camp operator if any of their counselors are CITs and how they are used to supervise campers.

**Ask about the camp's staff and supervision procedures, including discipline policies. Do they meet your expectations?**

## Health

**Ask about medical coverage and when you will be notified if your child becomes ill or injured. Is a doctor for campers at all times?**



Physicians or nursing services must be available. All summer camps in New York State are required to have a health director and a written medical plan approved by the Health Department. The written

plan must include, among other things, provisions for medical, nursing and first aid services. Injuries and illnesses must be reported to the Health Department and are thoroughly reviewed.

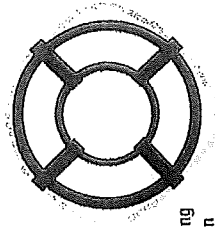
**Does the camp require medical records for campers?**

Camps must keep current medical history reports on file for all campers. Be sure to detail your child's history of immunization, illness, disability or allergy. Specify special diets and activity restrictions. Provide instruction for any medication your child must take.

## Camp Safety

Are the camp facilities and activities safe?

The camp operator must develop a written plan to include maintenance of facilities, provisions for training staff members and orientation of campers, supervision of campers, campsite hazards, emergency procedures and drills, safety procedures and equipment for program activities.



## Swimming

Are waterfront personnel qualified?

Are campers always supervised while in the water?  
All waterfront activities at camps in New York State must be supervised by an experienced certified lifeguard or water safety instructor. On site, one qualified lifeguard is required for every 25 bathers. All aquatic staff are required to be trained in cardiopulmonary resuscitation (CPR).

Camps that use off-site pools or beaches operated by others must make special arrangements to provide a safe activity. Even off site, the camp remains responsible for supervising campers.

Some children's camps use sites for swimming that are not inspected by local health departments. Parental permission is required in these instances, and the camp must follow established guidelines to protect campers.

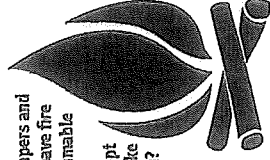
While campers are involved in aquatic activities on site, there must be one counselor for every 10 campers eight years or older; there must be one counselor for every eight children aged six and seven; and one counselor for every six children younger than six years old. When swimming off-site, there must be one counselor for every eight campers six years or older and one counselor for every six campers younger than six years.



## Fire Safety

Are there periodic fire drills for both campers and staff? Does each floor of every building have fire exits in two different locations? Are flammable materials (gasoline, pool chemicals, etc.) stored away from activity centers and kept under lock and key? Are functioning smoke detectors located in every sleeping room?

All of the above are mandatory in New York State.



## Location and Facilities

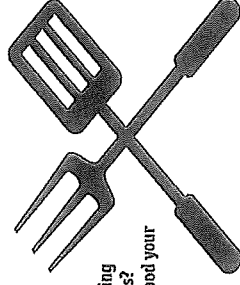
Are barriers erected against such natural hazards as cliffs and swamps? Are foot trails located away from such dangerous areas and from heavily traveled roads and highways? Do the camp facilities (bunks, bathrooms, mess hall, recreation facilities) meet your aesthetic tastes and those of your child? Is the camp located in an area that will not aggravate your child's allergies? Will your child be required to perform chores, such as cleaning or cooking?

For information on the camp's location and facilities, visit the camp or interview the camp operator by telephone, prior to making a decision to enroll your child at the camp.

## Nutrition

Are good health practices observed in the camp (kitchens, dining areas and food services? Does the camp serve food your child likes?

At camps in New York State, food must be prepared from inspected sources. Food preparation and handling activities are reviewed to assure safe and sanitary practices. Kitchen employees must be healthy and follow hygienic practices. Potentially hazardous food must be maintained below 45°F or above 140°F.



## Rights and Responsibilities

The regulatory program of the New York State Department of Health places specific responsibilities on camp operators, and on local health departments that enforce department regulations. Following is a summary of rights and responsibilities:

### Rights of Parents and Guardians

- To be informed by the camp director, or his or her designee, of any incident involving your child, including serious injury, illness or abuse.
- To review inspection and investigation reports for a camp, which are maintained by the local health department issuing the camp a permit to operate (present and past reports are available).
- To review the required written camp plans. These are on file at both the camp and the health department issuing the permit to operate.

### Responsibilities of the Camp Operator

- To inform you and the local health department if your child is involved in any serious injury, illness or abuse incident.
- To screen the background and qualifications of all staff.
- To train staff about their duties.
- To provide supervision for all campers 24 hours a day at overnight camps, and during hours of operation for day camps.
- To maintain all camp physical facilities in a safe and sanitary condition.
- To provide safe and wholesome meals.
- To have and follow required written plans for camp safety, health and fire safety.
- To notify the parent or guardian, with the enrollment application or enrollment contract, that: — the camp must have a permit to operate from the New York State Department of Health or the designated permit-issuing official;



**Cairo Summer Recreation Daily Camper Covid-19 Screening Questionnaire**

If your child is walking or riding their bike to the park alone, they must bring a new completed sheet with them every day. Copies of this sheet are available at the Town Clerk's office.

Camper Name: \_\_\_\_\_

Has the camper:

1. knowingly been in close or proximate contact in the past 10 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19;
  2. tested positive for COVID-19 in the past 10 days; and/or
  3. has experienced any symptoms of COVID-19 in the past 10 days:
- Fever or chills
  - Shortness of breath or difficulty breathing
  - Diarrhea • Congestion or runny nose
  - Headache
  - Muscle or body aches
  - Cough
  - Nausea or vomiting
  - Fatigue
  - New loss of taste or smell
  - Sore throat

If the answer is 'Yes' to any of the above questions, do not send your camper to camp. Contact your healthcare provider for assessment and testing.

I attest that my answer to all three questions listed above is 'No'

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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If your child is walking or riding their bike to the park alone, they must bring a new completed sheet with them every day. Copies of this sheet are available at the Town Clerk's office.

Camper Name: \_\_\_\_\_

Has the camper:

4. knowingly been in close or proximate contact in the past 10 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19;
  5. tested positive for COVID-19 in the past 10 days; and/or
  6. has experienced any symptoms of COVID-19 in the past 10 days:
- Fever or chills
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  - New loss of taste or smell
  - Sore throat

If the answer is 'Yes' to any of the above questions, do not send your camper to camp. Contact your healthcare provider for assessment and testing.

I attest that my answer to all three questions listed above is 'No'

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

