

Greene County Legislature Presents Annual Senior Citizen Awards



On Wednesday, May 18, the Greene County Legislature took time out from their regular monthly meeting to honor two Greene County senior citizens for volunteering their time and dedication to the community. Receiving county proclamations were:

MARY LOU NAHAS - 2022 GREENE COUNTY SENIOR CITIZEN OF THE YEAR



LINDA SUTTON - OUTSTANDING CONTRIBUTION BY A SENIOR CITIZEN



Comings & Going in Human Services



We are happy to announce the return of JoJo Rouse, Central Kitchen Manager, to work. She will temporarily be working at the Jewett site but is looking forward to being back at Rivertown.

New Staff Members:

Aniston Keff - Receptionist

Brooke Bergeron - Case Manager

Dorothy Barkman & Faye VanDyke - Co-Senior Site Managers

Richard Snyder - Food Service Helper (Per Diem)

Donald Crespino, ARC, & Charlene Mabey, Durham

Advisory Council to the Greene County Dep. for the Aging



It is with shock and sadness that we say goodbye to Ricky Lyons. He was recently named Executive Director of the Department. However, he was offered an excellent opportunity for himself and his family which we understood him accepting. He was a ray of sunshine while here and we wish him much success in his new endeavor.

COMING IN JULY NYS FARMERS MARKETS CHECKS

If you are a senior, aged 60 years or older, and low-income, you may be eligible to receive Senior Farmers Market Nutrition Program (SFMNP) checks. Eligible seniors receive a \$20 booklet of SFMNP checks that can be used to purchase local, fresh, unprocessed vegetables and fruits at participating farmers markets and farm stands. The program starts July 1.

Check back for updated information on when & where to obtain booklets.



GREENE COUNTY SUPPORTS UKRAINE



On Saturday May 7 at the Cairo Library a group of Greene County residents united to show support for the Ukraine.

Advisory Council to the Greene County Department for the Aging member, Lula Anderson (Greene County District 6) donated 10 large bolts of fleece material. Fellow Advisory Member, Dorothy True, (Greene County District 8) got together the Cairo Crafters, and with help from numerous community volunteers made “No Sew” Blankets which were sent to Greene County Legislator Daryl Legg, Hunter.



Legislator Legg delivered the finished blankets to St. John the Baptist Ukrainian Church in Hunter. The church will now arrange for the blankets to be distributed to refugees displaced by the on-going war in Ukraine.

HELP CANCER PATIENTS IN GREENE COUNTY!

The Greene County Women's League Cancer Patient Aid (GCWL) will hold its June membership meeting on Tuesday, June 7, 2022 at 12:00 p.m. at Creekside in Catskill, NY. Greene County Women's League (G.C.W.L.) is a 501(c)(3) not-for-profit organization whose mission is to provide Greene County Cancer patients (men, women & children) with assistance in paying medical expenses resulting from the diagnosis and treatment of cancer. 100% of donations are committed to patient care.

For more information:

Call 518-819-1249

Visit www.greencountywomensleague.com,

Find us on FACEBOOK

Mail : P.O. Box 341, Round Top, NY 12534.

New members welcome. Applications available online.



Will you be alone for Thanksgiving? Come join us . . .

***SENIOR ANGELS PROGRAM
ANNUAL
COMMUNITY THANKSGIVING DINNER****



Open to all seniors age 60 and older
Seating limited

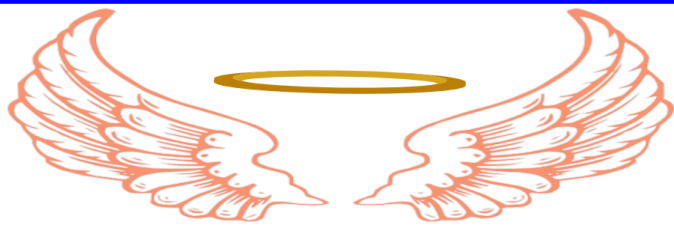
Thanksgiving Day November 24, 2022
DOORS OPEN AT 11:00 a.m. - NO EARLY BIRDS
12:00 p.m. - 4:00 p.m. Dinner served 1:00 p.m.

Rivertown Senior Center
39 Second Street, Athens

For more information or to make reservations,
contact Ken Brooks at (518) 719-3555

Want to volunteer to help? Call to speak to Ken

* Funded in part by Athens Community Foundation



SENIOR ANGELS PROGRAM - SPREADING CHEER 365 DAYS A YEAR

The Greene County Senior Angels Program operates more than just at holiday time. Under their slogan, "Spreading Cheer 365 Days a Year", funds are used year-round to provide one-time, emergency assistance to senior citizens, when all other funds have been exhausted, and there is no other source to help.

Due to the generous contributions of area residents, businesses and clubs, the Program has been able to help fulfill all qualified requests. Year-round donations can be dropped off or mailed to:

Greene County Department of Human Services
ATTN: Senior Angels Fund
411 Main Street
Catskill, NY 12414



For more information,
please call Greene County Department of Human Services
at (518) 719-3555 or toll-free (877) 794-9266

CONGRATULATIONS SENIOR ANGELS COMMITTEE

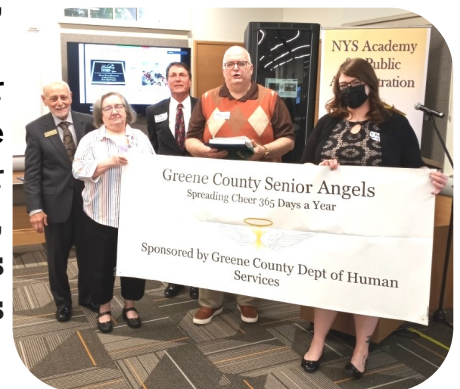


The New York State Academy for Public Administration's 2022 Public Service Excellence Awards ceremony was held on Wednesday, May 18, 2022 at Rockefeller College of Public Affairs and Policy, Albany. Our own Greene County Senior Angels Program was recognized as a recipient of the 2022 Robert D. McAvoy Local Government Service Award

SAPA is the leading association of public service professionals in New York State. The award program recognizes outstanding

individuals and teams in state and local government who exemplify the best of public service in New York State. Since 1985, as part of Public Service Recognition Week, communities and public service organizations across the country have hosted award ceremonies to honor those who serve our nation as federal, state, and local government employees.

The committee was nominated for the award by former Executive Director, Terry McGeeWard. Seen in photo are Eugene Monaco, SAPA Awards Committee Chair; Senior Angels Committee member Mary Jean Pomilla; Tom Lucas, Presiding Emcee; and Senior Angels Committee members Ken Brooks and Valree Rachel Wright. Senior Angels Committee member Tami Bone participated via Zoom.





DO YOU ENJOY DRIVING?

We are in need of volunteers to serve as Medical Transportation and/or Home Delivered Meal Drivers.

Medical Transportation Volunteers drive homebound senior clients to medical appointments when they have no other means of transportation available.

Home Delivered Meal Volunteers deliver healthy, nutritious, balanced meals, up to five days a week to Greene County residents, age 60 and older, who can't prepare meals for themselves.

We offer mileage reimbursement at the IRS rate, currently 58.5 cents a mile.

All volunteers are required to complete a registration form and submit to a background check.

If you are interested in becoming a volunteer or would like additional information call Ruth Pforte, AmeriCorps Seniors Coordinator, at 518-719-3555.





Attention Greene County Seniors living in Catskill, Coxsackie-Athens or Greenville

HELPING HANDS PROGRAM

Greene County Department of Human Services' Senior Angels Program
has teamed up with local Rotary Clubs
on the **"HELPING HANDS"** program.

If you need assistance with getting groceries
or some minor repairs done around the home
(i.e.: changing out screens to storm windows,
changing light bulbs, and any minor repairs)
please let the Greene County Senior Angels know.

Please call: 518-719-3555 and ask for the Helping Hands Coordinator.



*Note: Large jobs requiring a contractor are not eligible
(i.e.: new roof, deck or fencing)*



39 SECOND STREET, ATHENS

STORE HOURS:

MONDAY 9:00 A.M. – 11:30 A.M.

WEDNESDAY 9 A.M. – 11:30 A.M. & 12:30 P.M. – 2:00 P.M.

SPRING & SUMMER ITEMS AVAILABLE - MEN'S CLOTHING AVAILABLE

PLEASE BRING YOUR OWN SHOPPING BAG

DONATIONS GREATLY APPRECIATED

**WE DO NOT ACCEPT MEDICAL SUPPLIES, GAMES,
CHILDREN'S TOYS, ELECTRONICS, DISHES*



OLDER ADULTS AND OPIOID USE DISORDER

Submitted by the Greene County Rural Health Network

According to the National Institutes of Health (NIH), pain is the number one reason Americans today seek medical attention. It is a simple fact of life that as we age, and our bodies begin to wear out; we are often afflicted by painful degenerative conditions affecting the joints, bones, and muscles. So, it's not surprising that 52.8 % of older adults, ages 65 and older, experience chronic pain. To find relief, many older adults are turning to opioids to ease it. Opioids are a class of drugs that are often prescribed to treat moderate to severe pain. This class of drugs often has unintended physical and mental consequences and using them for a long period of time presents the risk for developing an opioid use disorder (OUD). As people age, opioids affect them more strongly and are slower to leave their systems, so the side effects can be more severe.

Some of the physical side effects from opioids that older adults may experience can include: nausea and constipation; inability to empty the bladder; jerky contractions of the muscles and an increased risk of falls and fractures. Opioid use in older adults can also result in slower breathing, impaired vision, and excessive sleepiness. In addition, both short and long-term use may cause impaired executive function, attention, and concentration; and in many older adults with an opioid use disorder, symptoms may mimic those of depression, delirium, or dementia.

How can you tell whether you have the signs of a potential opioid use disorder? Consider the following: opioid use increases, but its effectiveness declines; when using opiates, you experience the feeling of being high; you are using an opioid for reasons other than pain management (boredom, depression, anxiety, etc.); you are using opioids for longer than initially prescribed; you've withdrawn from social and recreational activities; or you are experiencing withdrawal symptoms including diarrhea, sweating, and moodiness if the medication is not taken in a timely and regular manner.

If you suspect you may have an opioid prescription disorder, seek help from your doctor or a healthcare professional who is experienced in opioid use disorder (OUD) and can develop an effective treatment plan for you. There are many non-addictive, non-opiate, and non-prescription pain management options available. Treatment for an opioid use disorder, depending on the severity, could also include outpatient or inpatient treatment at a treatment center.

Most adults, 65 and older, will likely experience some level of chronic pain in their lifetime. Given the risks to older adults and the availability of effective alternatives, prescription opioids do not have to be the first line of treatment for chronic pain.

Nutrition Notes



ALLERGY vs. SENSITIVITY

Written By: Nicole Gehman, MS, RD, CD-N

Gluten is a protein found in wheat, barley, and rye. Numerous individuals have celiac disease, which is an autoimmune disorder requiring them to avoid gluten. The lining of our intestines have small finger like structures which enable us to absorb nutrients from food. When people with celiac disease eat gluten, their body's immunity kicks in and damages the lining of the intestine. The long term consequence is malnourishment, regardless of eating a healthy diet with adequate calories. This disease can develop any time in life, and is diagnosed with a blood test. Symptoms include gastrointestinal upset, fatigue, and weight loss.

Those with celiac disease need to avoid foods containing wheat, barley, malt (made from barley), rye and sometimes oats. Oats are naturally gluten free, but often processed in factories where they can be cross contaminated with wheat products. Diet education for celiac disease is extensive and should be discussed with your doctor and registered dietitian. Some examples of gluten free foods safe to consume include corn, legumes, nuts, potatoes, quinoa, amaranth (grain), rice, seeds, and soy.

Wheat is one of the most common allergens in humans. All manufactured products containing wheat or traces of wheat that are regulated by the Food and Drug Administration (FDA) must have "wheat" listed on the label. This enables consumers with celiac disease or wheat allergies to safely select food choices.

Sometimes when eating gluten, symptoms may mimic celiac disease, but blood tests for the autoimmune disorder are negative. These individuals can be categorized as having gluten sensitivity (non-celiac). They must also follow a gluten free diet, but can typically be less fearful of cross contamination, such as potatoes fried in the same oil as a wheat-breaded chicken finger. Historically, ancient grains such as oats, quinoa and amaranth are well tolerate/digested. Over time, processing food has increased in the United States, and several types of grains/flours may be mixed to create one food product (such as a frozen pizza dough). Recent research suggests processing grains has contributed to "gluten sensitivity", as our intestines are very sensitive to these products- which makes sense.



Additional information is always available. Please call the main office at (518) 719-3555 to request an individual nutrition referral with me.

GREENE COUNTY SENIOR SERVICE CENTERS

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert. Menu is subject to change based on product availability and circumstance. Centers are closed on legal holidays and inclement weather.

If you wish lunch from any of the nutrition sites, you must make sure to sign-up by calling the center at least a day in advance. We also ask if you have signed up and become unable to show, please call us as soon as you can to cancel. This helps to reduce our food waste.

If you would like lunch at either Athens or Catskill & need transportation, please call Rose at the main office to schedule.

ACRA

Acra Community Center,
Old Rte. 23, Acra
(518) 622-9898

Ashley Reynolds
Meal Site Manager

Elaine Cherrington
Cook

ATHENS

Rivertown Senior Center
39 Second Street, Athens
(518) 945-2700

Shane Dillon,
Senior Center Manager

JoJo Rouse,
Central Kitchen Manager

JEWETT

Jewett Municipal Building
3547 Route 23C, Jewett
(518) 263-4392

Gayle Ruvolo
Meal Site Manager

Sal Alberti
Food Service Helper/
Driver

COXSACKIE

Town of Coxsackie
Senior Center
127 Mansion Street,
Coxsackie
731-8901

Dorothy Barkman
Faye VanDyke
Co-Meal Site Managers

GRAND REOPENING

TUESDAY, JUNE 7
LUNCH & CAKE
ADVANCE SIGN-UP REQUIRED

NUTRITION EDUCATION

with
Nicole Gehman,
MS, RD, CD-N



Friday, June 17, 2022
JEWETT SENIOR
NUTRITION SITE

Coming in July to Coxsackie,
Catskill and Athens.

*Come learn about
healthy nutrition habits.
Feel free to ask questions.
Recipe and tasting to follow.*

CATSKILL

Robert C. Antonelli
Senior Center
15 Academy Street,
Catskill
943-1343

Penny Konstalid
Meal Site Manager




GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO ATTEND - SUGGESTED DONATION IS \$4.00
SERVED DAILY: BREAD WITH PROMISE SPREAD, MILK, COFFEE & TEA - TARTAR SAUCE SERVED WITH FISH
 LUNCH RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER
 MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BBQ CHICKEN THIGHS BAKED BEANS BUTTERNUT SQUASH COOKIES w/ Applesauce	2 SEAFOOD SCAMPI GREEN BEANS LINGUINI FRESH FRUIT	3 CRANBERRY CHICKEN SALAD MARINATED CARROTS MIXED GREENS MACARONI SALAD FRESH FRUIT
6 MACARONI & CHEESE 3 BEANS SALAD STEWED TOMATOES TROPICAL FRUIT	7 PORK CHOP w/Gravy APPLESAUCE PEAS & CARROTS MASHED SWEET POTATOES PUDDING CUP <div> Grand Reopening Cossackie Senior Nutrition Site </div>	8 STUFFED SHELLS SAUSAGE SPINACH FRUIT COCKTAIL	9 AMERICAN CHEESEBURGER LIMA BEANS, CORN & CARROT MEDLEY POTATO SALAD FRESH FRUIT	10 CHICKEN & BISCUITS w/Gravy GREEN BEANS MASHED POTATOES FRESH FRUIT
13 CHICKEN DIVAN TUSCAN VEGETABLES WHITE RICE PLUMS	14 BAKED SALMON w/ Dill Sauce BROCCOLI SCALLOPED POTATOES MANDARIN ORANGES	15 VEAL PARMESAN ITALIAN MIXED VEGETABLES STEWED TOMATOES ROTINI PASTA CHEESECAKE w/ Strawberry Sauce	16 MEATLOAF w/ Gravy MASHED POTATOES MONACO VEGETABLE MIX FRESH FRUIT	17 CHEF SALAD w/ Ham & Swiss 3 BEAN SALAD MACARONI SALAD YOGURT PARFAIT <div> Nutrition Education Jewett Site 12 p.m. </div>
20 FISH FLORENTINE PRUNE JUICE BROCCOLI RICE PILAF FRUIT CUP	21 SALISBURY STEAK w/Onion Gravy AU GRATIN POTATOES SPINACH PEARS	22 BIRTHDAY CELEBRATION CHICKEN DIJON MASHED POTATOES BRUSSELS SPROUTS BIRTHDAY CAKE 	23 KNOCKWURST w/ Sauerkraut* CARROTS BAKED BEANS STRAWBERRY SHORTCAKE <i>* Low Sodium Diet Subst: BBQ Chicken</i>	24 TUNA MACARONI SALAD over Mixed Greens CUCUMBERS & TOMATOES COLESLAW FRESH FRUIT
27 STUFFED PEPPERS CORN LIMA BEAN MIX PEACH CUP	28 LEMON BAKED COD SPINACH CARROT COINS RICE PILAF PEARS	29 HUNGARIAN GOULASH RED CABBAGE GREEN BEANS EGG NOODLES PUDDING	30 TORTELLINI w/ Meatball ITALIAN VEGETABLES FRESH FRUIT	

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 MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 ALL AMERICAN HOT DOG POTATO SALAD CORN STRAWBERRY SHORTCAKE <u>LOW SODIUM SUBST:</u> Cheeseburger in lieu of Hot Dog 
4 CLOSED IN HONOR OF INDEPENDENCE DAY 	5 CHICKEN & BISCUITS MASHED POTATOES CORN MANDARIN ORANGES	6 STUFFED SHELLS w/ Sausage ITALIAN MIXED VEGETABLES SPINACH CHOCOLATE CAKE	7 CHICKEN SALAD MIXED GREENS w/ Cucumbers & Tomatoes CRANBERRY JUICE PASTA SALAD FRESH FRUIT	8 CRAB TOPPED COD GREEN BEANS & CARROTS MIX RICE PILAF FRESH FRUIT
11 MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES PINEAPPLE	12 CHICKEN DIVAN CALIFORNIA MEDLEY WHITE RICE TROPICAL FRUIT	13 MEAT LASAGNA ITALIAN MIXED VEGETABLES RICE PUDDING w/ Raisins Nutrition Education Coxsackie Sr. Center 12 p.m.	14 MEATLOAF w/ Gravy MASHED POTATOES BRUSSELS SPROUTS FRESH FRUIT	15 SEAFOOD PASTA SALAD MIXED GREENS w/ Cucumbers & Tomatoes COLE SLAW FRESH BERRIES w/ Whipped Topping
18 SLOPPY JOES CAULIFLOWER RICE TROPICAL FRUIT	19 CHICKEN DIJON MASHED POTATOES MONACO VEGETABLE MIX PEARS	20 PORK CHOP w/ Gravy APPLESAUCE CORN, LIMA BEANS & CARROT MIX ROASTED POTATOES COOKIES	21 ROASTED TURKEY w/ Gravy & Cranberry Sauce GREEN BEANS SWEET POTATO STUFFING VANILLA MOUSE w/ Fresh Blueberries Nutrition Education Catskill Sr. Center 12 p.m.	22 MEATBALL SUB GARDEN SALAD ITALIAN MIXED VEGETABLES FRESH FRUIT
25 BEEF CHILI MIXED VEGETABLES WHITE RICE PLUMS	26 FISH FLORENTINE ITALIAN MIXED VEGETABLES RICE PILAF COOKIES	27 BAKED HAM* w/ Raisin Sauce SWEET POTATOES BROCCOLI FRUITED JELL-O * <u>LOW SODIUM SUBST:</u> Chicken Cutlets w/ Gravy	28 BBQ PULLED PORK COLE SLAW CARROTS BAKED BEANS FRESH FRUIT Nutrition Education Rivertown Sr. Center 12 p.m.	29 CRANBERRY CHICKEN SALAD MIXED GREENS POTATO SALAD FRESH FRUIT

10 WARNING SIGNS OF ALZHEIMER'S

An education program presented by the Alzheimer's Association®



WHAT TO WATCH FOR IN YOURSELF AND OTHERS.

Alzheimer's causes changes in memory, thinking and behavior that are not normal aging.

Join us to learn about:

- » The difference between normal aging and Alzheimer's.
- » Common warning signs.
- » The importance of early detection and benefits of diagnosis.
- » Next steps and expectations for the diagnostic process.
- » Alzheimer's Association resources.

DATE Friday, June 24th
TIME 12-1pm

ADDRESS Rivertown Senior Center; 39 2nd
St. Athens, NY 12015

REGISTRATION INFO: Although not required
registration is encouraged.

To register call 518.675.7214

Visit alz.org/CRF to explore additional
education programs online and in your area.

This program is supported, in part, by a grant
from the New York State Department of Health.

alzheimer's  association®

Northeastern New York Chapter

GREENE COUNTY DEPARTMENT of HUMAN SERVICES

CONTRIBUTIONS POLICY



For services under the Older Americans Act and in Community Services for the Elderly which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions. **Services will not be denied to anyone unable or unwilling to make a contribution.**

CONSULTATION and ASSISTANCE: This includes such client assistance activities as case assistance, Health Insurance Information Counseling and Assistance Program (HIICAP), help with public benefit applications, etc. The suggested level is \$5.00 per office visit (*Actual cost \$20.00/hour*).

IN-HOME SERVICES: This is discussed with the client by the case manager at the time of assessment. The suggested level of contribution is \$3.00 per hour (*Actual cost \$21.56/hour*).

LEGAL SERVICES: The suggested level of contribution is \$10.00 per attorney consultation (*Actual cost \$149.00/hr*).

NUTRITION:

Senior Congregate Meal or Home Delivered Meals: The suggested level of contribution is \$4.00 (*Actual cost \$15.00/meal*).

Nutrition Counseling: Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute. The suggested level of contribution is \$5.00. (*Actual cost \$65.00/hour*).

Health Promotions: There is no suggested contribution for this service. Donations always accepted.

TRANSPORTATION:

Shopping Bus: The suggested level of contribution is \$3.00 round trip (*Actual cost \$15.08/one way*).

Senior Center Transportation: The suggested contribution is \$1.00 for round trip (*Actual cost: \$7.34/one way*).

Medical (Homebound) Transportation: The suggested contribution for this service is a sliding scale based on mileage

0 – 10 miles	\$3.00 round trip
11 – 20 miles	\$5.00 round trip
21 – 40 miles	\$9.00 round trip
41+ miles	\$15.00 round trip

(*Actual cost is \$29.62 one-way trip, maximum mileage*)

Remember to make checks payable to Greene County Department of Human Services & note in memo the service.

*Thank
you*



*Your kind and generous donations
will be used to provide service
to an older adult in need.*

*Marie Walker
In Memory of Garth Walker*

*Carolyn Yusko
In Memory of Winnie Sossei*



**THANK YOU FOR YOUR
SUPPORT and GENEROSITY**

As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates donations. If you or your family are in a position to do so, please fill out the form below. One hundred percent of your contribution will be used to provide service to another older adult in need.

NAME: _____

ADDRESS: _____

I designate a \$ _____ donation in appreciation for services **OR** in memory of _____
to the following:

_____ Round Table News	_____ In-home services
_____ Senior Angels Fund	_____ Homebound transportation
_____ Nutrition Program/Home-delivered Meals	_____ Where most needed

Make checks payable & mail to:

Greene County Dept. of Human Services
411 Main Street Catskill, N.Y. 12414

News From the Greene County Youth Bureau

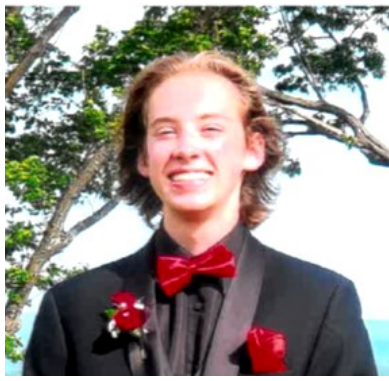
GREENE COUNTY RECOGNIZES OUTSTANDING AREA YOUTH

The Greene County Children, Youth & Community Advisory Board is pleased to announce their selections for their 2022 Youth Awards. A description of the activities and involvement within the community for each youth nominated was submitted to the Advisory Board portraying a caring, dedicated individual whose efforts and accomplishments should be recognized. Selecting the awardees out of the many excellent nominations was a very difficult task. However, they are confident that the awards are being made to very deserving young members of our county: **Samuel Mozzillo, Coxsackie-Athens High School – 2022 Greene County Youth of the Year; Gabriel Hoglund – Coxsackie-Athens High School – Children, Youth & Community Advisory Board Chairman’s Choice Award and Brianna Leishear, Windham Ashland Jewett Central School – Greene County Department of Human Services Director’s Award.**



Samuel Mozzillo, son of Samuel and Lucille Mozzillo of Athens, has been a volunteer in his community since 2015 when he joined the Cairo Boy Scouts. As a scout, he has served as a Senior Patrol Leader, Junior Asst. Scout Master, as well as assisted the Cairo Hose Company with their annual Election Day Spaghetti Dinner. In 2021, he was awarded the rank of Eagle Scout, with his project being the construction of a song bird enclosure for Friends of the Feathered and Furry. Since 2017, he has assisted the E J Arthur PTO at various events including the annual Halloween parties, Breakfast with Santa, 5K run and other school events. As a Scout, he is devoted to our veterans and has played taps for both the Greene County Honor-A-Vet

ceremony and at funeral services for Veterans, as well as distributed poppies for Memorial Day as a Sons of the American Legion member. In 2020, he joined the Athens Volunteer Fire Department and has participated in drills, fire calls, as well as the social side of parades and hanging holiday lights around the Village of Athens for Christmas. In 2021, Sam was named as an Ambassador to the Hugh O'Brien Youth Leadership (HOBY) Conference and this June, he will attend the American Legion Boys State, a most respected and selective educational program of government instruction for U.S. high school students. Samuel has made the school's honor roll several times and was named to the National Honor Society last year. He is active in various clubs (Drama Club, Varsity Club, Hope Club, and Outdoor Club) and as a member of Band/Chorus was named to All County. In addition, he is an athlete having been of the school's Soccer, Volleyball and Baseball teams. He has been named a Scholar-Athlete and won MIP for soccer and MVP for volleyball this school year. Darlene Mergendahl, his nominator, sums Sam up this way, "if you need something to be taken care of, Sam will always be the first person to raise his hand to volunteer."



Gabriel D. Hoglund is the son of Eric and Jean Hoglund of Hannacroix and began giving back to his community in 2013 as an Altar Server at St. Mary's Roman Catholic Church in Cossackie. He later assisted with the church's podcast project and in 2021, joined the church's Youth & Faith Formation group. Since 2019, he has assisted RSVP volunteers with Home Delivered Meals when on vacation from school; has helped with the annual Thanksgiving Dinner provided by Hope's Mission and serves as a tutor for Math for Special Education students in the C-A school district. In 2019, he co-founded the C-A High School Christian Life Club and currently serves as Vice-President. Gabriel was appointed to the NYS YMCA & Youth Government having served as a Legislative Chair and in 2021 was awarded "Best Bill" and "Best Debater". He volunteers his time by stocking shelves at the Cossackie Food Pantry and by serving as a music tutor for guitar and ukulele. This past February he worked with Catholic Charities Food Distribution Truck by loading boxes and bringing to clients' cars. He has received several personal achievement awards: Young Playwright Capital Repertory Theater and nationally was named one of the top 5,000 Fastest Rubik's Cube Solvers by the World Cube Association. Academically, Gabe has made the High Honor Roll and is a member of the National Honor Society. He has served as his class treasurer and was President of the 2020 Mock Trial team. He is a member of the school's Investment Club, Outdoors Club, currently President; a member of the Jazz Band (bassist) and Senior Band (1st Clarinet), and serves as Editor-in-Chief of the school newspaper. He has been on the school's soccer, volleyball and track teams.

Brianna Leishear is the daughter of Ron and Brandy Dunham of Windham. She has served as a volunteer at the Windham Community Food Pantry since 2018. She has served on the Student Council at Windham-Ashland-Jewett, and has been a member of the National Junior Honor Society and the National Honor Society. While a student, she has been the treasurer of the school band, chorus, Drama Club, and the Student Council. In addition, she is involved in the school's Jazz Band, Acapella Club, Women's Choir, Clarinet and Sax Ensemble. She has played on the girls' soccer, softball and cheerleading teams. Per Anne Jakubowski, nominator, "we highly value her selflessness and desire to serve others. Brianna is a valued asset to the community."



Congratulations to all these fine young Greene County residents. They are truly role models for others. All of the youth will be honored at opening ceremonies of the Greene County Youth Fair.

Mark Your Calendars Now

GREENE COUNTY YOUTH FAIR

Angelo Canna Park - Mountain Avenue, Cairo

Thursday, July 28 - Sunday, July 31, 2022

Hours: 9:00 a.m. - 9:00 p.m.

Saturday, Fireworks at 9:00 p.m.

Sunday: 9:00 a.m. - 3:00 p.m.

For more information, go to www.thegreencountyouthfair.com



SPRING 2022 SMART DRIVER™ COURSE

Become a safer driver!

Reduction on your auto insurance premium!

**SPONSORED BY
THE MOUNTAINTOP GOLDEN AGERS**

**COST FOR COURSE:
\$32.00 for AARP members
\$37.00 for non-members**

Must possess valid NYS driver's license

**CLASS DATE & LOCATION
Wednesday July 13, 2022
8:30 a.m. - 3:30 p.m. (Lunch included)
Haines Falls Firehouse**

***Call Christopher at 518-589-5815
to reserve a class spot***

GREENE COUNTY SENIOR CITIZENS CLUBS



ATHENS

ATHENS SENIOR CITIZENS

2nd & 4th monthly Monday

1:15 p.m.

Rivertown Senior Center

CAIRO:

CAIRO GOLDEN AGERS

2nd & 4th monthly Wednesday

1:30 p.m.

Acra Community Center

CATSKILL:

CATSKILL SILVER LININGS

2nd monthly Thursday, 1:00 p.m.

Robert C. Antonelli Senior Center

Contact person: President Sheila Pedersen, 518-719-5361

COXSACKIE:

COXSACKIE AREA SENIORS

Not meeting due to COVID

2nd & 4th monthly Wednesday

1:00 p.m.

Van Heest Hall, Bethany Village

SENIOR CITIZENS of COXSACKIE

1st & 3rd monthly Monday, 2:00 p.m.

Town of Coxsackie Senior Center

Contact person: President Yale Frank, 518-731-8855

GREENVILLE

GREENVILLE GOLDEN YEARS

1st monthly Wednesday, 1:00 p.m.

American Legion Hall

Contact person: President Beverly Myers, 518-966-8482

MOUNTAIN-TOP:

MOUNTAIN TOP GOLDEN AGERS

4th monthly Thursday, 1:00 p.m.

Tannersville Fire Hall

Contact person:

President Margaret Robinson, 518-589-4091

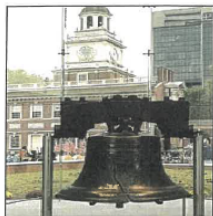
W-A-J-P-L GOLDEN AGE CLUB

1st & 3rd Monday, 1:00 p.m.

Windham Town Building

Contact person:

President Lula Anderson, 518-734-5360



PHILADELPHIA

Featuring the
Museum of the American Revolution

3 DAYS - 2 NIGHTS
AUGUST 22 - 24, 2022

\$ 370.00 per person double occupancy
\$ 510.00 per person single occupancy

\$25 pp deposit, Balance due June 17



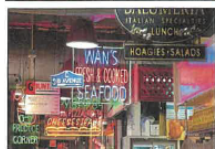
PACKAGE INCLUDES:

- * 2 Nights lodging
- * 2 Breakfasts
- * 1 Dinner
- * Guided tour of historic Philadelphia including
- * Independence Hall (based on availability)
- * Liberty Bell Center
- * Museum of the American Revolution
- * National Constitution Center, including performance of "Freedom Rising"
- * Betsy Ross House
- * Visit to a Philadelphia Casino
- * Reading Terminal Market
- * Souvenir gift
- * Luggage handling
- * Taxes and meal gratuities
- * Motorcoach transportation

Cancellation insurance available; see reverse side for details

FOR INFORMATION AND RESERVATIONS CONTACT:

CATSKILL SILVER LININGS
Georgianna Ramsay
PO Box 162
Round Top, NY 12473
(518) 622-3257



★ WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

The WAJPL Golden Age presents

3 Day Boothbay Harbor, Maine

with a Lobster Bake on Cabbage Island!



July 26-28, 2022
Seats Limited, Book Early!



Package Includes:

- Roundtrip Deluxe Motorcoach
- 2 Nights at the Fisherman's Wharf Inn
- 2 Buffet Breakfast and 2 Dinners
- Narrated Boat Ride on the "Bennie Alice" with an authentic Lobster Bake on Cabbage Island
- Lovely Dinner Included
- Entertainment at Inn
- Dinner & Show at the Carousel Dinner Theatre
- Free time in Boothbay Harbor
- Boothbay Botanical Gardens
- Visit to the lovely seaside city of Portland, ME
- Baggage Handling & All Meal Tips & Taxes
- Driver's Gratuity



\$535 per person double

\$525 Triple \$685 Single

\$100 Deposit at Sign Up

Balance due:

June 19, 2022

Cancellation Protection is available
for \$49 per person at Sign Up only.

For reservations contact:

Mary Louise

(518) 622-3397

Or Vicky @

(518) 734-4164



Voted Best
Blueberry Pie



Lobster Clam Bake on
Cabbage Island



Bus Departs: 6:30 a.m.
St Theresa's Church
Windham, NY
Returns at Approx. 9:45 p.m.

W A J P L GOLDEN AGE TRIP

TUESDAY, JULY 19, 2022



at



PATERSON, NJ

\$70 per person

For reservation, please contact
Mary Louise @ 518-622-3397

or

Vicky @ 518-734-4164

MountainTop Golden Agers Trip



THURSDAY, JULY 21, 2022

AT THE



BUFFET LUNCH
PRIOR
TO THE SHOW



\$69 PER PERSON

For reservation, please contact
Christopher at 518-589-5815



**PIONEER VALLEY OF
WESTERN MASSACHUSETTS**
*Featuring a FIREPLACE FEAST
at the SALEM CROSS INN*

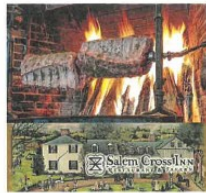
**4 DAYS - 3 NIGHTS
SEPTEMBER 19 - 22, 2022**

**\$ 595.00 Per Person Double Occupancy
\$ 860.00 Per Person Single Occupancy**

\$25 pp deposit; Balance due July 22

PACKAGE INCLUDES:

- * 3 Nights lodging in Chicopee, MA area
- * 3 Breakfasts
- * 2 Dinners, including a light dinner & Fireplace Feast Dinner at the Salem Cross Inn
- * Admission to Magic Wing Conservatory & Gardens
- * Visit to Yankee Candle Flagship Store
- * Admission to the Springfield Museums at the Quadrangle
- * Visit to MGM Springfield Casino
- * Souvenir Gift
- * Luggage Handling
- * Taxes & Meal Gratuities
- * Motorcoach Transportation



Cancellation insurance available upon request; see reverse side.

FOR INFORMATION AND RESERVATIONS CONTACT:

CATSKILL SILVER LININGS
Georgianna Ramsay
PO Box 162
Round Top, NY 12473
(518) 622-3257

WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com



Greenville Golden Years presents.



Neil & Billy together on Stage!

"NEIL DIAMOND meets BILLY JOEL"
as/TWIN LOBSTERS or PRIME RIB

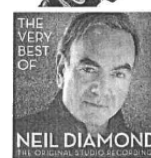
at the Log Cabin, Holyoke, MA

Enjoy the beautiful Views overlooking Mt Tom

at the elegant Log Cabin Banquet Facility

THURSDAY, JULY 28, 2022

The talented Charlie Lask is back with his Tribute to Neil Diamond, to play all his Classics such as Sweet Caroline, Forever Blue Jeans and Love on the Rocks. "Neil" will be met by no other than the Piano Man performed by the dead ringer look alike John Cozzolino. He will perform Just the Way You Are, She's Always a Woman to Me and of course "Piano Man". Enjoy a delicious meal & show at the very popular Log Cabin!



PACKAGE INCLUDES:

- Roundtrip Motor Coach Transportation
- TWIN LOBSTERS freshly steamed with Drawn Butter OR Prime Rib of Beef
- Neil Diamond & Billy Joel Tribute Show
- Meal Taxes and Gratuities
- Drivers Gratuities

Delicious Luncheon

*Hors D' Oeuvre's
Signature Bread
Clam Chowder*

**TWIN LOBSTERS
or PRIME RIB**

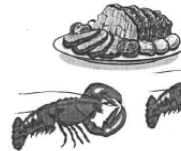
*Baked Potato & Corn
Dessert, Coffee or Tea*



\$79.00 PP

**For Reservations Call:
Phyllis Wissert
518-943-9028**

**Bus Pick Ups:
#1 Greenville
#2 Exit 21 Catskills**



MountainTop Golden Agers Trip

TUESDAY, AUGUST 23, 2022



**AT THE
HOLIDAY INN RESORT
LAKE GEORGE, NY**



\$68 PER PERSON

**For reservation, please contact
Christopher at 518-589-5815**

MountainTop Golden Agers Trip

THURSDAY SEPTEMBER 29, 2022



**AT THE
TURNING STONE CASINO
VERONA, NY**



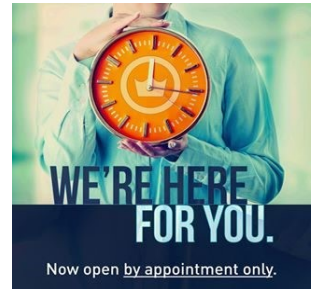
\$70 PER PERSON

**For reservation, please contact
Christopher at 518-589-5815**



GREENE COUNTY ROUND TABLE NEWS
is published monthly by
GREENE COUNTY DEPARTMENT of HUMAN SERVICES
411 Main Street, Catskill, NY 12414
(518) 719-3555 Toll Free (877) 794-9266
aging@discovergreene.com

BUSINESS MANAGER: Ken Brooks
AGING COORDINATORS:
Aging Services - Connie Bentley
Nutrition Services - Tezera Pulice
Volunteer Services - Ruth Pforte



CASE MANAGERS:	<u>Staff:</u>	
	Brooke Bergeron Danielle Kane-Wade	Tami Bone Christopher Lewoc
ADMINISTRATIVE ASSISTANT:	Maureen Murphy	
AGING SERVICES SPECIALIST:	Bonnie Snyder	Valree Wright
AGING SERVICES AIDE:	Rose Bundy	
RECEPTIONIST:	Aniston Keff	
CHAUFFEUR:	Patrick Murphy	
<u>YOUTH SERVICES WORKERS:</u>	Carrie E. Wallace	Laura Anderson

The office is open 8:30 a.m. - 5:00 p.m. Monday thru Friday, though staff are unavailable between 12:00 p.m. and 1:00 p.m. Agency staff specialize in a variety of subjects. **During COVID, staff are available by appointment only. Please call our main office telephone number to schedule an appointment if you need to meet with a staff member.**

Programs are made possible through funds from the NY State Office for the Aging, NY Connects, Administration for Community Living, NY State Office of Children and Family Services, and the generous support of the Greene County Legislature. Contributions are gratefully accepted and used to expand programs and services. **No person will be denied service if they are unable or unwilling to contribute.** All contributions are confidential.

For individuals with disabilities or language interpretation needs, requests for reasonable accommodations should be made with at least five days notice.

GREENE COUNTY ROUND TABLE NEWS is published monthly by the Greene County Department of Human Services. If you would like to be added to or removed from our subscriber list, please call Maureen at 518-719-3555 or email aging@discovergreene.com. Issues are available in black & white print and mailed via the U. S. Postal Service or full color via electronic mail.