

**ANNUAL PLAN OF SERVICE FOR 2023**

The goal of the Greene County Department of Human Services is to ensure a network of supportive services to assist the County's senior residents maintain their dignity and independence.

The Department of Human Services entered a Four Year Plan of Services for the period of April 1, 2020 through March 31, 2024. This plan projects service needs for the future and sets appropriate goals to ensure that the needs of Greene County's older residents will continue to be addressed effectively and efficiently.

Future Public Hearings will be addressing the plan of service for 2023. In an effort to give the most accurate, complete answers possible, we will be accepting questions or comments in advance. Comments could include answers to one or more of the following questions.

- 1. What new services would you like to see provided by Department?***
- 2. Are there any changes you'd like to see in existing Department services?***
- 3. Any other general comments related to future services for seniors?***

Anyone interested may submit advance questions or comments by stopping by the office, calling 518-719-3555; mailing them to Greene County Department of Human Services, 411 Main Street, Catskill, NY 12414; sending a message via email ([sschleuderer@discovergreene.com](mailto:sschleuderer@discovergreene.com)) or through our Facebook page. Attendees may still submit written comments or questions on the day of the hearing. Your comments are important and are used in the planning process for 2023. Please come and share your ideas and ask questions.

**Locations:**

**Tuesday, November 1, 1:30 p.m.**

**Jewett Municipal Building - Beaches Corners, Jewett**

**Wednesday, November 16, 1:30 p.m.**

**Rivertown Senior Center - 39 Second Street, Athens**

**Thursday, November 17, 1:30 p.m.**

**Town of Coxsackie Senior Center - 127 Mansion Street, Coxsackie**

**Overview**

The Department of Human Services provides a network of distinct services designed to meet the needs of the more than 11,000 older residents of Greene County. These services are offered through a combination of subcontracted programs and direct services provided by the Department staff and volunteers. The Department operates from six locations situated throughout the county, our main office at 411 Main Street, Catskill, NY, our county Senior Center located at Rivertown Senior Center, 39 Second Street, Athens, or one of our Senior Nutrition sites located in Acra, Jewett, Catskill and Coxsackie.

## AN IMPORTANT SEASONAL REMINDER

As we will soon be entering the winter season, we are asking for the help and cooperation of the people we serve, especially those who receive home delivered meals and use our medical transportation service.



During snow or ice storms, it may be necessary for us to close our senior nutrition sites and cancel meals for the day because of hazardous driving conditions. We may also need to cancel medical transportation service for the day.

When the centers are closed, we announce it on TV channels 6, 10, and 13, and on area radio stations. You will also receive a Swift 911 telephone call announcing the closure. Please note, if the centers are closed, you need to contact our office regarding Medical Transportation appointments for the day.

Our volunteers are the cornerstone of our home delivered meals and medical transportation services. Most of these volunteers are senior citizens themselves and use their own vehicles. We keep this in mind when the roads are bad or there has been a heavy snowfall the night before. We will close the service for the day before we put any volunteers or staff in danger.

We must also consider the danger of asking someone to deliver a meal to a home when the driveway or sidewalk is not cleared and/or passable. If the volunteer cannot safely get to the home, we will not deliver the meal. It is important that you keep this in mind.

We hope you understand that we want to provide our clients with the services they need, but we cannot endanger the safety of our volunteers and our staff in the process. We thank you for your assistance and your cooperation.

**Please note: Greene County Department of Human Services will be closed on Election Day, Tuesday, November 8 and on Veterans' Day, Friday, November 11. There will be no meals or transportation services available through the Department either day.**



**TUESDAY, NOVEMBER 8, 2022**  
**IS ELECTION DAY**  
**Polls open 6 a.m. - 9 p.m.**

**If you have questions regarding this year's election, please contact the Greene County Board of Elections at (518) 719-3550.**





# GREENE COUNTY SENIOR ANGELS

## Spreading Cheer 365 Days a Year



*Sponsored by Greene County Department of Human Services*

*We would like to invite you to become a Senior Angel*

**2022 continues to be a heck of a year. COVID-19 has caused us to see so many changes. We are gradually getting back to some kind of “normal”.**

**This has been a difficult year all around. We are slowly moving forward. As you can imagine, it has been a very difficult time for the senior citizens of Greene County who have been confined to their homes.**

**The department has many elderly, limited-income clients who would greatly appreciate a special gift during the holiday season. These gifts lift their spirits, brings a smile to their faces and fulfill a need. Monetary donations will be placed in the department's Senior Angels Fund and be used to purchase gifts for needy senior citizens. 100% of this money goes to benefit the senior citizens of Greene County and nowhere else.**

**We understand that this year may be a difficult one for you to donate and we can appreciate that. So, if you can't donate, that's okay. Instead, maybe you can reach out to a senior you know via phone or mail and let them know you are thinking about them. If you can donate, this year more than ever, it would be appreciated. This year will certainly be a year that Senior Angels will be a vital source of help. We want to thank you, in advance, for any donation you are able to make or any phone call/contact you can do.**

**Year round, funds are used to provide one-time, emergency assistance to senior citizens when all other funds have been exhausted and there is no other source to help.**

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**PLEASE RETURN THIS SECTION WITH YOUR DONATION**

\_\_\_\_\_ *I would like my name published to read:*

\_\_\_\_\_ *I wish to be listed as “Anonymous”*

\_\_\_\_\_ *Instead of my name, I would like the donation to read:*

*In Memory/Honor of:* \_\_\_\_\_

*Donations may be dropped off or mailed to:  
Greene County Department of Human Services  
411 Main Street Catskill, NY 12414*

*For more information, please call 518-719-3555 or Toll-free (877) 794-9266*

*Email any questions to [kenbrooks@discovergreene.com](mailto:kenbrooks@discovergreene.com)*





## SENIOR ANGELS PROGRAM - SPREADING CHEER 365 DAYS A YEAR



*SPONSORED BY GREENE COUNTY DEPARTMENT OF HUMAN SERVICES*

### 2022 SENIOR ANGEL ORNAMENT \$5.00 EACH

If you would like a 2022 Senior Angels ornament, simply complete below and mail to Greene County Dept. of Human Services' Senior Angels Fund, 411 Main St., Catskill NY 12414 along with your payment and we will gladly mail an angel to you.

If you would like us to mail an ornament to a family member or a friend, please list their name and address and we will send it directly to them along with a gift card.  
Thank you.

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Please send me \_\_\_\_ ornament(s) at \$5.00 each.

My name and mailing address is: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please mail the ornament to the following person/  
people:

Name and mailing address: \_\_\_\_\_  
\_\_\_\_\_

Inscription on card: \_\_\_\_\_

If you would like to order more than one gift Angel, please list above information for each additional ornament on a separate sheet.

Total: # of gifts: \_\_\_\_\_: (\$5.00 each)

All sale proceeds benefit  
Greene County Senior Angels Fund.

## THANK YOU COXSACKIE-ATHENS ROTARY CLUB



The Coxsackie-Athens Rotary Club kicked off the Greene County Dept. of Human Services' 2022 Senior Angels Fund campaign by making their annual contribution at their September meeting. Seen in photo accepting the donation are Ken Brooks, Senior Angels Committee, and Stephanie Schleuderer, Executive Director, Greene County Dept. of Human Services, from C-A Rotary President, Samantha Pidgeon and Ed Bloomer, Rotary member.

## *For Your Donations to the Senior Angels Program*



*Catskill Elks Lodge 1341  
Harry A. Feineis  
Peter & Ann Markou  
Charles & Frances Serro  
Debbi Traficanti*

*Coxsackie-Athens Rotary Club  
Lake & Mountain Realty LLC  
P. Schneider & Associates, PLLC  
Shook Insurance Agency, LLC*

### *In Honor Of . . .*

*Ken Brooks, my husband  
Tracy Kemp  
Renee Mathis for kindness to neighbors*

*Regina Davis & Marcella Halligan  
Robert R. Main*

### *In Memory of . . .*

*William Cash  
Clarence and Martha Gardner  
Rosemary Graham  
Helen Lee  
Lucille & Richard Ogden  
Frances Rossbeck  
Benjamin Wells  
Ziggy*

*Leonard DiSalvo (2 donations)  
Helen Golden and Brian Golden  
Robert & Ruth Kallman  
Dick and Ali Mangano  
Paul & Virginia  
Garth W. Walker  
Rev. Henry Verdaasdonk*

*Deceased Members of Ladies Ancient Order of Hibernians Division 32*



# VOLUNTEERS NEEDED

THE HEART OF THE COMMUNITY



The Greene County Department of Human Services is always looking for volunteer drivers to assist Homebound Senior Citizens.

## Volunteer Options

- ✓ Home Delivered Meals – Deliver meals county wide
- ✓ Medical Transportation – Transport clients to appointments in nearby counties

**CONTACT RUTH PFORTE**  
**(518) 719-3555**



**Attention Medical Transportation Clients and Volunteers:** We now have an email address. You can reach us at:

**[medicaltransport@discovergreene.com](mailto:medicaltransport@discovergreene.com)**



**39 Second Street  
Athens, NY**

**HOURS:**

**Monday: 9:00 a.m. – 11:30 a.m.**  
**Wednesday: 9:00 a.m. – 11:30 a.m.**  
**12:30 p.m. – 2:00 p.m.**

**STOP BY AND SEE OUR WONDERFUL SELECTION OF CLOTHING !  
MENS & WOMENS SIZES XS - 4X!**

**MANY FALL & WINTER ITEMS!**



**ACCESSORIES: JEWELRY, PURSES, BELTS, SHOES**

*Note: We accept donations during business hours only.  
We do not accept medical supplies, games, toys, electronics or dishes.*

*Mark your calendar for the  
Athens Victorian Stroll  
Saturday, December 10*



*Thrift Shop will be open 12:30 p.m. ~ 4:30 p.m.*



**Attention  
Greene County Seniors  
living in  
Catskill, Coxsackie-Athens  
or Greenville**

## **HELPING HANDS PROGRAM**

Greene County Department of Human Services'  
Senior Angels Program  
has teamed up with local Rotary Clubs  
on the **"HELPING HANDS"** program.

If you need assistance with getting groceries  
or some minor repairs done around the home  
(i.e.: changing light bulbs,  
changing out screens to storm windows,  
and any minor repairs)  
please let the Greene County Senior Angels know.

Please call: 518-719-3555  
and ask for the Helping Hands Coordinator.

*Note: Large jobs requiring a contractor  
(i.e.: new roof, deck or fencing)  
will not be considered.*







**ATTENTION U. S. VETERANS  
AND CURRENT MILITARY PERSONNEL**  
November Upcoming Events in Greene County



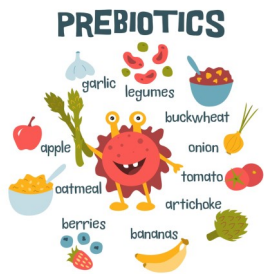
Tues. Nov. 1	7:00 p.m.	American Legion Riders Meeting, Greenville post
Wed. Nov. 2	7:00 p.m.	Cairo American Legion meeting
Thurs. Nov. 3	7:00 p.m.	Catskill American Legion meeting @ Catskill Elks Lodge
Fri. Nov. 4	6:00 p.m.	Greenville American Legion Auxiliary Nickel Social
Sat. Nov. 5	10:00 a.m.	Greene County Honor-A-Vet Ceremony Honoring David Darling – Historic Catskill Point <b>PUBLIC CORDIALY INVITED TO ATTEND</b>
Sun. Nov. 6	9:00 a.m./10:30 a.m.	Veterans Breakfast hosted by Catskill Elks <b>ALL VETERANS CORDIALY INVITED TO ATTEND – FREE</b>
Mon. Nov. 7	9:15 a.m.	Veterans Recognition @ Athens Elementary
Wed. Nov. 9	7:00 p.m. 7:00 p.m.	Athens American Legion meeting Coxsackie American Legion meeting @ Town of Coxsackie Senior Center
Thurs. Nov. 10	7:00 p.m.	Veterans Day @ Coxsackie-Athens School Prattsville American Legion meeting
Fri. Nov. 11	10:00 a.m. 4:30 p.m. – 7:00 p.m. 11:00 a.m.	Greenville American Legion Veterans Day Observance Greenville Legion Spaghetti Dinner Coxsackie, Veterans Day Recognition
Sat. Nov. 12	7:00 a.m. – 10:00 a.m.	Athens American Legion Veterans Breakfast <b>ALL VETERANS CORDIALY INVITED TO ATTEND – FREE</b> , All others \$5
Tues. Nov. 15	7:00 p.m.	New Baltimore American Legion meeting
Fri. Nov. 18	7:00 p.m.	Greene County American Legion meeting @ New Baltimore Firehouse
Sat. Nov. 19	11:00 a.m.	Catskill VFW meeting

# November Nutrition Notes

*Written by Nicole Gehman, MS, RD, CD-N*



Prebiotics and probiotics are known to support our gut health, but how? Most have heard the terms, but it is confusing as to what these microorganisms are, and how they work within our body. While prebiotics are a type of dietary fiber, probiotics are live bacteria also known as live cultures. They work together in our digestive system to support the “good” bacteria, promoting a healthier gut.



Prebiotics are naturally occurring in food. They are made up of carbohydrates, therefore found in various fruits, vegetables, and whole grains. Sources include broccoli stems, bananas, soybeans, asparagus, wheat, garlic, oats, and onions, just to name a few. They are the food and fuel for probiotics, meaning the live bacteria in our gut feed off them.

There are many strains (types) of probiotics, which help bacteria in our digestive system either change or reproduce. Fermented foods such as yogurt, kefir (like drinkable yogurt), kimchi (pickled cabbage), sauerkraut, and tempeh (made from soybeans) contain the live cultures. Other foods that normally would not be a source such as juices or non-dairy products, can be fortified with the cultures.



Research has linked the beneficial relationship between prebiotics and probiotics improving the healthy flora in our gastrointestinal track, improving immune function, and even enhancing the way our body absorbs calcium. You can consume pre and probiotics right from your daily diet or obtain them in supplemental form. It is best to consult with your doctor or registered dietitian on what type of probiotic to purchase, or if it would be the appropriate supplement for you to take. Supplements range in price and vary with the number of bacteria they contain.

Incorporating foods that contain both pro and prebiotics can be very beneficial to our health. An example would be a stir fry with kimchi and broccoli (with the stems). For specific advice or any additional questions, please contact the Department of Human Services at (518) 719-3555 and ask for Nutrition for an individual nutrition referral.



# PROBIOTICS vs. PREBIOTICS

## Both Are Necessary for A Healthy Gut

Probiotics are the good bacteria living in your gut. They help your body break down food and support gut health, as well as overall wellness.

### PLANT-BASED PROBIOTIC FOODS



NATTO



COCONUT KEFIR



SAUERKRAUT



TEMPEH



KIMCHI



MISO



PICKLED VEGGIES  
(NON-PASTEURIZED)



NON-DAIRY  
YOGURT

Prebiotics are the food for the good bacteria. They come from the non-digestible fiber in certain foods.

### PLANT-BASED PREBIOTIC FOODS



ASPARAGUS



GARLIC



BANANAS



JICAMA



CHICORY  
ROOT



JERUSALEM  
ARTICHOKE



ONION/  
LEEKS



LEAFY GREENS &  
DANDELION GREENS

FOOD REVOLUTION  
NETWORK



If you need specific dietary guidance or advice, please contact the Greene County Department of Human Services main office at (518) 719-3555 for an individual nutrition referral. Your Registered Dietitian, Nicole, is available for assistance.



## **GREENE COUNTY SENIOR SERVICE CENTERS**

**Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert. Menu is subject to change based on product availability and circumstance. Centers are closed on legal holidays and inclement weather.**

**If you wish lunch from any of the nutrition sites, you must notify the appropriate center by noon, a day in advance. We also ask if you have signed up and become unable to show, please call us as soon as you can to cancel. This helps to reduce our food waste.**

**If you would like lunch at either Athens or Catskill & need transportation, please call Rose at the main office to schedule.**

### **ACRA**

Acra Community Center,  
Old Rte. 23, Acra  
(518) 622-9898

Ashley Reynolds  
Meal Site Manager

Elaine Cherrington  
Cook

### **ATHENS**

Rivertown Senior Center  
39 Second Street, Athens  
(518) 945-2700

Shane Dillon,  
Senior Service  
Center Manager

### **JEWETT**

Jewett Municipal Building  
3547 Route 23C, Jewett  
(518) 263-4392

Gayle Ruvolo  
Meal Site Manager

Leigh Mattice  
Food Service Helper



We are happy to  
announce the  
re-opening of the  
Jewett Site on  
THURS. NOV. 3.

### **CATSKILL**

Robert C. Antonelli  
Senior Center  
15 Academy Street,  
Catskill  
943-1343

Penny Konstalid  
Meal Site Manager



### **COXSACKIE**

Town of Coxsackie  
Senior Center  
127 Mansion Street,  
Coxsackie  
731-8901

Dorothy Barkman  
Faye VanDyke  
Co-Meal Site Managers

## GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO ATTEND - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD WITH PROMISE SPREAD - TARTAR SAUCE SERVED WITH FISH

LUNCH RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p style="text-align: center;">1</p> <p>BAKED SALMON w/ Dill Sauce CALIFORNIA VEGETABLE MEDLEY FRUIT COCKTAIL BROWN RICE PILAF BANANA PUDDING</p>	<p style="text-align: center;">2</p> <p>CHICKEN PARMESAN WHOLE WHEAT PENNE SPINACH CHOCOLATE CAKE</p>	<p style="text-align: center;">3</p> <p>PORK CHOP w/ Gravy APPLESAUCE SWEET POTATOES GREEN BEANS FRESH FRUIT</p>	<p style="text-align: center;">4</p> <p>SWISS CHEESEBURGER w/ Mushroom &amp; Onion POTATO SALAD CARROTS FRESH FRUIT</p>
<p style="text-align: center;">7</p> <p>CHICKEN DIVAN BROCCOLI CARROTS BROWN RICE PEACHES</p>	<p style="text-align: center;">8</p>  <p>DEPARTMENT &amp; ALL MEAL SITES CLOSED NO MEALS</p>	<p style="text-align: center;">9</p> <p>AMERICAN GOULASH CORN GREEN BEANS COOKIES</p>	<p style="text-align: center;">10</p> <p>LEMON PEPPER FISH MASHED POTATOES PEAS &amp; CARROTS FRESH FRUIT</p>	<p style="text-align: center;">11</p> <p>DEPARTMENT &amp; ALL MEAL SITES CLOSED</p>  <p>NO MEALS</p>
<p style="text-align: center;">14</p> <p>BEEF CHILI WHITE RICE MIXED VEGETABLES CORN BREAD FRUIT COCKTAIL</p>	<p style="text-align: center;">15</p> <p>CHICKEN DIJON MASHED POTATOES WINTER MIXED VEGETABLES PINEAPPLE/ MANDARIN ORANGES</p>	<p style="text-align: center;">16</p> <p>SEAFOOD SCAMPI LINGUINI SPINACH WAX BEANS PEANUT BUTTER SWIRL BROWNIE</p>	<p style="text-align: center;">17</p>  <p>ROAST TURKEY w/ Gravy CRANBERRY SAUCE MASHED POTATOES BUTTERNUT SQUASH STUFFING PUMPKIN PIE w/ Whipped Topping</p>	<p style="text-align: center;">18</p> <p>SWEET &amp; SOUR CHICKEN ORIENTAL MIXED VEGETABLES WHITE RICE FRESH APPLE</p>
<p style="text-align: center;">21</p> <p>MACARONI &amp; CHEESE 3 BEAN SALAD STEWED TOMATOES TROPICAL FRUIT</p>	<p style="text-align: center;">22</p> <p>BAKED ZITI w/ Meat Sauce ITALIAN MIXED VEGETABLES SPINACH PLUMS</p>	<p style="text-align: center;">23</p> <p>CHICKEN &amp; BISCUITS BROCCOLI MASHED POTATOES MANDARIN ORANGES</p>	<p style="text-align: center;">24</p>  <p>DEPARTMENT &amp; ALL MEAL SITES CLOSED NO MEALS</p>	<p style="text-align: center;">25</p> <p>FISH FLORENTINE SAUTÉED MIXED VEGETABLES ROASTED POTATOES FRESH FRUIT</p>
<p style="text-align: center;">28</p> <p>SLOPPY JOES WHITE RICE MONACO VEGETABLE MIX TROPICAL FRUIT</p>	<p style="text-align: center;">29</p> <p>STUFFED SHELLS w/ Meatball BRUSSELS SPROUTS RICE PUDDING w/ Raisins</p>	<p style="text-align: center;">30</p> <p>MEATLOAF w/Gravy MASHED POTATOES SONOMA VEGETABLES PEACHES</p>		

# GREENE COUNTY SENIOR NUTRITION PROGRAM

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Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> HUNGARIAN GOULASH w/ EGG NOODLES SPINACH RED CABBAGE FRESH FRUIT	<b>2</b> BEER BATTERED FISH CAULIFLOWER O'BRIEN POTATOES FRESH FRUIT
<b>5</b> TURKEY BURGER w/ Peppers & Onions AU GRATIN POTATOES MIXED VEGETABLES MANDARIN ORANGES	<b>6</b> CHICKEN DIVAN BROCCOLI CARROTS WHITE RICE PEARS	<b>7</b> PORK CHOP w/ Gravy CORN MASHED POTATOES APPLE CRISP	<b>8</b> SEAFOOD SCAMPI TOMATOES & ZUCCHINI SPINACH FRESH FRUIT	<b>9</b> TORTELLINI W/ MEATBALLS ITALIAN MIXED VEGETABLES CARROT COINS YOGURT
<b>12</b> BEEF CHILI BROCCOLI BROWN RICE TROPICAL FRUIT	<b>13</b> CHICKEN THIGHS w/ Gravy MASHED POTATOES GREEN BEANS CHOCOLATE CHIP BANANA BREAD	<b>14</b> CHICKEN PARMESAN ITALIAN MIXED VEGETABLES WHOLE WHEAT PENNE CHOCOLATE CHIP COOKIE	<b>15</b> ROAST PORK w/ Gravy APPLESAUCE SWEET POTATO BUTTERNUT SQUASH JELL-O	<b>16</b> LEMON PEPPER FISH MASHED POTATOES CALIFORNIA VEGETABLE MEDLEY WHITE RICE FRESH FRUIT
<b>19</b> CHICKEN DIJON MONACO VEGETABLE MIX MASHED POTATOES FRUIT COCKTAIL	<b>20</b> MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES TROPICAL FRUIT	<b>21</b> HOTDOG w/ Sauerkraut* BAKED BEANS CARROTS VANILLA PUDDING  * LOW SODIUM DIET SUBST: CHICKEN CUTLET w/ Gravy	<b>22</b> <b>CHRISTMAS  HOLIDAY DINNER</b> ROAST BEEF w/ /GRAVY MASHED POTATOES PEAS & CARROTS APPLE PIE 	<b>23</b> CHEF'S CHOICE POTATO VEGETABLE PEANUT BUTTER SWIRL BROWNIE 
<b>26</b> DEPARTMENT CLOSED NO MEALS 	<b>27</b> STUFFED CABBAGE w/ Beef & Rice CARROTS RICE PILAF PEACHES	<b>28</b> SALMON w/ Dill Sauce MASHED POTATOES BROCCOLI BUTTERSCOTCH PUDDING	<b>29</b> MEATBALL SUB SPINACH JUICE FRESH FRUIT	<b>30</b> STUFFED PEPPERS CORN - CARROT & LIMA BEAN MIX BROWN RICE FRESH FRUIT



# Happy 100th Birthday

**WILHELMINA (WYNNE) MORRIS NEISS**

Wynne was born on September 2, 1922 and raised in NYC. She graduated from the Julia Richman H. S. for girls and then attended Spencer Secretarial School.

She had a long career, over 30 years, in purchasing and inventory control in the automotive industry and other manufacturers of capital equipment.

Wynne has always been involved in all types of "arts and crafts" - ceramics including numerous Santas, stained glass, painting (acrylic, watercolor, oil), sewing, knitting and crocheting, as well as china painting. She started china painting while in NYC, taking classes from a woman in Long Island City. In September 1971, she entered the Long Island Ceramic Contest with some of her china plates and received 2<sup>nd</sup> and 3<sup>rd</sup> place in the professional division for two of her plates. She did some teaching at a studio as well and sold pieces that were special commissions.

Other hobbies included gardening, both vegetable and flower. She also is known for her delicious bread and butter pickles which her family greatly enjoyed.

Another passion of Wynne was Clowning and was known as "Doodles". She was a member of L.I.K.E. – Long Island KlowN Enthusiasts, the purpose of which was to spread happiness, cheer and comfort wherever and whenever possible; and to promote the good name of clowning. The group visited and entertained in parades, hospitals, nursing homes, orphanages and other charitable functions. Visiting children at Memorial Sloan-Kettering Cancer Center was a highlight in 1981 for her.

Wynne was a long-time Greene County resident, in Earlton. During that time, she became a lifetime member of the Order of the Eastern Star and the Greenville Maranatha-Valley Chapter #38 in Greenville, NY. Today she lives at the Teresian House.



***Happy Birthday Wynne . . . May we all be as happy in life as you.***



## **GREENE COUNTY DEPARTMENT of HUMAN SERVICES**

### **CONTRIBUTIONS POLICY**

For services under the Older Americans Act and in Community Services for the Elderly and Expanded In-Home Services for the Elderly projects which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions. Remember to make checks payable to Greene County Department of Human Services & note in memo the service.

**Services will not be denied to anyone unable or unwilling to make a contribution.**

**CONSULTATION and ASSISTANCE:** This includes such client assistance activities as case assistance, HIICAP, help with public benefit applications, etc. The suggested level of contribution is \$5.00 per office visit (*Actual cost \$20.00/hour*).

**IN-HOME SERVICES:** This is discussed with the client by the case manager at the time of assessment. The suggested level of contribution is \$3.00 per hour (*Actual cost \$21.56/hour*).

In-home Contact & Support: Suggested level of contribution is \$1.00 per visit (*Actual cost \$1 - \$5 per visit*)

**LEGAL SERVICES:** The suggested level of contribution is \$10.00 per attorney consultation (*Actual cost \$149.00/hour*).

#### **NUTRITION:**

##### **Senior Congregate Meal or Home Delivered Meals:**

The suggested level of contribution is \$4.00 (*Actual cost \$15.00/meal*).

**Nutrition Counseling:** Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute. The suggested level of contribution is \$5.00 (*Actual cost \$65.00/hour*).

#### **MEDICAL TRANSPORTATION:**

The suggested contribution for this service is a sliding scale based on mileage

0 – 10 miles	\$3.00 round-trip
11 – 20 miles	\$5.00 round-trip
21 – 40 miles	\$9.00 round-trip
41+ miles	\$15.00 round-trip

(*Actual cost is \$29.62 one-way trip, maximum mileage*)

**ADULT DAY CARE SERVICES:** The suggested level of contribution is \$30.00 per day (*Actual cost \$99.00 per day*).

10/2020



As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates your donations. If you or your family are in a position to do so, please fill out the form below. Please note that one hundred percent of your donation will be used to provide services to Greene County older adults in need.

***THANK YOU FOR YOUR SUPPORT.***

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

I designate \$ \_\_\_\_\_ donation

In memory of \_\_\_\_\_

to the following:

\_\_\_\_\_ Round Table News

\_\_\_\_\_ In-home services

\_\_\_\_\_ Where most needed

\_\_\_\_\_ Senior Angels Fund

\_\_\_\_\_ Homebound transportation

\_\_\_\_\_ Nutrition Program/Home-delivered Meals

Make checks payable & mail to:  
Greene County Dept. of Human Services  
411 Main Street, Catskill, NY 12414



Karen Shelato  
In Memory of Frances M. Rossback  
to our Nutrition Program

The Liapis Family  
In Memory of Florence C. Roeben





# Fact Sheet

## SOCIAL SECURITY

### **2023 SOCIAL SECURITY CHANGES**

#### **Cost-of-Living Adjustment (COLA):**

Based on the increase in the Consumer Price Index (CPI-W) from the third quarter of 2021 through the third quarter of 2022, Social Security and Supplemental Security Income (SSI) beneficiaries will receive an 8.7 percent COLA for 2023. Other important 2023 Social Security information is as follows:

<b>Tax Rate</b>	<b>2022</b>	<b>2023</b>
Employee	7.65%	7.65%
Self-Employed	15.30%	15.30%

**NOTE:** The 7.65% tax rate is the combined rate for Social Security and Medicare. The Social Security portion (OASDI) is 6.20% on earnings up to the applicable taxable maximum amount (see below). The Medicare portion (HI) is 1.45% on all earnings. Also, as of January 2013, individuals with earned income of more than \$200,000 (\$250,000 for married couples filing jointly) pay an additional 0.9 percent in Medicare taxes. The tax rates shown above do not include the 0.9 percent.

	<b>2022</b>	<b>2023</b>
<b>Maximum Taxable Earnings</b>		
Social Security (OASDI only)	\$147,000	\$160,200
Medicare (HI only)	No Limit	
<b>Quarter of Coverage</b>		
	\$1,510	\$1,640
<b>Retirement Earnings Test Exempt Amounts</b>		
Under full retirement age	\$19,560/yr. (\$1,630/mo.)	\$21,240/yr. (\$1,770/mo.)
NOTE: One dollar in benefits will be withheld for every \$2 in earnings above the limit.		
The year an individual reaches full retirement age	\$51,960/yr. (\$4,330/mo.)	\$56,520/yr. (\$4,710/mo.)
NOTE: Applies only to earnings for months prior to attaining full retirement age. One dollar in benefits will be withheld for every \$3 in earnings above the limit.		
Beginning the month an individual attains full retirement age	None	

	2022	2023
<b>Social Security Disability Thresholds</b>		
Substantial Gainful Activity (SGA)		
Non-Blind	\$1,350/mo.	\$1,470/mo.
Blind	\$2,260/mo.	\$2,460/mo.
Trial Work Period (TWP)	\$ 970/mo.	\$1,050/mo.
<b>Maximum Social Security Benefit: Worker Retiring at Full Retirement Age</b>		
	\$3,345/mo.	\$3,627/mo.
<b>SSI Federal Payment Standard</b>		
Individual	\$ 841/mo.	\$ 914/mo.
Couple	\$1,261/mo.	\$1,371/mo.
<b>SSI Resource Limits</b>		
Individual	\$2,000	\$2,000
Couple	\$3,000	\$3,000
<b>Estimated Average Monthly Social Security Benefits Payable in January 2023</b>		
	Before COLA	After COLA
All Retired Workers	\$1,681	\$1,827
Aged Couple, Both Receiving Benefits	\$2,734	\$2,972
Aged Widow(er) Alone	\$1,567	\$1,704
Disabled Worker, Spouse and One or More Children	\$2,407	\$2,616
All Disabled Workers	\$1,364	\$1,483



## APPLYING FOR A MEDICARE SAVINGS PROGRAM (MSP)

If you meet the income guidelines, Greene County Department of Human Services can help you apply for a Medicare Savings Program.

Call **518-719-3555** and ask to speak to an Insurance Counselor.

If you enroll in an **MSP**, you will automatically get **Extra Help** - the federal program that helps pay your Medicare prescription drug (Part D) plan costs.

If you apply you will be required to submit a signed application and copies of the following documents:

- Social Security card
- Medicare card
- Birth Certificate, passport, or green card
- Proof of address (e.g., electric or phone bill)
- Proof of Income (e.g., Social Security Administration award letter, income tax return, pay stub)

# GREENE COUNTY SENIOR CITIZENS CLUBS



## ATHENS

### ***ATHENS SENIOR CITIZENS***

2nd & 4th monthly Monday

1:15 p.m.

Rivertown Senior Center

## CAIRO:

### ***CAIRO GOLDEN AGERS***

2nd & 4th monthly Wednesday, 1:30 p.m.

Acra Community Center

Contact person: President Pat Asaro, 518-821-6508

## CATSKILL:

### ***CATSKILL SILVER LININGS***

2nd monthly Thursday, 1:00 p.m.

Robert C. Antonelli Senior Center

Contact person: President Sheila Pedersen, 518-719-5361

## COXSACKIE:

### ***COXSACKIE AREA SENIORS***

2nd & 4th monthly Tuesday

1:00 p.m.

Van Heest Hall, Bethany Village

### ***SENIOR CITIZENS of COXSACKIE***

1st & 3rd monthly Monday, 2:00 p.m.

Town of Coxsackie Senior Center

Contact person: President Yale Frank, 518-731-8855

## GREENVILLE

### ***GREENVILLE GOLDEN YEARS***

1st monthly Wednesday, 1:00 p.m.

American Legion Hall

Contact person: President Beverly Myers, 518-966-8482

## MOUNTAIN-TOP:

### ***MOUNTAIN TOP GOLDEN AGERS***

4th monthly Thursday, 1:00 p.m.

Tannersville Fire Hall

Contact person:

President Margaret Robinson, 518-589-4091

### ***W-A-J-P-L GOLDEN AGE CLUB***

1st & 3rd Monday, 1:00 p.m.

Windham Town Building

Contact person:

President Lula Anderson, 518-734-5360



## **W-A-J-P-L Golden Age Club Trip**

to The Log Cabin, Holyoke, MA

**THURSDAY, NOVEMBER 10, 2022**



**\$70 PER PERSON**

For reservation, please contact  
MaryLouise (518) 622-3397  
Vicky (518) 734-4164

## **MountainTop Golden Agers Trip**

**THURSDAY NOVEMBER 10, 2022**



**AT  
THE LOG CABIN  
HOLYOKE, MA**



**\$79 PER PERSON**

For reservation, please contact  
Christopher at 518-589-5815



On Wednesday, October 12, the **CAIRO GOLDEN AGERS** held their monthly meeting with an installation of officers.

Seen in photo are President Pat Asaro; VP Pam O'Reilly; Treasurer Drew Russo; DHS Executive Director Stephanie Schleuderer, who administered the Oath of Office, and Trustees Joan Higgins, Sonya Greiner, and Beverly Myers. Absent from photo is Marianne Baldwin, Secretary.

The club will be holding their Christmas Party at Nellies in East Durham on Wednesday, November 9th. Doors will open at 12:00 with appetizers and dinner (Family Style Roast Beef, Turkey, Mashed Potatoes, Stuffing, Cranberry Sauce, Vegetable, Scones and Apple Pie Ala Mode) will be served at 1:00 pm. Cost, to be paid in advance, will be \$20.00 and Non-Members will be \$25.00. Please make your reservation as soon as possible if you are interested by contacting Anna Ruth Greer at (518) 239-4048



## GREENE COUNTY ROUND TABLE NEWS

is published monthly by

### GREENE COUNTY DEPARTMENT of HUMAN SERVICES

411 Main Street, Catskill, NY 12414

(518) 719-3555 Toll Free (877) 794-9266

aging@discovergreene.com

#### EXECUTIVE DIRECTOR - STEPHANIE SCHLEUDERER

**BUSINESS MANAGER:** Ken Brooks

#### AGING DEPARTMENT COORDINATORS:

Aging Services - Connie Bentley

Nutrition - Tezera Pulice

Volunteer Services - Ruth Pforte

#### CASEWORKERS:

##### AGING

Brooke Bergeron  
Danielle Kane-Wade

Tami Bone  
Christopher Lewoc

##### YOUTH

Carrie E. Wallace

Laura Anderson

#### ADMINISTRATIVE ASSISTANT:

Maureen Murphy

#### AGING SERVICES SPECIALISTS:

Bonnie Snyder

Valree Rachel Wright

#### AGING SERVICES AIDE:

Rose Bundy

#### RECEPTIONIST:

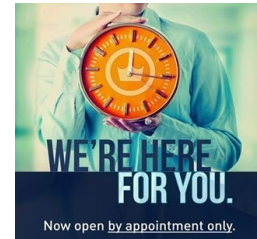
Aniston Keff

#### BUS DRIVER

Robert Laird

#### CHAUFFEUR:

Patrick Murphy



The office is open 8:30 a.m. - 5:00 p.m. Monday thru Friday, though staff are unavailable between 12:00 p.m. and 1:00 p.m. Agency staff specialize in a variety of subjects. **Staff are available by appointment only. Please call our main office telephone number to schedule an appointment if you need to meet with a staff member.**

Programs are made possible through funds from the NY State Office for the Aging, NY Connects, Administration for Community Living, NY State Office of Children and Family Services, and the generous support of the Greene County Legislature. Contributions are gratefully accepted and used to expand programs and services. **No person will be denied service if they are unable or unwilling to contribute.** All contributions are confidential. For individuals with disabilities or language interpretation needs, requests for reasonable accommodations should be made with at least five days notice.

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**GREENE COUNTY ROUND TABLE NEWS** is published monthly by the Greene County Department of Human Services. If you would like to be added to or removed from our subscriber list, please call Maureen at 518-719-3555 or email [mmurphy@discovergreene.com](mailto:mmurphy@discovergreene.com). Issues are available in black & white print and can be mailed via the U. S. Postal Service, or in full color via electronic mail.