



Greene County Round Table News

Published by Greene County Department of Human Services since 1976

DECEMBER 2023



NOMINATIONS OPEN **For 2024** **GREENE COUNTY** **SENIOR CITIZEN AWARDS**

The Advisory Council to the Greene County Department for the Aging (Human Services), announces that nominations are being accepted for the Greene County Senior Citizen Awards. The two awards, presented annually, are Senior Citizen of the Year and Outstanding Contribution by a Senior Citizen. The purpose of the awards is to recognize the outstanding achievements of senior citizens who have volunteered their time and energy to help other people, their communities, and/or special projects. The dedication of these volunteers help to make Greene County a better place for all of us. The individuals chosen on the county level will then represent Greene County for recognition for New York State awards. The New York State Office for the Aging (NYSOFA) celebrates Older New Yorkers' Day by recognizing the many volunteers from across the state who demonstrate their extraordinary value every day to their family, friends, and community.

Any Greene County resident, age 60 or older, can be nominated for these awards. Achievements must be voluntary in nature; performed in Greene County and not part of paid employment. Past award winners may be nominated only if seven or more years have passed since last recognized.

If you know someone who deserves this recognition, contact the Greene County Department of Human Services at (518) 719-3555 for an official nomination form. Incomplete forms will not be considered as eligible. Any inquiries for further information may also be directed to the department.

Deadline for entries is Friday, February 2, 2024.



411 Main Street, Catskill, NY 12414
(518) 719-3555 Toll Free (877) 794-9266
aging@discovergreene.com

OUR MISSION

AGING: To ensure a network of supportive services to assist Greene County's senior citizens (those age 60 and older) to maintain their dignity and independence within their communities. To ensure older adults stay independent for as long as possible and have a network of supportive services in the county.

YOUTH: To help coordinate youth services for children and young people, birth to 21, in Greene County, by providing technical assistance to municipalities, private agencies and groups in program development, evaluation, financial planning, program management and training.

Our goals are to

- ♥ Assist older adults in maintaining and/or improving their social, economic, health, safety and nutritional status so they can safely age in place
- ♥ Help older adults stay independent for as long as possible
- ♥ Ensure a network of supportive services to assist Greene County's residents, young and old alike, and their caregivers
- ♥ Advocate for young and old alike.
- ♥ Work together with the Advisory Council to the Greene County Department for the Aging, and the Greene County Youth Advisory Board to recommend ways to provide opportunities that improve the lives of senior citizens and youth of the County.

GREENE COUNTY DEPARTMENT OF HUMAN SERVICES'

WHERE CARING PEOPLE HELP

We inform the Greene County Community of our programs, events & emergency notices via:

- ♥ Greene County web page
- ♥ Facebook page
- ♥ Our own newsletter, The Greene County Round Table News
- ♥ Local Area newspapers & media outlets
- ♥ Greene County's REGROUP program (Emergency Alert system)

AGING SERVICES

NUTRITION:

- ♥ Home-delivered Meals to eligible homebound seniors
- ♥ Congregate Meals at our Greene County Rivertown Senior Center in Athens, as well as our Senior Nutrition Sites in Acra, Catskill, Coxsackie and Jewett
- ♥ Nutrition Education and Counseling
- ♥ NYS Farmer's Market Checks

CAREGIVERS SUPPORT:

- ♥ Caregivers Information, Assistance, and Support.
- ♥ Respite Workers

EISEP (IN-HOME):

- ♥ Case Management
- ♥ Homemakers & Personal Care Aides
- ♥ Personal Emergency Response System

HEAP

Application Assistance

HIICAP

Health Insurance Information Counseling & Assistance

LEGAL SERVICES

Private attorney available by appointment only for phone consultations.

TRANSPORTATION:

- ♥ For homebound seniors to get to scheduled medical appointments
- ♥ Shopping Bus: Door-to-Door service for local shopping & errands
- ♥ To select Senior Nutrition sites enabling seniors social interaction with a noontime meals
- ♥ Discount coupon books for seniors utilizing Greene County Transit

VOLUNTEER SERVICES:

- ♥ Volunteer Recruitment and placement within the Department and various Community Agencies

YOUTH SERVICES

- Work with agencies and schools to assist with youth in need of supervision (**Pre-PINS, PINS**)
- Conduct ongoing research to determine the changing needs of our youth & develop a comprehensive plan for youth services in Greene County.
- Work with youth-serving agencies to improve the quality of services provided in the county.
- Oversees the allocations of funds for programs that benefit Greene County youth under the NYS OCFS Youth Development Program and Sports Education Funding.

GREENE COUNTY SENIOR ANGEL PROGRAM

Spreading Cheer 365 Days a Year

Sponsored by Greene County Department of Human Services

We would like to invite you to become a Senior Angel



This has been a difficult year all around. As you can imagine, it has been a very difficult time for the senior citizens of Greene County, especially if confined to their homes.

The department has many elderly, limited-income clients who would greatly appreciate a special gift during the holiday season. These gifts lift their spirits, brings a smile to their faces and fulfill a need. Monetary donations will be placed in the department's Senior Angels Fund and be used to purchase gifts for needy senior citizens. 100% of this money goes to benefit the senior citizens of Greene County and nowhere else.

We understand that this year may be a difficult one for you to donate and we can appreciate that. So, if you can't financially donate, that's okay. Instead, maybe you can reach out to a senior you know via phone or mail and let them know you are thinking about them. If you can donate, it is appreciated. This year will certainly be a year that the Senior Angel Program will be a vital source of help to many senior citizens. We want to thank you, in advance, for any donation you are able to make or any phone call/contact you can do.

Year round, funds are used to provide one-time, emergency assistance to senior citizens when all other funds have been exhausted and there is no other source to help.

PLEASE RETURN THIS SECTION WITH YOUR DONATION

_____ *I would like my name published to read:*

_____ *I wish to be listed as "Anonymous"*

_____ *Instead of my name, I would like the donation to read:*

In Memory/Honor of: _____

*Donations may be dropped off or mailed to:
Greene County Department of Human Services
Attn: Senior Angel Program
411 Main Street Catskill, NY 12414*

For more information, please call 518-719-3555 or Toll-free (877) 794-9266



**2023 SENIOR ANGEL ORNAMENT
\$3.00 EACH/ 2 for \$5.00**

If you would like a 2023 Senior Angel ornament, simply complete below and mail to Greene County Dept. of Human Services' Senior Angel Program, 411 Main St., Catskill NY 12414 along with your payment and we will gladly mail an angel ornament to you.

If you would like us to mail one to a family member or a friend, please list their name and address and we will send it directly to them. Thank you.

Please mail the ornament to the following:

Name and mailing address:

If you would like to order more than one Angel, please list above information on an attached sheet of paper if different mailing address.

All sale proceeds benefit
Greene County Senior Angel Program.



For Your Donations to the Senior Angel Program

Clesson & Jean Bush

Catskill Regional Womens Club

Todd & Valerie Davis

Christine & David Gerrain

Katherine Gorney

Peter Markou & Ann Gibbons

Martinez Auto Body Shop

Therese McGee Ward

Karen & William Ormerod

Alfred & Darlene Ramm

Judith Rundell

Charles & Frances Serro

Edmund Smith

Debbi Traficante

Joseph & Diane Capobianco

Alfred & Jane Dardani

Margaret Donahue

Carol Goebel

Kiskatom Reformed Church

Rebecca Main

Patricia McDowell

Dennis & Kathleen Meehan

Dianne Presti

Margaret Robinson

P. Schneider and Associates

Shook Insurance Agency

James & Joan Tibbetts

Walenta and Co. Agency Inc.

In Memory of

Agnes Buchakian

Helen and Brian Golden from Richard Golden

Isla Goodrich from Treasure K. Harding & Gail Hommel

Carol Knoth from Raymond Houghtaling

Herbert R. Moore from Julia C. Moore

Personal Angels from Patrick & Maureen Murphy

Agnes Rowen





Make a
difference

***ARE YOU LOOKING FOR A WAY
TO MAKE A DIFFERENCE?***

TRY VOLUNTEERING!

VOLUNTEER DRIVERS NEEDED

The Greene County Department of Human Services is always looking for volunteer drivers to assist Homebound Senior Citizens. How can you help?

Deliver meals – We have numerous location routes to offer:

Athens; Cairo; Catskill; Coxsackie; Freehold; Greenville; Hunter; Lexington, and Windham

Medical Transportation – For appointments located in Greene County, as well as in the neighboring counties of Albany, Columbia, Delaware, Dutchess, Rensselaer, Schoharie and Ulster.

You can tell us what days, times and location where you would be available and we will schedule appropriately. You will even receive a tax exempt mileage reimbursement at the current IRS rate per mile!

INTERESTED? WANT MORE INFORMATION?

**Contact Ruth Pforte (518) 719-3555
AmeriCorps Seniors Volunteer Coordinator**



**39 Second Street
Athens, NY**



HOURS:

Monday: 9:00 a.m. - 11:30 a.m.
Wednesday: 9:00 a.m. - 11:30 a.m.
12:30 p.m. - 2:00 p.m.



CHECK OUT OUR HOLIDAY ITEMS!

*Note: We accept donations, including children's clothing, during business hours only.
We do not accept medical supplies, electronics, glassware, single dishes or books.*

It's Beginning to look a lot like Christmas . . .

AmeriCorps Seniors Advisory Council members and Catskill Senior Crafters decorated a their beautiful tree for the Festival of Trees. Their theme was *Volunteers Warm Our Hearts*. Seen in photo are Monica Devlin, Victoria Cramer and Janet DelVecchio.





**YOU SPOKE TO US
AT OUR PUBLIC HEARINGS**

In November, the Greene County Department of Human Services conducted several Public Hearings on their 2024 Plan for Services. Here are the questions we received.

- **What is the Helping Hands Program?** This is a Rotary Club program that DHS supports to provide. If a senior is in need of minor household chores, they can call DHS & ask to speak to the AmeriCorps Seniors representative. She will obtain all pertinent information & pass it along to the Rotary Club. In turn, the Rotary will contact a member to perform the chore. This is only for minor household work, such as picking up groceries (not the shopping part) or changing light bulbs, and not jobs that require a contractor.
- **Why did the menus change from an insert to an actual page?** This was done due to economic reasons. It was becoming very costly to print a two-sided menu, insert in each issue, not to mention taking staff away from regular duties to insert. In addition, we heard complaints of missing inserts. In an effort to correct, we went to a monthly menu as an actual page in the RoundTable News. However, we have heard your requests & will be amending the layout so that the menu is in the center of each issue and can be pulled out. The pullout will also have contact information for each center. Look this month for the change.

There is still one more hearing scheduled for December if you would like to attend.

**Wednesday, December 13, 1:30 p.m. - Cairo Golden Agers meeting
Acra Community Center, Old Rte. 23, Cairo**

If you can't attend but have questions, please feel free to contact the office.



Photos from Catskill Public Hearing.

To left, Executive Director Stephanie Schleuderer and Deputy Director, Tami Bone. To right, Aging Advisory Council Catskill representative, Ernest Armstead.





ATTENTION U. S. VETERANS AND CURRENT MILITARY PERSONNEL

December Upcoming Events in Greene County



Friday, December 1 4:30pm - 7:00pm Greenville Legion Spaghetti Dinner

Wednesday, December 6 7pm Tannersville Legion meeting

Thursday, December 7



11am Pearl Harbor Ceremony, Athens Legion
6pm Pearl Harbor Ceremony, Greenville Legion

7pm Catskill AL meeting @ Elks Lodge
7pm Greenville AL meeting

Saturday, December 9 8:30am - 3pm Holiday Fair sponsored by Athens AL

10am AL 3rd District Visit - Greenville AL

Tuesday, December 12 7pm Cairo AL meeting

Wednesday, December 13 6pm Patriot Pen Ceremony, Windham VFW

7pm Athens AL Meeting

Friday December 15 7pm Cornhole Tournament, Greenville AL

Saturday, December 16 11am Catskill VFW meeting

12pm Wreaths Across America Ceremony
Town of Catskill cemetery



Wednesday, December 20 7pm Marine Corps League Meeting
@ East Durham Firehouse



Friday, December 29 7pm Shuffle Board Tournament, Greenville AL

GREENE COUNTY WEEKLY GROUPS

VETERAN AND FAMILY SUPPORT GROUP

TUESDAYS @ 1:00PM

Join us for our weekly discussion group. Coffee and pastries provided.

Vet2Vet of Greene County,
905 Greene County Office Bldg,
Cairo NY 12413

Phone: (518) 719-0020
email: Anthony.derrico@hvncvr.org

Zoom Link:
<https://us02web.zoom.us/j/82580593518>

WWW.HVNCVR.ORG



HVNCVR
THE HUDSON VALLEY
NATIONAL CENTER FOR
VETERAN REINTEGRATION



VET2VET OF GREENE COUNTY COFFEE HOUR WITH VETERANS



Cairo Town Library @ 1030 AM-
Every Monday, Located at 15
Railroad Ave, Cairo NY, 12413

POC:
Anthony.Derrico@hvncvr.org
518-719-0020



HVNCVR
THE HUDSON VALLEY
NATIONAL CENTER FOR
VETERAN REINTEGRATION

Vet2Vet of Greene County VETERAN SUPPORT GROUP EVERY 2ND THURSDAY OF THE MONTH 5:30-6:30 PM

- COME JOIN THE VET2VET OF GREENE COUNTY FOR AN OPEN DISCUSSION AND VETERAN SUPPORT. THIS GROUP IS FOR VETERANS ONLY

*****If you want to attend via zoom email arin.vandemark@hvncvr.org for the ZOOM link*****

905 GREENE COUNTY BLDG
CAIRO, NY 12413

POC:
CHRISTIAN.LAPPIES@HVNCVR.ORG
(518) 719-0020



HVNCVR
THE HUDSON VALLEY
NATIONAL CENTER FOR
VETERAN REINTEGRATION

HOLIDAY FUN

Halloween at our Nutrition sites in Acra, Athens & Jewett



Acra



Jewett



Athens



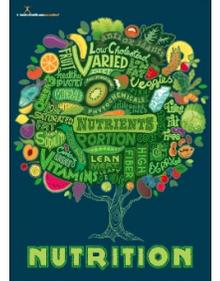
NUTRITION EDUCATION with Nicole Gehman, MS, RD, CD-N

Sponsored by Greene County Department of Human Services

THURSDAY DECEMBER 7
JEWETT SENIOR NUTRITION SITE 263-4392

WEDNESDAY DECEMBER 13
CATSKILL SENIOR NUTRITION SITE 943-1343

WEDNESDAY DECEMBER 20
RIVERTOWN SENIOR CENTER, ATHENS 945-2700



All sessions at 12:00 p.m.

Come learn about healthy nutrition habits.
Feel free to ask questions. Recipe and tasting to follow.

***If you would like lunch that day at the site,
please call at least a day in advance to reserve.***



Fall Prevention

*Presented courtesy of The Pines at Catskill Center
for Nursing and Rehabilitation*

Wednesday, December 6
Rivertown Senior Center 518-945-2700

Thursday, December 14
Town of Coxsackie Senior Center 518-731-8091

Thursday, December 28
Robert Antonelli Senior Center, Catskill 518-943-1343

January, To Be Announced Acra Senior Nutrition site
January, To Be Announced Jewett Senior Nutrition site

All presentations 11:15 a.m. – 12:00 p.m.
***If you would like to stay for lunch after the presentation,
please call the appropriate center at least a day in advance.***



MINDFUL EATING for the holidays

Written by Nicole Gehman, MS, RD, CD-N

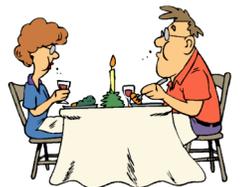
The holiday season is here! To stay on target with your nutrition, pay attention to your body, thoughts, and food while enjoying your meals and snacks. These mindful strategies can enable you to enjoy some of your favorite foods, reduce anxiety over nutrition choices, and maintain health and balance. Noticing hunger and fullness cues, how you are feeling when eating, and acknowledging how food affects our different senses can be effective ways to build a better relationship with food, minimize unhealthy eating habits, and enjoy this time of year with ease.

Eat Slowly. Try placing your fork down in between bites, or set a timer. Eating slower allows your stomach to signal the brain when it approaches fullness.



Savor Food. Focus on the smell, taste, temperature, and texture. Sometimes a small portion of a high calorie food can satisfy your senses. Focus on family, friends and the magic around you.

Sit Down to Eat at the table. It allows you to pay attention and practice mindfulness. Avoid distractions like television, eating in the car or the living room which can cause overeating.



Watch for Hunger Cues. Is my stomach growling? Has it been hours since I last ate? Eat until you approach satisfaction, not feeling overly full and uncomfortable.

Practice Stress Reduction. Could deep breathing help? What relaxes you? Eating healthy foods such as fruits and vegetables, moving your body, and practicing gratitude all help to reduce stress.





Eat Regularly and Be Consistent. Do not skip meals which then leads to over indulging. For instance, eating a balanced breakfast and lunch will enable you to exercise better portion control at a holiday dinner meal. Do not over restrict and then up over indulging.

Establish Coping Mechanisms. What other activities can you stay engaged with instead of emotional eating, or stress eating during the holidays?



Plan Ahead: Bring one lower calorie dish or side to each holiday party. This ensures there will be something high fiber, with lean protein available.

Enjoy and Appreciate your Favorite Dishes!



Wishing you all a happy and healthy holiday season.



Season's Eatings!



A registered dietitian is always available to assist with more ways to incorporate healthful foods into your diet. In addition, a professional can guide you with specific recommendations for each food group based on your needs and health history. Please call the main office at (518) 719-3555 to request an individual nutrition referral and Nicole can respond via telephone to provide more information and answer any dietary questions.

GREENE COUNTY SENIOR SERVICE CENTERS

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert. Menu is subject to change based on product availability and circumstance. Centers are closed on legal holidays and inclement weather.



If you wish lunch from any of the nutrition sites, you must notify the appropriate center by noon, a day in advance. We cannot accommodate walk-ins.

If you reserve a meal and are unable to attend, please call us as soon as you can to cancel. This helps to reduce our food waste.

ACRA

Acra Community Center,
Old Rte. 23, Acra
(518) 622-9898

Ashley Reynolds
Meal Site Manager

Elaine Cherrington
Cook

ATHENS

Rivertown Senior Center
39 Second Street, Athens
(518) 945-2700

Roxanne Slater
Senior Center Manager

Shane Dillon,
Scentral Kitchen Manager

Nettie Santiago
Cook

Bonnie Farrell
Food Service Helper

JEWETT

Jewett Municipal Building
3547 Route 23C, Jewett
(518) 263-4392

Gayle Ruvolo
Meal Site Manager

CATSKILL

Robert C. Antonelli
Senior Center
15 Academy Street,
Catskill
943-1343

Penny Konstalid
Meal Site Manager



COXSACKIE

Town of Coxsackie
Senior Center
127 Mansion Street,
Coxsackie
731-8901

Dorothy Barkman
Meal Site Manager

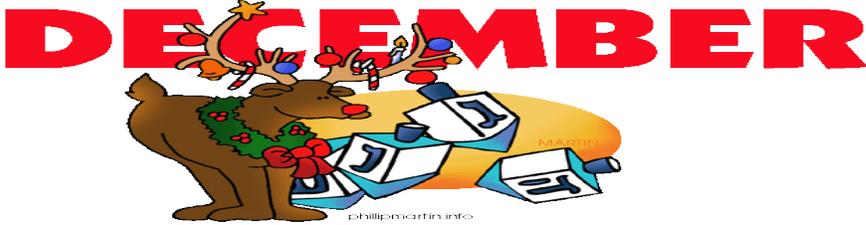
GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO RECEIVE - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD WITH PROMISE SPREAD - TARTAR SAUCE SERVED WITH FISH

CONGREGATE DINING RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BBQ CHICKEN COLESLAW SWEET POTATO GREEN BEANS FRESH FRUIT
4 TURKEY BURGER w/ Peppers & Onions AU GRATIN POTATOES MIXED VEGETABLES MANDARIN ORANGES	5 CHICKEN DIVAN CALIFORNIA VEGETABLE MEDLEY WHITE RICE PEARS	6 MEATLOAF w/ Gravy CORN MASHED POTATOES APPLE CRISP	7 SEAFOOD SCAMPI TOMATOES & ZUCCHINI SPINACH LINGUINI FRESH FRUIT <i>Nutrition Ed. - Jewett</i>	8 MEATBALL SUB ITALIAN MIXED VEGETABLES ITALIAN PASTA SALAD FRESH FRUIT
11 BEEF CHILI BROCCOLI BROWN RICE TROPICAL FRUIT	12 CHICKEN QUARTERS w/ Gravy MASHED POTATOES GREEN BEANS VANILLA MOUSSE	13 CHICKEN PARMESAN ITALIAN MIXED VEGETABLES SPINACH WHOLE WHEAT LINGUINE BANANA BREAD <i>Nutrition Ed. - Catskill</i>	14 ROAST PORK w/ Gravy APPLESAUCE MASHED POTATOES RED CABBAGE FRUITED JELL-O	15 CRAB STUFFED COD BAKED POTATO WINTER MIXED VEGETABLES FRESH FRUIT
18 CHICKEN DIJON MONACO VEGETABLE MIX MASHED POTATOES FRUIT COCKTAIL	19 MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES TROPICAL FRUIT	20 HOTDOG w/ Sauerkraut BAKED BEANS CARROTS PB SWIRL BROWNIE <i>Nutrition Ed. - Athens</i>	21 CHRISTMAS HOLIDAY DINNER  ROAST BEEF w/GRAVY MASHED POTATOES PEAS & CARROTS CHEESECAKE w/ Strawberry Topping	22 STUFFED CABBAGE ITALIAN MIXED VEGETABLES WHITE RICE FRESH FRUIT
25 DEPARTMENT CLOSED NO MEALS 	26 TORTELLINI W/ SAUSAGE SPINACH CARROTS PEACHES	27 LEMON PEPPER FISH SONOMA VEGETABLES BROCCOLI RICE PILAF BUTTERSCOTCH PUDDING	 28 NEW YEARS EVE DINNER BAKED HAM w/ PINEAPPLE SAUCE AU GRATIN POTATOES MONACO MIXED VEGETABLES CHOCOLATE SILK PIE	29 HUNGARIAN GOULASH w/ EGG NOODLES OLD FASHIONED VEGETABLE MIX RED CABBAGE FRESH FRUIT

Christmas word scramble



wson

tfgi

efl

eedcrbem

tansa

rremy

lsble

shlegi

jylol

ealng

Word Bank

December

Jolly

Santa

Angel

Snow

Bells

Gift

Sleigh

Elf

Merry



ANSWER KEY ON PAGE 26

www.TwoPinkPeonies.com

**DID YOU KNOW THE
DEPARTMENT OF HUMAN SERVICES
PROVIDES TRANSPORTATION TO ELIGIBLE SENIORS?**



HOMEBOUND MEDICAL TRANSPORTATION

The Department of Human Services provides Medical Transportation, courtesy of a volunteer driver, to Greene County residents age 60 or older who do not have any other available options for transportation to medical appointments. This service is available to medical facilities located in Greene County, as well as Albany, Columbia, Delaware, Dutchess, Rensselaer, Schoharie and Ulster. **Appointments must be scheduled for Monday - Friday, normal business hours and clients must schedule with our office at least two weeks prior to the appointment.** We are unable to transport clients covered by Medicaid. If covered by Medicaid & in need of transportation to a medical appointment, please call 855-360-3545.

SHOPPING BUS

The Department offers a shopping bus to Greene County residents age 60 or older. Our friendly driver will **pick up seniors at their door**, bring them to an area store for shopping, and then take them to a local Senior Service Center for lunch, if desired, before returning home. Trips are limited to 16 people; first come, first served. The bus is wheelchair accessible and there is a two shopping bags per person limit. We ask that you call the office at least one (1) business day in advance to schedule.

ROUTES: Monday: Mountaintop (Windham, Ashland, Prattsville, Jewett & Hunter); Tuesday: Cairo/Greenville/Leeds and Wednesday: Athens/Coxsackie/Catskill.

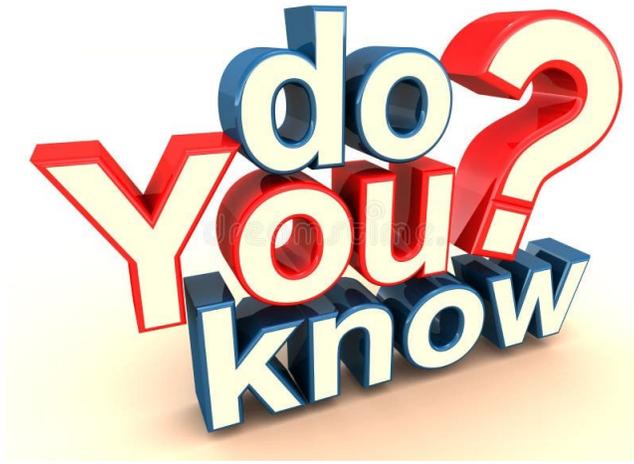
NUTRITION TRANSPORTATION:

Our Department chauffeur will transport seniors, without a means of personal transportation, to a Nutrition site to enjoy the noontime meal. This service is only available to seniors who reside within specific Catskill/Athens areas

GREENE COUNTY TRANSIT

Greene County Transit, (GCT), offers safe, affordable, reliable public transportation services throughout Greene County. GCT is very pleased to be able to provide daily service, Monday through Friday, to Athens, Cairo, Catskill, Coxsackie, Greenville, Palenville, as well as weekly service to the areas of Hunter/Tannersville and Windham.

County residents who are 60 years or older can register to ride GCT, fully subsidized. To register for a senior coupon book: Contact the Greene County Department of Human Services at 518-719-3555 **Or** ride the bus, paying for the fare, and ask the driver for a registration form. You can either return the completed form to the driver or return directly to Greene County Department of Human Services. For further information, call GCT at 518-943-3625.



. . . The **GREENE COUNTY ROUND TABLE NEWS** is published monthly by the Greene County Department of Human Services

. . . You can pick up an issue at one of the following locations:

- * Our main office
- * On our Shopping Bus
- * Area senior housing, assisted living and nursing homes
- * Local libraries
- * One of our Senior Nutrition sites
- * Area US Post Offices
- * Senior citizen club meetings

. . . If you don't see a location listed, we can make arrangements to have a bundle delivered, upon request of the location's manager (e.g. bank, business, etc.)

. . . If you receive a home-delivered meal, one is included at the start of each month with your meal

. . . Call Maureen at 518-719-3555 or email mmurphy@greencountyny.com to arrange to be added to our subscriber list..

. . . Issues are available via electronic mail. If you don't have internet capability, a hard copy can be mailed to you

. . . Additionally, you can keep up with information important to senior citizens not only via our Round Table News but on our web site, [Human Services in Greene County | Greene Government](http://www.greencountyny.com/human-services) or on our Facebook page, www.facebook.com/GCNYHumanServices/

. . . You are more than welcome to contact us at 518-719-3555 anytime you have a question regarding the Round Table News. In addition, suggestions on how we can improve the Round Table News are always welcome.



Medicare open enrollment – also known as the annual election period (AEP) or annual coordinated election period – refers to an enrollment window that takes place each fall, during which Medicare plan enrollees can reevaluate their existing Medicare coverage — whether it’s Original Medicare with supplemental drug coverage, or Medicare Advantage — and make changes if they want to do so.

But this period will end soon! Open enrollment starts October 15 and continues through December 7 each year.

So if you are considering any changes to your Medicare plan, do not delay. Contact our office for assistance.



Attention Greene County Seniors living in Catskill, Coxsackie-Athens or Greenville

HELPING HANDS PROGRAM

Greene County Department of Human Services’ Senior Angels Program has teamed up with local Rotary Clubs on the “**HELPING HANDS**” program.

If you need assistance with getting groceries or some minor repairs done around the home (i.e.: changing out screens to storm windows, changing light bulbs, and any minor repairs) please let the Greene County Senior Angels know.

Please call: 518-719-3555 and ask for the Helping Hands Coordinator.



Note: Large jobs requiring a contractor are not eligible (i.e.: new roof, deck or fencing)



GREENE COUNTY DEPARTMENT of HUMAN SERVICES CONTRIBUTIONS POLICY

For services under the Older Americans Act and in Community Services for the Elderly and Expanded In-Home Services for the Elderly projects which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions.

Services will not be denied to anyone unable or unwilling to make a contribution.

CONSULTATION and ASSISTANCE: This includes such client assistance activities as case assistance, HIICAP, help with public benefit applications, etc.

The suggested level is \$5.00 per office visit (*Actual cost \$20.00/hour*).

IN-HOME SERVICES: This is discussed with the client by the case manager at the time of assessment.

The suggested level of contribution is \$3.00 per hour (*Actual cost \$21.56/hour*).

LEGAL SERVICES

The suggested level of contribution is \$10.00 per attorney consultation (*Actual cost \$149.00/hour*).

NUTRITION:

Senior Congregate Meal or Home Delivered Meals:

The suggested level of contribution is \$4.00 (*Actual cost \$15.00/meal*).

Nutrition Counseling - Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute.

The suggested level of contribution is \$5.00. (*Actual cost \$65.00/hour*).

TRANSPORTATION:

- **Shopping Bus:** This door-to-door service is provided directly by the Department. The suggested level contribution is \$3.00 round trip (*Actual cost \$15.08/one way*).
- **Senior Center Transportation:**
The suggested contribution is \$1.00 for round-trip (*Actual cost: \$7.34/one way*).
- **Medical (Homebound) Transportation:**
The suggested contribution for this service is a sliding scale based on mileage
 - 0 – 10 miles \$3.00 round-trip
 - 11 – 20 miles \$5.00 round-trip
 - 21 – 40 miles \$9.00 round-trip
 - 41+ miles \$15.00 round-trip

(*Actual cost is \$29.62 one-way trip, maximum mileage*)

Remember to make checks payable to Greene County Department of Human Services & note in memo the service.



Generosity

changes everything

As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates your donations. If you or your family are in a position to do so, please fill out the form below. Please note that one hundred percent of your donation will be used to provide services to Greene County older adults in need. Make checks payable & mail to Greene County Dept. of Human Services, 411 Main Street, Catskill, NY 12414

THANK YOU.

NAME: _____

ADDRESS: _____

I designate \$ _____ donation In Memory of _____

In Honor of _____

To the following:

_____ Consultation and Assistance _____ In-home services

_____ Legal Services

_____ Nutrition Program: _____ Meals _____ Nutrition Counseling

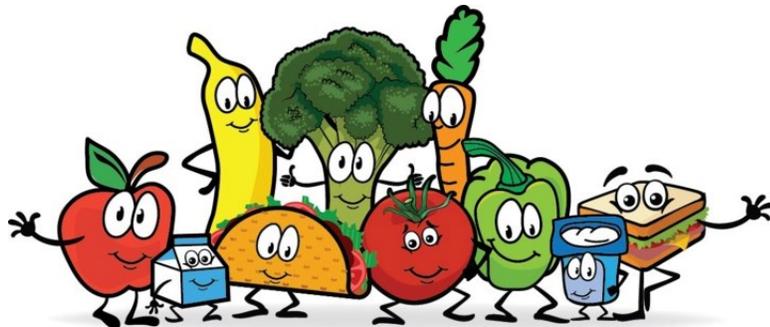
_____ Transportation: _____ Shopping Bus _____ Nutrition van to center

_____ Homebound Medical Transportation

_____ Round Table News _____ Where most needed

**THANK YOU
FOR YOUR SUPPORT
and GENEROSITY**

**Edmund Smith
To Our Nutrition Program**



News from the Greene County Youth Bureau

GREENE COUNTY YOUTH BUREAU 2023-2024 FUNDING- REQUEST FOR PROPOSALS

The **Greene County Youth Bureau** is a division of the Greene County Department of Human Services that funds and assists in both the development and implementation of programs and services for children and young people under the age of 21. The major responsibilities of the Youth Bureau include advocacy and the funding of programs aimed at improving & enhancing the welfare of Greene County youth and families. The Greene County Youth Bureau is funded in part by the NYS Office of Children and Family Services, the Greene County Legislature and donations.

Proposals are requested by the Greene County Youth Bureau Funding for youth programs sponsored by any 501(c)(3) (Non-profit tax-exempt charitable organization per IRS). Programs must serve Greene County youth as outlined in the instructions, The funding available in this Request for Proposals (RFP) is for programs that operate between **October 1, 2023 and September 30, 2024**. The full RFP and forms required for the 2023-2024 period are available on <http://greengovernment.com/departments/human-services/youth-resources> Questions and technical support are available to all potential applicants. Please contact Maureen Murphy, GCDHS Office Manager, (518) 719-3555 or mmurphy@greencountyny.gov for assistance. **Official RFP will be released on December 1, 2024.**

Proposals should be submitted to the Department of Human Services by **March 15, 2024**. Funding awards will be made starting May 1, 2024.

New for this period (October 1, 2023 – September 30, 2024), there will be 3 distinct avenues of funding: Youth Development Programs, Youth Sports & Education Funding, and Youth Team Sports Allocation Funding.

Youth Development Programs (YDP) – Programs and initiatives that enable youth to build on their strengths; provide opportunities for youth to gain important life skills and core competencies, and that allow youth to have meaningful roles in their communities; initiatives that benefit young people in their homes and neighborhoods, in schools, as well as in foster care and residential treatment.

Youth Sports & Education (YSEF) - Funded programs that provide a variety of sports for a broad range of youth; encourages a wide and flexible definition of sports that includes organized activities with movement, including physical fitness activities including but not limited to yoga, hiking, dance, and active outdoors pursuits.

Youth Team Sports Allocation (YTS) - Provide awards to support youth team sports programs; intended to provide support to local team sports programs across New York state in communities where such programs may be scarce. Unlike YSEF, YTS has a sole focus on team sports. For the purposes of YTS, a “team sport” is defined as an organized physical activity in which groups of two or more individuals are in competition with two or more opposing individuals. Sporting activities where individuals engage in competition on behalf of an organized group (such as singles tennis, team golf, or racing sports such as swimming or skiing) are included in this definition.



SATURDAY, DECEMBER 9TH, 1-5PM

ATHENS VICTORIAN STROLL 12/9

ON-GOING ACTIVITIES

- 1:00-5:00 Horse-Drawn Hay Wagon
 HISTORIC HOUSE TOURS:
 1:00-4:00 39 S Washington St (*Van Loon House*)
 1:00-4:00 10 S Washington St (*Clark House*)
 Strolling Victorian Santa
 Strolling Mime—Victor
 Strolling Clown—Beebee
 Strolling Magician—Sean the Prankster Doolan
 Warming Station—*Alley next to the Cultural Center*

ATHENS CULTURAL CENTER, 24 2nd St

- 1:00-4:45 Members Small Works Exhibition
 1:00-4:30 Drawings by Caricaturist Phil Singer
 1:00 Tina Martinez—Spinning Wheel Demo
 1:00 Cookie Lady Refreshments
 1:00 Michael Farrell School of Irish Dance*
 1:30 Members EJA Band and Chorus*
 (*will move to Athens Municipal Building or EJA stage if weather is inclement)
 2:00 Qigong Demonstration
 4:45 Selection of Passport Raffle winner
 MUSIC:
 1:00-2:30 Caitlin Ippolito
 2:30-3:00 Elizabeth MacFarland
 3:00-5:00 Markley & Balmer

SECONDS, 7 2nd Street

- 1:00 Anthony Michael on Sax (*window*)

OPERA HOUSE, VIA 2nd St Alley, behind restaurant

- 1:00 Autoharpist Linda Drewello

ATHENS SENIOR CENTER, 2nd & Warren

- 1:00-4:45 Arts and Craft Vendors
 1:00 Make Your Own Stewart's Ice Cream Sundae
 1:00-4:00 Face painting with Racine Wallace
 1:30-4:00 Spellbinder Orchestra
 4:00-4:15 Carols by the Victorian Voices

THE ROOSTER, 44 2nd Street

- 1:15-3:00 Guitarist Ed Walewski

ATHENS CULTURAL CENTER

NATIONAL BANK OF COXSACKIE, 1 N Washington

- 1:00-2:45 Crazy Christine Balloons
 1:00-2:45 Frosty's Snowflake Snow Down Contest
 (*winner selected at 2:45pm*)

FIRST REFORMED CHURCH OF ATHENS, 18 N Church

- 1:00-2:15 Coxsackie-Athens Community Band's Annual Holiday Concert
 2:30 Athens Cemetery Tour w/Jonathan Palmer

2ND & N FRANKLIN ST

- 1:30-4:00 Bailiwick Petting Zoo

ATHENS MUNICIPAL BUILDING, 2 1st St

- 1:00-4:00 Athens Museum Open—*Second Floor*
 1:00-4:30 Letters to Santa Mailbox—*Lobby*

D. R. EVARTS LIBRARY, 80 2nd St

- 1:00-2:00 Story Hour with Santa & Holiday Craft
 2:00-4:00 Free Vintage Photo Booth

STEWART HOUSE, 2nd & Water St

- 1:00-5:00 Spirits Tasting, Cookies & Cocoa, Live Music
 3:00-4:30 Holiday Stories w/On The Fly Story Slam—
sign up to tell a story

ATHENS FIREHOUSE, 39 3rd St

- 1:00-4:45 Art & Craft Vendors
 3:15-4:15 Hudson River Bells

AMERICAN LEGION, 94 2nd St

- 1:00-4:45 Vendors & Refreshments

RIVERFRONT PARK, Water St

- 1:00-4:45 Ice Skating (*bring your own Skates*)
 1:00-4:45 Vendors
 2:00 Michael Farrell School of Irish Dance

LIGHTHOUSE CHURCH, 18 N Franklin St

- 1:00-4:45 Vendors
 2:00 Victor the Mime

FINALE IN THE PARK!!!, Water St

- 4:45 Carols with the Victorian Voices
 5:00 Tree Lighting



24 SECOND STREET ATHENS, NY 12015

ATHENSCULTURALCENTER.ORG / @ATHENSCULTURALCENTER

GREENE COUNTY SENIOR CITIZENS CLUBS

ATHENS

ATHENS SENIOR CITIZENS

2nd & 4th monthly Monday, 1:15 p.m.

Rivertown Senior Center

Contact person: President Al Ramm, 518-945-1061



CAIRO:

CAIRO GOLDEN AGERS

2nd Wednesday, 1:30 p.m.

Acra Community Center

Contact person: President Pat Asaro, 518-821-6508

CATSKILL:

CATSKILL SILVER LININGS

2nd monthly Thursday, 1:00 p.m.

Robert C. Antonelli Senior Center

Contact person: President Sheila Pedersen, 518-719-5361

COXSACKIE:

COXSACKIE AREA SENIORS

2nd & 4th monthly Tuesday, 1:00p.m.

Van Heest Hall, Bethany Village

Contact: Mary Kibbey, 518-634-7524

SENIOR CITIZENS of COXSACKIE

1st & 3rd monthly Monday, 2:00 p.m.

Town of Coxsackie Senior Center

President Dawn Smith, 518-857-4780

GREENVILLE

GREENVILLE GOLDEN YEARS

1st monthly Wednesday, 1:00 p.m.

American Legion Hall

Contact person: President Beverly Myers, 518-966-8482

MOUNTAIN-TOP:

MOUNTAIN TOP GOLDEN AGERS

4th monthly Thursday, 1:30 p.m.

Tannersville Fire Hall

Contact person:

President Margaret Robinson

518-589-4091

W-A-J-P-L GOLDEN AGE CLUB

1st & 3rd Monday, 1:00 p.m.

Windham Town Building

Contact person:

President Lula Anderson

518-734-5360

DECEMBER WORD SCRAMBLE

1. Snow

2. Gift

3. Elf

4. December

5. Santa

6. Merry

7. Bells

8. Sleigh

9. Jolly

10. Angel





NIAGARA FALLS, ONTARIO

Including A Day in Toronto

4 DAYS - 3 NIGHTS
MAY 13 - 16, 2024

\$750.00 Per Person
Double Occupancy

\$959.00 Per Person
Single Occupancy

PACKAGE INCLUDES:

- * 3 Nights lodging in Niagara Falls, Canada
- * 3 Breakfasts
- * 3 Full course dinners, including dinner at the Skyton Tower
- * All day tour of Niagara, including Niagara-on-the-Lake
- * All day tour of Toronto, including Toronto Harbor Cruise
- * Famous *Hornblower (Maid of the Mist)* Boat Ride & Tour of the Falls
- * Visits to the Welland Canal & the beautiful Floral Clock
- * White Star Escort for entire trip
- * Souvenir gift
- * Luggage handling
- * All taxes & Meal gratuities
- * Motorcoach transportation

Deposit \$25.00 due 1/16/24
Balance due by 3/18/24

Valid passport required when traveling into Canada

Cancellation insurance is available & highly recommended; see reverse side for details.

FOR INFORMATION AND RESERVATIONS CONTACT:

COXSACKIE SENIORS

Linda Wilkinson
80 Saco Mill Rd.
Coxsackie, NY 12051
(518) 731-8648
(518) 225-1611
or
Lorrie Dudley
(518) 424-8099

WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

WAJPL GOLDEN AGE CLUB

Bus Trip to **PROCTORS**

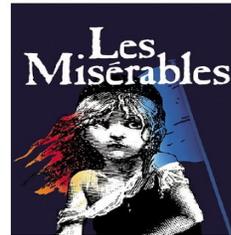
Thursday, March 21, 2024

Departs Prattsville @ 8:15 a.m., other stops after there.

Red & Black

I Dreamed a Dream

Bring Him Home



One Day More

Do You Hear the People Sing

On My Own

Brunch at Packer Barrel (Cost not included)

\$60 per person

Please add \$5.00 to cover 2024 membership, if applicable.
Can be mailed to WAJPL Golden Age Club, PO Box 96,
Hensonville NY 12439

For reservation, please contact.

Mary Louise 518-622-3397
Vicky 518-734-4164

2024 FUTURE WAJPL TRIPS

April 9: Villa Roma - Caesar's Extravaganza Luncheon & Barry Manilow Tribute \$65

June 12: MGM Casino, Springfield, MA
Springfield Armory & National Historic Site \$25



THE GRAND CANYON OF PENNSYLVANIA

Including
A TOUR OF MILLIONAIRES ROW

3 DAYS - 2 NIGHTS
MAY 20 - 22, 2024

\$539 per person *double occupancy*

PACKAGE INCLUDES:

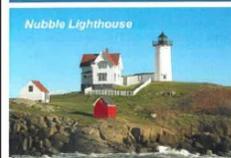
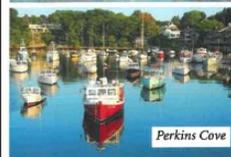
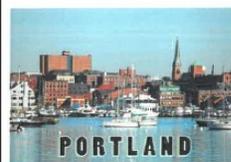
- * 2 Nights lodging
- * 2 Breakfasts
- * 2 Dinners including the historic Peter Herdic House & The Carriage House
- * Susquehanna River Cruise
- * Pennsylvania Grand Canyon Covered Wagon Tour
- * Grand Canyon Overlook
- * Millionaires Row Tour
- * Historic Rowley House
- * Thomas Taber Museum including the Shemp Model Train Exhibit
- * Souvenir gift
- * Luggage handling
- * Taxes and meal gratuities
- * Motorcoach transportation

Cancellation insurance available & highly recommended; see reverse side for details.

FOR INFORMATION AND RESERVATIONS CONTACT:

CATSKILL SILVER LININGS
Sheila Pedersen
81 Five Mile Woods Rd.
Catskill, NY 12414
(518) 719-5361

WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com



MAINE

Featuring Tours of Portland & Kennebecport

4 DAYS - 3 NIGHTS
SEPTEMBER 9 - 12, 2024

\$709 Per Person
Double Occupancy

\$949 Per Person
Single Occupancy

PACKAGE INCLUDES:

- * 3 Nights Lodging
- * 3 Breakfasts
- * 3 Full Course Dinners, including a "Downeast" Lobsterbake Dinner
- * Tour of Portland, including Portland Head Light
- * Perkins Cove
- * Narrated Harbor Cruise of Casco Bay
- * Boothbay Harbor Tour
- * Eartha - Revolving/Rotating Globe
- * Kennebecport Tour
- * L. L. Bean & Dexter Factory Outlets
- * Nubble Lighthouse
- * Souvenir Gift
- * Luggage Handling
- * Taxes & Meal Gratuities
- * Motorcoach Transportation

Cancellation insurance is available & highly recommended; see reverse side for details.

Deposit of \$25 due by May 6, 2024

Balance of trip due by July 1, 2024

FOR INFORMATION AND RESERVATIONS CONTACT:

COXSACKIE SENIORS
Linda Wilkinson
80 Saco Mill Rd.
Coxsackie, NY 12051
(518) 731-8648
(518) 225-1611
or
Lorrie Dudley
(518) 424-8099

WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

CASTLES OF NEW YORK

4 DAYS - 3 NIGHTS
SEPTEMBER 23 - 26, 2024

\$754 Per Person *Double Occupancy*
\$993 Per Person *Single Occupancy*

PACKAGE INCLUDES:

- 3 Nights Lodging, including 2 Nights at the Edgewood Resort on the St. Lawrence River
- 3 Breakfasts
- 1 Boxed Lunch
- 3 Dinners
- Boldt Castle
- Singer Castle
- St. Lawrence River Cruise
- Turning Stone Casino
- Wing's Castle
- Millbrook Vineyards and Winery Tour
- Souvenir Gift
- Baggage Handling
- Taxes & Standard Gratuities
- Motorcoach Transportation

\$200 deposit due by Tuesday, May 21, 2024
Balance due by Friday, July 19, 2024

Cancellation insurance is available & highly recommended; see reverse side for details.

FOR INFORMATION AND RESERVATIONS CONTACT:

CAIRO GOLDEN AGERS

Pam O'Reilly Pat Asaro
11 Rolling Meadow Rd. (518) 821-6508
Cairo, NY 12413
(518) 821-8048

 WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607
610-775-5000 800-437-2323 www.whitestartours.com



MONTREAL & QUEBEC CITY

CANADA
Featuring Montreal Casino & Montmorency Falls

5 DAYS - 4 NIGHTS
OCTOBER 7 - 11, 2024

\$849 per person
double occupancy

PACKAGE INCLUDES:

- 4 Nights lodging
- 4 Breakfasts
- 4 Dinners
- Guided tour of Montreal and Old Montreal
- Guided tour of Quebec City and Old Quebec
- Montreal Underground
- Notre Dame Basilica
- Visit to St. Joseph's Oratory/Shrine
- Visit to Ste. Anne de Beaupre Shrine
- Visit to Montreal Casino
- Albert Gilles Copper Art Museum
- Montmorency Falls
- Souvenir gift
- All taxes and meal gratuities
- Motorcoach transportation



Cancellation insurance is available & highly recommended; see reverse side for details.

FOR INFORMATION AND RESERVATIONS CONTACT:

CATSKILL SILVER LININGS

Sheila Pedersen
81 Five Mile Woods Rd.
Catskill, NY 12414
(518) 719-5351

 WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607
610-775-5000 800-437-2323 www.whitestartours.com



CHRISTMAS AT THE BILTMORE HOUSE

Featuring A Candlelight Christmas Tour

6 DAYS - 5 NIGHTS
DECEMBER 8 - 13, 2024

\$1,119 Per Person
Double Occupancy

PACKAGE INCLUDES:

- Overnight Lodging To / From Asheville
- 3 Nights Lodging
- 5 Breakfasts
- 3 Dinners, including the Stable Cafe on the Biltmore Estate
- Grove Arcade
- Candlelight Christmas Evening Audio Tour of Biltmore House
- Daytime visit to the Biltmore Grounds, including Antler Hill Village
- Biltmore Village
- Guided Tour of Asheville, including the Folk Art Center
- Evening of Entertainment
- Souvenir Gift
- Luggage Handling in Asheville
- Taxes & Meal Gratuities
- Motorcoach Transportation

Cancellation insurance available & highly recommended; see reverse side for details.



FOR INFORMATION AND RESERVATIONS CONTACT:

CATSKILL SILVER LININGS
Sheila Pedersen
81 Five Mile Woods Rd.
Catskill, NY 12414
(518) 719-5351



 WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

Executive Director Stephanie Schleuderer is seen swearing the newly elected officers for 2023-2024 for the Catskill Silver Linings Club. Left to right, President Sheila Pedersen, Vice President Madeline Greene, Secretary Carol Voeks, and Treasurer Renate White.



10 Early Signs and Symptoms of Alzheimer's

- 1 Memory loss that disrupts daily life
- 2 Challenges in planning or solving problems
- 3 Difficulty completing familiar tasks
- 4 Confusion with time or place
- 5 Trouble understanding visual images and spatial relationships
- 6 New problems with words in speaking or writing
- 7 Misplacing things and losing the ability to retrace steps
- 8 Decreased or poor judgment
- 9 Withdrawal from work or social activities
- 10 Changes in mood or personality



alzheimer's  association®

For more information about Alzheimer's disease, dementia and free available services

CALL 800.272.3900 OR VISIT ALZ.ORG

This publication was paid for, in part, by a grant from the New York State Department of Health.



thru Regional Food Bank of NENY

Non-perishable food donations,
essential personal care items,
and monetary donations
are always appreciated.

ATHENS

Community Food Pantry

518-567-5868

102 N. Washington St, Athens

Hours: Tues 2:00 pm -3:00 pm Wed 2:00 pm - 2:30 pm Thurs. 4:30 pm - 5:30 pm

High Hill Food Pantry

518-291-4789

1467 Schoharie Turnpike, Athens

Hours: Wed 3pm - 4:30pm and Fri 11 am - 12pm

CAIRO

Resurrection Lutheran Church

518-622-3286

Route 23B & 32, Cairo

Hours: Tues 5:30 pm - 6:30pm

CATSKILL

Catholic Charities

518-943-1462

66 William Street, Catskill

Hours: Tues 9:00 a.m. - 12:00 p.m.

Catskill Food Pantry

518-302-2393

50 William Street, Catskill

Hours: Friday 1:00 pm - 4:00 pm

Community Action of Greene County

518-943-9205

7856 Route 9W, Catskill

Hours: Mon, Thurs, Fri 1:30 pm - 3:30

God's Storehouse Food Pantry

518-943-2709

3 Bogardus Avenue, Catskill

Hours: Tues 2:30 pm - 4:00 pm and 6:00 pm - 7:30 pm

Matthew 25

518-943-5890

8 Union Street

Hours: Wed 6 pm - 8pm and Sun 1:00pm - 3:00 pm

COXSACKIE (TOWNS OF COXSACKIE/NEW BALTIMORE ONLY)

Bethel AME Church Food Pantry

845-750-5202

123 Mansion St

Hours: Thurs. and Thurs. 10:00 a.m. - 11:00 a.m.

Coxsackie Area Food Pantry 518-731-8603
117 Mansion Street, Coxsackie
Hours: Tues 1-2 pm Thurs 7-8 pm Sat 10 am - 11 am
Home Delivery available by calling 518-731-2718

GREENVILLE
25 Town Park Drive, Greenville 518-966-5640
Hours: Wed 9:30 am -12:00 pm

PRATTSVILLE
14464 Route 23, Prattsville 518-299-3321
Hours: Tuesday, 4:00 p.m. - 6:00 pm.

ROUND TOP
Prabhuji Mission Food Pantry 518-303-6390
332 Rte. 31
Fri 11:00 am - 12 pm

TANNERSVILLE Operated by Kaaterskill and EJ UMC 518-589-5787
1 Park Lane, Tannersville (parking in municipal lot)
Hours: 2nd and 4th Wednesday 1:00 pm - 3:00 pm
3rd Saturday: Deliveries for mountaintop residents without transportation

WINDHAM
Restoration Christian Fellowship 518-943-4405
117 Route 296, Windham
Hours: Thursday 5:00 pm - 7:30 pm
Saturday 9:00 am - 12:00 pm

As the year draws to a close, we would like to wish all our clients and their families a very Happy Hanukkah, blessed Merry Christmas, or a peaceful Winter Solstice.

May 2024 bring you health, happiness and peace. Remember we are here to serve you if the need arises.





GREENE COUNTY DEPARTMENT of HUMAN SERVICES

411 Main Street, Catskill, NY 12414
(518) 719-3555 Toll Free (877) 794-9266
aging@discovergreene.com

EXECUTIVE DIRECTOR STEPHANIE SCHLEUDERER

DEPUTY DIRECTOR: Tami Bone

SENIOR CASE MANAGER: Danielle Kane

NUTRITION COORDINATOR: Tezera Pulice

OFFICE MANAGER: Maureen Murphy

CASE MANAGERS/WORKERS:	AGING:	Brooke Bergeron Christopher Lewoc	Christine Jackson
	YOUTH:	Carrie Wallace	Laura Anderson

AMERICORPS SENIORS VOLUNTEER COORDINATOR: Ruth Pforte

AGING SERVICES SPECIALIST: Rachel Wright (NY Connects)

AGING SERVICES AIDE: Rose Bundy

RECEPTIONIST: Racine Wallace

SHOPPING BUS DRIVER: Robert Laird

NUTRITION VAN CHAUFFEUR: Patrick Murphy



The office is open 9:00 a.m. - 5:00 p.m. Monday thru Friday, though staff are unavailable between 12:00 p.m. and 1:00 p.m. Our knowledgeable and capable staff can assist you or the person you are caring for in accessing a wide variety of human service resources available in Greene County. It is recommended that you call the main office to schedule an appointment to discuss services available. Walk-ins are always welcome but will be seen only if we are able to accommodate at the time.

Programs are made possible through funds from the NY State Office for the Aging, NY Connects, Administration for Community Living, NY State Office of Children and Family Services, and the generous support of the Greene County Legislature. Contributions are gratefully accepted and used to expand programs and services. **No person will be denied service if they are unable or unwilling to contribute.** All contributions are confidential.

For individuals with disabilities or language interpretation needs, requests for reasonable accommodations should be made with at least five days notice.